SINGAPORE
SPORTS SCHOOL

Learned Champions With Character

An institution of
SpexSG
Sport Excellence
Singapore



IN THE MAKING

CHAMPIONS. LEADERS.

YEARBOOK
2026

OUR VISION

Singapore's Premier School for Aspiring National Athletes

OUR MISSION

To Nurture Aspiring National Athletes into Learned Champions with Character: Champions in Sport, for Sports, and in Life

OUR VALUES

Singapore Sports School will rise to the challenge to develop staff and student-athletes to live as champions in the 21st Century instilled with the core values of:

RESPECT
INTEGRITY
RESPONSIBILITY
EXCELLENCE
RESILIENCE

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About Singapore Sports School

Established in 2004, Singapore Sports School is a specalised independent school under Sport Excellence Singapore (*SpexSG*). Through our integrated sports and academic programmes, supported by holistic student development initiatives, we enable aspiring and current student-athletes to pursue sports at a high level while receiving a well-rounded education.

Publisher

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SPORTS SCHOOL FOR CHAMPIONS

ELESSA ANGEL EMILY
National Basketball Programme
(National Youth Development Programme)
Secondary 4



BOARD OF DIRECTORS



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Board of Directors
Permanent Secretary,
Ministry of Culture,
Community and Youth



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Sport Singapore



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(End of term in Sep 26)



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Senior Consultant)
(End of term in Sep 26)



Ms Veronica Shanti Pereira
National Athlete

MANAGEMENT COMMITTEE



CHAIRMAN'S MESSAGE



2026 marks a significant chapter for Singapore Sports School as it becomes part of the newly formed Sport Excellence Singapore (*SpexSG*). With the High Performance Sport Institute (HPSI) and the Unleash the Roar! (UTR) national football project, we form a more integrated national sport ecosystem, united by a shared ambition to take Team Singapore to the next level.

SpexSG's vision is to be a world-class integrated High Performance Sport Ecosystem that enables Team Singapore athletes to thrive, nurturing world-class athletes to inspire and unite Singapore. For Sports School, this brings new opportunities for collaboration and student-athlete development.

This year showed the power of sport to rally as a nation, as we celebrated the strong performances of our athletes and para-athletes at the Commonwealth Games, Asian Games and Asian Para Games. We celebrated alumna Shanti Pereira's defence of her 200m Asian Games title and 100m silver, Amanda Yap's gymnastics silver at the Commonwealth Games, and Loh Kean Yew's historic Asian Games silver, Singapore's first badminton singles medal. For a small nation, seeing our athletes stand alongside the world's best carries a significance beyond the field of play.

We want to create more such moments, and for young Singaporeans to choose sport knowing a strong system believes in them. That is why a well-connected high performance sport ecosystem matters: every part has a role in helping our athletes thrive.

For 22 years, Sports School has developed Champions in Sport, for Sports and in Life, guided by the belief that every student-athlete should pursue excellence while balancing studies and personal growth. Within *SpexSG*, closer collaboration will help us better identify talent, strengthen support and provide greater continuity in their journey.

No student-athlete achieves excellence alone. It takes coaches, teachers, sport scientists, administrators, families, National Sports Associations and many others.

As Team Singapore reminds us, we are "One Team. One Dream. One of Us."

I am excited about what lies ahead. With a strong foundation, a clear purpose and an even greater opportunity to contribute to Team Singapore, we can nurture more young Singaporeans who dare to pursue sporting excellence and create more moments that inspire and unite our nation.

Teoh Zsin Woon
Chairman,
Board of Directors,
Sport Excellence Singapore
Permanent Secretary,
Ministry of Culture,
Community and Youth

"*SpexSG*'s vision is to be a world-class integrated High Performance Sport Ecosystem that enables Team Singapore athletes to thrive, nurturing world-class athletes to inspire and unite Singapore. For Sports School, this brings new opportunities for collaboration and student-athlete development."

PRINCIPAL'S MESSAGE

In the Making: Champions. Leaders.

As we look back on 2026, we have much to celebrate and many people to thank. It has been a year of new beginnings, memorable achievements and personal growth for our Singapore Sports School family.

On 1 April 2026, we officially became part of Sport Excellence Singapore (*Spex*SG). This integration opens new opportunities to collaborate within a larger high performance sport ecosystem, strengthen support and create more seamless pathways for national and aspiring national athletes. At its heart is a shared commitment to helping athletes pursue their dreams with the right support at every stage.

Our yearbook theme is 'In the Making: Champions. Leaders.' It reminds us that champions and leaders are shaped over time. Every training session, lesson, setback and act of courage contributes to who our student-athletes are becoming. We are here to nurture that growth, helping each individual become a Learned Champion with Character: a champion in sport, for sports and in life.

Our front cover celebrates six current student-athletes who embody this spirit. All competed at this year's Asian Games, each with a story of ambition, perseverance and growth.

Their achievements are milestones in journeys that continue to unfold.

Gymnast Amanda Yap, who captured the nation's attention with her historic Commonwealth Games balance beam silver, finished sixth in the Asian Games balance beam final while settling into her first year of polytechnic studies. Fencer Azfar Luqman Ong's love for the sport took root in our learn-to-fence programme and continues to grow as he balances his sporting aspirations with his polytechnic education. Windsurfer John Wong won Singapore's first Asian Games windsurfing medal, a bronze, while keeping pace with the International Baccalaureate Diploma Programme (IBDP).

At 15, swimmer Julia Yeo built on her first SEA Games gold, won in the Women's 4×100m Medley Relay in 2025. On her Asian Games debut, she achieved a personal best in the Women's 100m Backstroke and helped set a national Under-17 record in the Women's 4×100m Medley Relay. Canoeist Lim Kai Jing and her partner won gold in the Women's Under-18 K2 200m event and bronze in the 500m event at the 2026 Asian Canoe Sprint Junior & U23 Championships. She went on to compete at the Asian Games while adjusting to her first year in the IBDP. At 20, paddler Izaac Quek is already an Olympian and multiple SEA Games gold medallist, pursuing sporting excellence alongside his polytechnic studies, with strong support from Ngee Ann Polytechnic.

Behind these milestones are daily choices to keep learning, keep trying and keep believing. Behind every student-athlete, too, are people who encourage them and stand by them when the journey becomes difficult.

For some, Sports School has been part of their journey from the beginning. For others, including Amanda, John and Kai Jing, who joined us mid-stream, we have come alongside them at a new stage. Whatever their starting point, we are proud to walk with them as they pursue their aspirations and discover who they can become.

This year's Asian Games also marked a significant milestone for our school. A record 34 current student-athletes represented Singapore, alongside 37 alumni. Past and present Sports School student-athletes accounted for about one in four members of Team Singapore and contributed one in three of Singapore's medals. Beyond the results, the Games offered opportunities to gain experience, build confidence and take another step forward.

The making of champions and leaders happens just as meaningfully beyond the competition arena. This year, we placed a special emphasis on **resilience**. Through Character and Citizenship lessons, strengths-based conversations with mentors and coaches, and our Lessons from the Champions programmes, student-athletes learnt about overcoming setbacks and persevering towards their goals. We also introduced the ROAR (Resilience) Awards to recognise student-athletes who exemplify this important value.



Resilience does not mean facing every challenge alone. It also means knowing when to seek help, accepting encouragement and finding the courage to begin again. We want every student-athlete to know that there are people here who care and will help them take the next step. Through this support, we help them build the self-belief, confidence and connections expressed in "I am, I can, I have".

We are equally heartened to see our student-athletes putting their values into action. Through community projects, they have shared their skills, championed inclusion and brought joy to others. They remind us that leadership begins with noticing a need, taking responsibility and choosing to make a difference.

To our staff, parents and partners, thank you for your care, dedication and steadfast belief in our student-athletes. Your encouragement, sacrifices and support make Sports School a place where young people can dream boldly, feel a sense of belonging and grow with confidence.

Every student-athlete is shaped by their dreams, challenges and the people who believe in them. We are privileged to be part of their journey, supporting them as they grow, discover their strengths and learn to lead with purpose.

As we look ahead, our integration into *Spex*SG opens new possibilities to better support our student-athletes. The journey is far from over. There is still much to discover, much to give and so much more to become.

Together, we are all still in the making.

Ong Kim Soon
Principal, Singapore Sports School

"Every student-athlete is shaped by their dreams, challenges and the people who believe in them. We are privileged to be part of their journey, supporting them as they grow, discover their strengths and learn to lead with purpose."

CHAMPIONS IN SPORT

ZACK NG ZHEN HONG

Badminton, Diploma in Business
Represented Singapore at the 2026 Youth Olympic Games



Making History at Commonwealth Games

Commonwealth Games 2026

Eight past and present student-athletes proudly represented Team Singapore at the 2026 Commonwealth Games in Glasgow, Scotland, competing as part of the nation's 53-member contingent on one of the Commonwealth's biggest sporting stages.

Held from 23 July to 2 August 2026, the Games brought together athletes from across the Commonwealth to compete at the highest level in their respective sports.

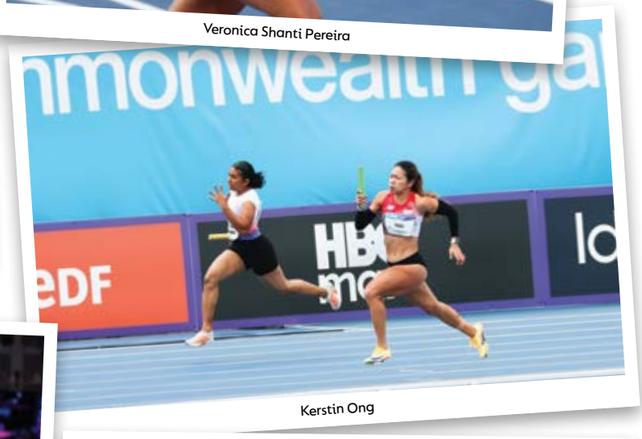
The standout performance came from gymnast Amanda Yap Ee-Lin, who claimed Singapore's first medal of the Games with a silver in the Women's Balance Beam final. The first-year Diploma in Business student-athlete ended Singapore's 12-year wait for a Commonwealth Games gymnastics medal, marking a memorable milestone in her international career.

In the men's competition, Jovi Loh Jia Le qualified for the Individual All-Around final. Unfortunately, a knee injury sustained during the final forced him to withdraw from the competition. Together with schoolmates Asher Pua and Abdul Barr Abdulattif, he also helped the all-Sports School Men's Artistic Gymnastics team to a 9th-place finish in the Team All-Around event.



Veronica Shanti Pereira


Amanda Yap Ee-Lin



Kerstin Ong


From left: Asher Pua, Abdul Barr Abdulattif and Jovi Loh Jia Le



Reuben Rainer Lee


Valencia Tan

On the track, alumna Veronica Shanti Pereira continued to break barriers for Singapore athletics. She became the first Singaporean to qualify for an individual sprint final at the Commonwealth Games, finishing 8th in the Women's 200m final. Shanti also teamed up with fellow alumna Kerstin Ong Jing Rong in the Women's 4×100m Relay, where the quartet produced a season's best performance. Alumnus Reuben Rainer Lee also represented Singapore in the Men's 200m event.

Meanwhile, cyclist Valencia Tan gained valuable experience competing against some of the Commonwealth's best riders, adding another important chapter to her sporting journey.

Our past and present student-athletes in Glasgow not only contributed to Team Singapore's campaign but also demonstrated the impact of the School's high performance pathway in developing athletes capable of competing with the best in the Commonwealth.

All Photos By: Commonwealth Games Singapore/Lim Weixiang and Sport Excellence Singapore/Andy Chua

Making Our Mark at Asian Games

20th Asian Games 2026

Past and present student-athletes brought home 6 of Team Singapore's 18 medals at the Asian Games in Aichi-Nagoya, Japan: 1 gold, 2 silver and 3 bronze. The 71 student-athletes, who made up about one in four members of the Singapore contingent, competed from 19 September to 4 October 2026.

It was also a milestone Games for Sports School, with a record 34 current student-athletes representing Singapore at the Asian Games, alongside 37 alumni. Together, they competed in 15 sports, namely athletics, badminton, canoeing, cycling, diving, fencing, golf, gymnastics, ju-jitsu, sailing, sport climbing, swimming, table tennis, water polo and wushu.



John Wong Tze Xiang

John Sails into History

Among the current student-athletes, IBDP student-athlete John Wong made history by winning bronze in the Boys' iQFOiL event, securing Singapore's first-ever Asian Games windsurfing medal.



Loh Kean Yew

John chose the three-year extended IBDP programme to accommodate extensive overseas training while continuing his studies. That flexibility supported his preparation for his first Asian Games, where he won bronze.

Alumni Continue to Shine

Veronica Shanti Pereira successfully defended her Women's 200m title in a season-best 22.78 seconds, becoming the first female athlete ever to win back-to-back Asian Games titles in the event. She also took silver in the 100m, helped the 4x100m Mixed Relay team set a national record twice, and recorded four season-best timings during the Games.

Shuttler Loh Kean Yew became the first Singaporean to reach an Asian Games Men's Singles badminton final, taking silver, while Esther Tan and Filzah Hidayah Nor Anuar were part of the Women's Epée team that secured Singapore's first Asian Games team medal in épée.

In wushu, Zeanne Law Zhi Ning claimed joint bronze in the women's combined Taijiquan-Taijijian, improving on her 9th-place finish at the previous Asian Games.

Beyond the Podium

For many of our student-athletes, the Asian Games marked their first time competing on the Asian stage. Swimmers Julia Yeo Shu Ning and Reagan Cheng Kuo Shiong recorded personal bests, while Julia also helped Singapore set a new National Under-17 record in the Women's 4x100m Medley Relay.

Chen Xingtong contributed to the women's golf team's 4th-place finish. Artistic gymnast Amanda Yap Ee-Lin was the only Southeast Asian in the Balance Beam final and finished 6th. Max Lee Shen Oon secured two top-eight finishes in diving, while Sports School paddlers made up most of Singapore's table tennis team and featured prominently in its campaign.



Julia Yeo Shu Ning



Rhythmic Gymnastics team with Cleo Chew, Liew Xin Yu and Mirabelle Yet Yu Chelle



Chen Xingtong



Chloe Lai Neng Huen

Beyond the results, the Games gave our past and present student-athletes a chance to test themselves against some of Asia's best. They gained Major Games experience, built confidence and took another step forward in their sporting journeys.



Juliet Heng Jie Min



Justin Saik Kin Yan

RESULTS

Gold

Veronica Shanti Pereira – Athletics Women's 200m

Silver

Loh Kean Yew – Badminton Men's Singles

Veronica Shanti Pereira – Athletics Women's 100m

Bronze

Esther Tan and Filzah Hidayah Nor Anuar – Fencing Women's Épée Team

John Wong Tze Xiang – Sailing Boys' Windsurfing (iQFOiL Youth)

Zeanne Law Zhi Ning – Wushu Women's Combined Taijiquan-Taijijian

National Records

Julia Yeo Shu Ning – Swimming U17 Women's 4x100m Medley Relay

Veronica Shanti Pereira – Athletics Mixed 4x100m Relay

Personal Bests

Julia Yeo Shu Ning – Swimming Women's 100m Backstroke

Reagan Cheng Kuo Shiong – Swimming Men's 100m Breaststroke and 200m Individual Medley

All Photos By: Singapore National Olympic Council and SpexSG

Flying the Flag at YOG

Youth Olympic Games 2026

Six current student-athletes earned the opportunity to represent Singapore at the Youth Olympic Games (YOG) 2026 from 31 October to 13 November 2026 in Dakar, Senegal, taking their places among some of the world's best young athletes.

As part of Singapore's 14-strong contingent, Zack Ng Zhen Hong, Fred Leow Yu Chao, Jaden Ng Hong Rui, Ashton Auw Sen Hon, Xavier Pang Sheng Wei and Loy Ming Ying competed across badminton, 3x3 basketball, fencing, gymnastics and table tennis.

Table Tennis

Loy Ming Ying, one of Singapore's flag bearers at the Games, produced a memorable run in the Girls' Singles to claim silver for Singapore. Seeded 10th, Ming Ying grew stronger as the competition progressed, defeating several higher-seeded opponents on her way to the final.



Loy Ming Ying
Photo Credit: Singapore National Olympic Council

In the gold-medal match, the 16-year-old battled Chen Min-hsin of Chinese Taipei, She lost the final 4-2 and took silver. Her achievement equalled Singapore's best result in table tennis at the Youth Olympic Games, first achieved by alumna Isabelle Li at Singapore 2010.

The result was particularly meaningful for Ming Ying, who had taken a leave of absence from school to focus on her preparations for Dakar. The medal rewarded her commitment to the sport and fulfilled her ambition to make Singapore proud on the Youth Olympic stage.

Badminton

Zack Ng was Team Singapore's other flag bearer at the YOG. Competing at the Games marked another milestone for him, in a journey that began when he picked up a badminton racket at six.

In preparation for Dakar, the Diploma in Business student-athlete worked on his fitness, speed, agility and consistency, while strengthening the mental side of his game. Music, positive self-talk and staying calm under pressure were among the strategies that helped him maintain his focus during competition.



Zack Ng Zhen Hong

Zack started his campaign strongly, defeating Venezuela's Fabricio Marx Rodriguez Tovar 21-4, 21-2 in his opening Men's Singles group match.

3x3 Basketball

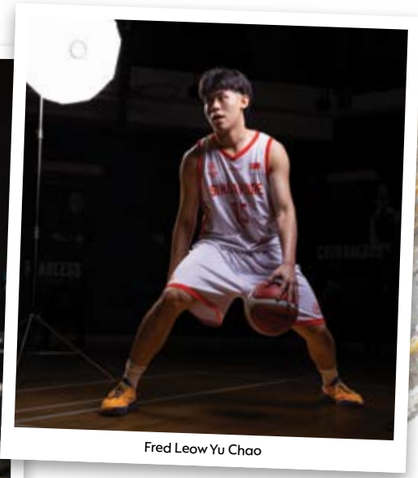
For Fred Leow and Jaden Ng, the YOG was an opportunity to take on some of the world's best young basketball players while representing Singapore in the 3x3 competition. Fred, a Secondary 5 student, and Jaden, who is in the Diploma in Business programme, joined Sports School in 2026 following the launch of the National Basketball Programme.

In the lead-up to Dakar, the team worked intensively on their conditioning and skills, while developing the communication, chemistry and trust required in the fast-paced 3x3 game.

Together, Jaden and Fred carried the Sports School and Singapore colours onto the court in Dakar, gaining valuable experience on one of youth sport's biggest stages.



Jaden Ng Hong Rui



Fred Leow Yu Chao

Fencing

Ashton Auw arrived in Dakar after years of preparation and an increasingly promising run on the international fencing circuit.

The sabre fencer had established himself as one of Singapore's emerging talents, with results including individual silver at the 2025 FIE Cadet World Cup in Hammamet and bronze at the 2025 Asian Cadet Cup in Kuala Lumpur.

Ashton also made a significant commitment to his Youth Olympic ambitions by taking a leave of absence in 2026 to devote more time to training and major competitions. Overseas training camps, private lessons, visualisation and countless hours spent refining his technique formed part of his preparations for Dakar.

Competing at the Youth Olympic Games gave Ashton the opportunity to test himself against the world's leading young fencers, while gaining valuable experience for the next chapter of his sporting journey.



Ashton Auw Sen Hon

Gymnastics

For Xavier Pang from the Diploma in Business Studies programme, qualification for Dakar 2026 represented a significant achievement in his gymnastics career.

Xavier became only the second male gymnast to represent Singapore at the Youth Olympic Games. His preparations for Dakar built on his growing international experience, which included competing at the 2025 and 2026 Asian Junior Artistic Gymnastics Championships.

In Dakar, Xavier tested his routines against leading junior gymnasts and gained international competition experience.



Xavier Pang Sheng Wei
Photo Credit: Singapore Gymnastics

Beyond the Court

Badminton Academy Report

Written by Abhyarthna Chhajer, Secondary 4

2026 has been a meaningful, memorable and eventful year for the Badminton Academy. Throughout the year, we had many opportunities to grow and these experiences helped us improve our badminton skills while also teaching us important values such as discipline, resilience, teamwork and independence. With the guidance of our coaches and the support of our teammates, we grew both on and off the court — and made plenty of memories along the way.

Training Beyond Borders

At the start of the year, some student-athletes had an exciting opportunity to train in Chongqing and Hubei, China, where they experienced different training environments and playing styles. The intensity of the camps pushed us to maintain high standards even when we were physically tired, giving us a better understanding of the commitment needed to compete at a higher level.

Our Secondary 2 shuttlers also participated in the annual Kochi training camp. This experience went beyond badminton, as they also immersed themselves in the local culture through activities such as making paper from scratch. These moments gave our shuttlers a chance to step away from the court, experience something new and create memories with teammates.



Sports Exchange in Kochi, Japan

Throughout the camps, they worked on key aspects of their game, including footwork, stroke quality, consistency, speed and match tactics. Playing against unfamiliar opponents challenged them to think quickly, adapt their strategies and become more independent. Whether training hard or exploring a new environment together, these experiences helped strengthen the team spirit and resilience.

Taking Training to the International Stage

Competitions formed another important part of our development in 2026. We participated in a wide range of local and international events, including the Jaya Raya tournament in Indonesia, the Badminton Asia Junior Championships in Japan, the Pathum Thani tournament in Thailand and the SBC International competition in Johor. These tournaments allowed us to put our training into practice and test ourselves against strong opponents from different countries and playing styles.

A Year of Remarkable Results

Our players achieved several outstanding results throughout the year. At the Yonex-Sunrise Jaya Raya Junior International Grand Prix 2026 in Indonesia, numerous players from the Junior Performance Programme progressed to the quarter-finals, demonstrating our ability to compete against strong international opposition. At the Badminton Asia Junior Championships in Japan, Bonita Bai, Chara Loo, Abhyarthna Chhajer, Julian Tan and Aldrich Goh competed beyond their usual age group. Facing older and more experienced players gave them valuable exposure to high-level international badminton and an opportunity to challenge themselves outside their comfort zones.

At the BAT Yonex Pathum Thani U13 U15 U17 International Junior 2026, our shuttlers produced several strong performances. Rithika Somasundaram secured a bronze medal in the Women's Singles Under-17 category, while Andres Lim, Tan Xi En, Julia Teo, Yeoh Kai Jie and Ong Jun Yang reached



Yonex-Sunrise Jaya Raya Junior International Grand Prix 2026



Yeoh Kai Jie, Sara Nadya Foo



Andres Lim

the quarter-finals. Competing against strong international opponents tested their ability to adapt under pressure and gave them greater confidence in their game.

Our shuttlers also achieved outstanding results at the SBC Protech International Badminton Championships 2026 in Johor, which featured players from Chinese Taipei, Hong Kong, Thailand and Malaysia. Rithika won silver in the Women's Singles Under-15 and Under-18 categories, as well as silver in the Under-15 Women's Doubles with Raeanne. Julian Tan secured silver in the Under-16 Boys' Singles, while Tan Xi En achieved silver in the Under-14 Boys' Singles. In the Under-18 Doubles, Bonita Bai and Chara Loo claimed gold. Alongside these podium finishes, our shuttlers also collected numerous bronze medals across different events and age groups, highlighting the depth and consistency of Junior Performance Programme conducted at Sports School.

Our post-secondary student-athletes also enjoyed success internationally, with Zack Ng earning podium finishes at the Philippines Junior International Series 2026, Yonex 3 Borders Competition and IBERDROLA Spanish Open 2026 alongside Blairdimir Herbert. Nge Joo Jin won Mixed Doubles silver at the YONEX Bonn International 2026.



SBC Protech International Badminton Championships 2026

Building Confidence at Home

We also took part in numerous local tournaments, including the WYSE Active VICTOR Age Group Series, where we won 12 medals, and East Badminton, where the team collected 23 medals. These tournaments provided valuable opportunities to gain match experience, build confidence and put into practice what we learnt in training.

Lessons Beyond the Scoreboard

While proud of our achievements in 2026, the season also highlighted areas for growth. Competing against international opponents exposed us to different playing styles and reinforced the importance of consistency, tactical awareness, confidence and emotional control. We learnt to celebrate victories humbly and view setbacks as valuable learning opportunities, with every match contributing to our development.

Throughout the year, we saw clear progress both individually and as a team. The hard work invested in training and camps translated into improved performances, greater confidence in adapting tactics, and better composure under pressure during competition.

Beyond results, 2026 strengthened our sense of teamwork and camaraderie. This was particularly evident when we organised workshops for Fuchun Primary School and Marsiling Primary School as part of our Values in Action programme.

Whether training, competing overseas or supporting one another from the sidelines, we learnt the importance of trust, encouragement and shared experiences. While badminton can be an individual sport, the support of teammates made the journey more meaningful and memorable.



Looking Ahead to 2027

As we look towards 2027, we hope to build on everything we have learnt throughout this year. Our achievements have given us confidence, while our setbacks have shown us where we can continue to grow. Most importantly, we want to carry forward the friendships, memories and lessons from 2026, while continuing to work hard, support one another and enjoy the journey. We look forward to another year of training hard, competing harder and, of course, making more memories together.

Rolling to Victory

Bowling Academy Report

Written by Koh Nur Humaira, Secondary 4, Celeste Kwek and Gwendolyn Lee, Secondary 2

Each bowler hones a different set of skills. At the Bowling Academy, we are guided to develop our strengths while building the consistency, discipline and mental resilience needed to perform at our best. In 2026, we had many memorable experiences on and off the lanes that challenged us to learn, grow and step out of our comfort zones. These experiences have shaped us into more confident, resilient and holistic student-athletes.

SongHe Sweep

Our bowlers shone at the SongHe Singapore National Age Group 2026, earning podium finishes across all divisions. Natalie Poh led the Under-16s with gold in Singles and Doubles with Ng Xuan Ru, while the Under-16 girls also secured team silver. In the Under-18 division, Hazel Tan and Nura Salsabila Zulkifli won Singles silver and bronze respectively before claiming Doubles silver and the team title with Rainie Kwek and Alyssa Hia. Kang Hee Hiang took Singles silver and later helped Darius See, Luke Tan and Lucas Goh win the team title.



From top left: Leroy Kwek, Andre Chew, Mark Leong, Jayan Kuay, Joshua Soo, Brian Ngoi;
From bottom right: Lim Shi En, Nura Salsabila, Irdina Hazly and Hazel Tan
Photo Credit: Zulkifli Daud Photography

In the Under-21 division, Nura Salsabila swept Singles and Doubles gold with alumna Nur Irdina Hazly, before adding team gold with Lim Shi En and Hazel Tan. Jayan Kuay, Mark Leong and Brian Ngoi also contributed silver-medal finishes.

"It was a really rewarding experience, especially seeing the hard work and consistency I had put into training pay off."
– Hazel Tan Rou En

Home Turf Titans

At the 56th Singapore International Open, our bowlers showed that hard work and dedication can lead to great achievements. Natalie Poh Jing Wen and Ng Xuan Ru placed 3rd in the Under-16 Girls' and Youth Girls' Stepladders respectively. Nura Salsabila Zulkifli and alumna Victoria Leong claimed champion titles in the Youth Girls' and Women's Graded Stepladders respectively, while Kang Hee Hiang emerged champion in the Youth Boys' Stepladders.

"I felt nervous at first, but I was also really determined to do my best during the Youth Stepladders. I stepped out of my comfort zone and challenged myself to keep going even when things were difficult. It was a meaningful experience that helped me realise the importance of focusing on the process and gave me confidence from such an eye-opening experience."
– Nura Salsabila Zulkifli



Nura Salsabila Zulkifli and Kang Hee Hiang
Photo Credit: Zulkifli Daud Photography

National School Games Victory

Our bowlers delivered outstanding performances at the National School Games, earning multiple individual and team honours. Luke Tan and Nur Iffah claimed the 'A' and 'B' Division Singles titles respectively, while Lucas Goh won Singles silver and Doubles bronze with Darius See. The 'B' Division girls won team gold and placed 2nd overall, while the boys secured team silver and 2nd overall. In the 'C' Division, Celeste Kwek and Eng Yi Zhen placed 4th in Girls' Doubles before teaming up with Gwendolyn Lee and Cheong Kah Yan to win team gold and finish 3rd overall. The 'C' Division boys also fought hard, finishing a commendable 4th overall.



National School Games
Photo Credit: Zulkifli Daud Photography

"Making the team for the first time at NSG was a really memorable experience for me, especially since it was my final 'C' Division. Finishing 4th in the doubles event with Yi Zhen was a meaningful milestone, but the highlight was definitely winning first in the team event."
– Celeste Kwek

Jakarta Jackpots

Bowlers delivered yet another excellent performance at the 25th Asian Junior Tenpin Bowling Championships in Jakarta, Indonesia. Nura Salsabila brought home a set of medals, taking gold in the Girls' Team Event, silver in the Girls' Masters and bronze in the Girls' Singles. Lucas Goh and Darius See claimed gold in the Boys' Team Event.



From left: Lucas Goh, Nura Salsabila and Darius See

Dominating the Global Stage

At the 2026 IBF World Youth Championships in Kuching, Sarawak, Lim Shi En and Hazel Tan Wei Ning secured bronze medals in the Girls' Singles. Together with alumni Nur Irdina Hazly and Ashley Victoria Lok, they also earned silver in the Girls' Team Event.



From left: Ashley Victoria Lok, Lim Shi En, Hazel Tan and Nur Irdina Hazly

"The World Youth Championships was really memorable for me, especially since it was my first and last one. Finishing 3rd in Singles was definitely one of the highlights, knowing that I was competing against some of the best youths from around the world. Being able to bring back a medal for Singapore was something I was really proud of."
– Lim Shi En

HK Storm Standouts

At the 2026 Under-22 Hong Kong Storm Cup, Brian Ngoi Kai Ren finished 11th, while Hazel Tan Wei Ning finished 14th. Shirlene Wong finished 18th, and Lim Shi En placed 23rd overall.



From left: Lim Shi En, Brian Ngoi, Shirlene Wong and Hazel Tan

Macao Medallists

Team Singapore struck a double win at the 2026 Macao International Open, where current student-athlete Colleen Pee and alumnus Nu'man Syahmi won champion titles in the Women's Open and Men's Open respectively.

Community Outreach



Values in Action

The Bowling Academy curated Values in Action sessions with Ahmad Ibrahim Primary School and Greenwood Primary School under the Sports Education and Experience Programme, in partnership with North West Community Development Council. Through these experiences, we cultivated a growth mindset and deepened our sense of empathy. The events were hosted by Terrance Chhoa Jing Wei, Gwendolyn Lee, Celeste Kwek, Karissa Zhou and Jensson Lim. The students from the primary schools honed new skills and we forged bonds with them.

Blades of Glory Fencing Academy's Golden 2026

Fencing Academy Report

Written by Sarah Koh Ya Qi, Diploma in Business Studies, Year 1



Kai Seah Rajentheran

2026 was a landmark year for the Fencing Academy, headlined by a strong showing at the National School Games (NSG) in April, a strong haul of individual and team medals at the South East Asian Fencing Federation (SEAFF) Minime, Junior & Cadet Championship in Kuala Lumpur, a top-30 world finish for Juliet Heng at the Senior World Fencing Championships in Hong Kong and representation at the Asian Games. This was complemented by a strong outing at Novices Championships, a combined haul of 9 gold, 21 silver and 35 bronze medals across local competitions from March to September, and an individual title at the Asian Cadet Cup — it is clear our fencers had a season to remember.



National School Games

Blades of Glory at the National School Games

The Academy's fencers made their mark across all three divisions at April's National School Games.

The 'C' Division proved especially fruitful. Kitson Kok Zi Cheng won gold in Men's Épée, with teammate Kaiser Chan taking silver in the same event. Hannah Isabella earned silver in Women's Sabre, and Naufal Noh claimed bronze in Men's Foil. In Men's Sabre, Kai Seah Rajentheran took silver and Linus Tan Wei Hong bronze. The strong individual showings translated into team success too — the 'C' Division boys were crowned overall champions, while the girls finished 2nd overall.

In the 'B' Division, Eleazar Quah Yu Ze (Men's Sabre) and Sarah Sophia Tan (Women's Sabre) both claimed bronze, as did Ethan Tham Yu Kip and Valarie Kok Jing Xuan in Men's and Women's Épée respectively. Sophie Dayana Tunstall added a silver in Women's Épée, while Thaddaeus Ted Lee took silver in Men's Foil. Overall, our 'B' Division boys came in 2nd while our girls finished 3rd.

In the 'A' Division, Alyssa Tan Si En (Women's Foil), Isabelle Lee Ern Swan (Women's Épée) and Cari-anne Ong (Women's Sabre) each secured bronze medals.

Novices Make Their Move

Fresh off NSG, the Academy's fencers continued their form at the Novices Championships. Nathan Yip Tzeng Loen struck gold in Men's Foil, while Natalie Tay topped the Women's Sabre field, with Hannah Isabella Muhammed Hafiz taking silver in the same event. Aiden Sng Rui Yan and Valarie Kok Jing Xuan rounded off the medal haul with bronzes in Men's and Women's Épée respectively.



Hannah Isabella Muhammad Hafiz and Natalie Tay (left)

Juliet Heng Takes on the World

In July, Juliet Heng Jie Min represented the Academy on the world stage at the Senior World Fencing Championships in Hong Kong, finishing an impressive 30th overall in a field of 134 fencers from 47 nations.



Juliet Heng Jie Min
Photo Credit: Singapore National Olympic Council

Golden Campaign at SEAFF

The Academy's annual school trip took our fencers to Kuala Lumpur for the South East Asian Fencing Federation Minime, Junior & Cadet Championship, where they competed in the Under-14 and Under-20 categories — and Sports School enjoyed a hugely successful campaign.

In the Under-14 category, Kitson Kok Zi Cheng and Hannah Isabella Muhammed Hafiz clinched gold in Men's Épée and Women's Sabre respectively. Kai Seah Rajentheran placed 3rd in Men's Sabre, while Claire Yang Kai Ting took silver in Women's Épée.



South East Asian Fencing Federation Minime, Junior & Cadet Championship



The Under-20 category saw Isabelle Lee Ern Swan and Benjamin Lee Shijie win gold in Women's and Men's Épée, with Mariem Maya Lounis and Cevin Sun Qi adding bronzes in the same events. In Women's Sabre, Natallie Chan Yin Xin claimed silver, with Sarah Koh Ya Qi and Jaida Quah Hao Xun both earning bronzes. Men's Sabre produced a 1-2 finish for the Academy, with Marcus Maximilian Tan taking gold and Ashton Auw Sen Hon silver.

The team events capped off a golden campaign, with Women's Épée, Women's Sabre and Men's Épée all winning gold, and Women's Foil adding a bronze.

Steady Podium Presence at Local Competitions & Major Games Representation

Beyond the major championships, the Academy's fencers were consistently on the podium at local competitions held from March to September, amassing an impressive 9 gold, 21 silver and 35 bronze medals across our Under-14, Cadet, Junior and Senior categories. A special mention to Cameron Alexander Tan Soliano, who was crowned champion in Men's Sabre at the Asian Cadet Cup, which was hosted in Singapore this year.



Ashton Auw Sen Hon and Cameron Alexander Tan Soliano (middle)
Photo Credit: Fencing Singapore

Major Games Representation

After the end of the local fencing season, three current student-athletes, Azfar Luqman Ong, Juliet Heng Jie Min and Jae Lim Jia En, represented Singapore at the Asian Games together with seven other alumni. In November, Ashton Auw Sen Hon headed to Dakar for the Youth Olympic Games, having secured a quota place for Singapore by virtue of his good ranking in the FIE cadet circuit in the 2025-2026 season.



Jae Lim Jia En
Photo Credit: *SpexSG*



Simon Lee Renjie (left) Azfar Luqman Ong (second from right) and Si To Jian Tong (right)
Photo Credit: *SpexSG*

Unleashing Potential on the Pitch

Football Academy Report

Written by Amirul Qais, Secondary 4

The Football Academy had a meaningful and eventful year, with student-athletes developing on and off the pitch through competitive leagues, overseas academy trips, international tournaments and community programmes. These experiences exposed them to strong opposition, broadened their learning, and strengthened values such as teamwork, discipline, resilience and responsibility.

Unleash the Opportunities!

One of the highlights was seeing Ayden Naim Fakhry and Matteo Del Rosario from Secondary 3 selected for the Unleash The Roar! Overseas Scholarship. The scholarship gives them the opportunity to continue developing their football abilities while gaining valuable experience in a different football environment overseas. Their achievement



Ayden Naim Fakhry
Photo Credit: Unleash The Roar!/Ng Chrong Meng



Matteo Del Rosario
Photo Credit: Unleash The Roar!/Ng Chrong Meng

also inspires other student-athletes in the Academy, showing that hard work, dedication and consistent development can open doors to further football opportunities.

In addition, Jack White was called up to represent Singapore in the U15 World Cup from 24 to 30 October 2026 in Azerbaijan.

Growing Through Competition

During the first half of the Singapore Youth League season, the Academy teams achieved encouraging results. The Under-13 and Under-14 teams both finished 3rd, while the Under-15 team placed 4th.

Competing in the league gave the student-athletes regular opportunities to play against strong teams and experience the demands of competitive football. The matches helped the players improve their tactical understanding, teamwork and ability to deal with pressure. The results also showed the progress made by the teams and provided a strong foundation for the remainder of the season.

The Football Academy also travelled to Johor for an Academy trip, where the footballers played against high-quality teams, including Johor Darul Ta'zim (JDT). Facing a well-established academy such as JDT exposed the players to a different level and style of football, challenged them physically and mentally, and helped them understand the standards required to compete at a higher level. The trip was a valuable learning experience on and off the pitch and helped strengthen the team's bond.

Overseas trips to Selangor and Malacca gave the players further opportunities to compete against quality teams in the region. These matches helped the student-athletes become more adaptable, test their abilities, learn from mistakes and identify areas to work on during training.



Overseas Trip to Johor



Garuda International Cup 2026

The Academy also selected 18 players for the first Excellence Trip to compete in the Garuda International Cup 2026, where the team had an impressive run in the group stages. The team managed to win all of its group-stage matches, showing strong teamwork, determination and consistency throughout the competition. Although the team's journey eventually ended at the qualifying stage, the tournament provided valuable international experience and exposed the players to a competitive football environment outside Singapore.
The experience also taught the team the importance of staying focused and continuing to improve even after a successful start to a competition. The team is looking forward to upcoming overseas trips to Bangkok and Cambodia in November.

At the UTR! Challenge Cup (Thailand), our Under-13 footballers won gold, demonstrating outstanding teamwork, determination and skill throughout the tournament.



Under-13s at UTR! Challenge Cup (Thailand)

Representing Singapore Sports School in the championship-winning team were Izz Fitras, Mohamad Azizzhan, Syed Umair Ahmad, Aniq Naufal, Adyan Rayees, Muhammad Darwish Aiman and Ryu Lim Zheng Wei. Our Under-14 footballers also delivered a commendable performance, securing 3rd place in their category. Rayn Izzam, Muhammad Danial Akif, Muhammad Deniz Asher and Muhammad Fahyim Iman represented the team with pride, contributing to another strong showing for the Academy.



Under-14s at UTR! Challenge Cup (Thailand)

Helping Hands, Legs and Hearts

Beyond football, the Football Academy continued to place strong emphasis on character development through the Values in Action programme. The lower secondary footballers participated in Strike for Care, a futsal charity tournament for seniors and caregivers, while the upper secondary footballers took part in Play Inclusive, where they assisted athletes with intellectual abilities and supported match operations. These programmes allowed student-athletes to contribute to the community and interact with people from different backgrounds, and develop values such as empathy, respect, teamwork and inclusiveness.



Values in Action at Strike for Care Futsal Tournament

Journeying through MSA: From Exploration to Specialisation

Multi-Sport Academy Report
Written by Nur Stella Madarina Nqrsuriyan, Secondary 1 and Elsa Sio, Secondary 2

When we first joined the Multi-Sport Academy (MSA), we were stepping into something that was still relatively new. Unlike a specialised academy focusing mainly on one sport, MSA has given us the opportunity to experience and learn from a variety of sports. Our journey begins with our three core sports — track and field, 3x3 basketball and sport climbing. Step by step, we build our fundamental skill sets while learning what it means to be a multi-sport athlete.

Discovering Different Sports

In Secondary 1, many of us were introduced to sports that we had never tried before. Through judo, wrestling and parkour, we learnt how to adapt to different movements, coaches, environments and modes of training. Switching between sports every three to four months was sometimes challenging, especially when we had to pick up new skills in a short time. However, it also encouraged us to step outside our comfort zones and become more willing to try new things. It has also helped us with our adaptability and we can apply these skills in our daily lives.

Experiencing sports such as judo and wrestling has helped us grow in many ways. We have improved our balance, strength, coordination and ability to react quickly. These skills proved helpful, for example, in basketball by allowing us to stay strong when defending, move more efficiently on the court and remain focused under pressure.

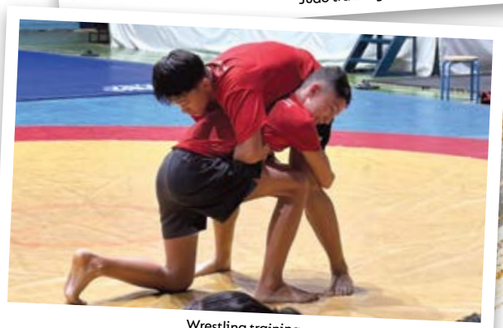
Through competitions and different sporting experiences, we also began to understand ourselves better as athletes.



Cycling training



Judo training



Wrestling training

We learnt that being good at sport is not always about getting the best result, but also about being willing to learn from mistakes and continue improving.

Building on What We Learnt

As we moved into Secondary 2, we returned to the three core sports. This time, the experience felt different because we already had a foundation from Secondary 1. We were able to build on our previous skills, challenge ourselves further and take part in more advanced competitions.

Returning to these sports also allowed us to see our own progress. Skills that once felt unfamiliar became more comfortable, and we began to understand how the fundamentals we learnt could be applied in different situations. We also had the opportunity to guide our juniors, which allowed us to reflect on how much we had grown since our first year.



Triathlon training



Abigail Ng Wen Hui

Our Proud Achievements

Throughout our MSA journey, we have had many moments that made us proud, both individually and as a cohort. These achievements were not always about winning competitions. For some of us, it was achieving a personal best, completing a skill we had previously struggled with or having the courage to participate in a competition. Others were proud of being able to support their teammates or improve in a sport they initially found difficult.

In April, Samuel Lee Hua Yi delivered an outstanding performance at the NSG Track and Field Championships, clinching gold in both the 100m and 200m sprints, as well as silver in the 4x100m relay with his Track and Field Academy teammates. He was also selected for the Thailand Sports School Games, where he secured silver in the Under-15 100m dash. He went on to earn 2 gold medals at the Singapore Age Group Championships and the International Masters Track and Field Championships.

Nur Arisha Adrianna also achieved strong and consistent results, winning silver in the Under-15 400m dash and bronze at the Singapore Age Group Championships.

At the Diving Pesta Sukan, held at the OCBC Aquatic Centre, Elsa Sio competed in the Under-18 Synchronised Girls events. She gained valuable experience competing alongside athletes of different ages and won gold in both events.

We would also like to commend the following student-athletes who recently participated in the Youth Aquathlon League: Leong Yee Rong Angelin, Ng En Yi and Matthew Tan Wei Bin. Looking back at these achievements, we realised that the progress we made was often the result of small improvements and consistent effort. These moments showed us that growth does not always happen immediately, but every challenge can contribute to becoming a better athlete.

Learning, Growing and Looking Ahead

MSA has taught us that athletic development is not simply about training harder. Through weekly fatigue testing and exposure to different sports, we learnt the importance of recovery, adaptability and listening to our bodies. These experiences have helped us become more aware of how we train and how we can continue improving safely.

As we prepare for the Talent Optimisation Programme (TOP) and our transition into specialised academies, we are given opportunities to experience sports such as triathlon, water polo, swimming and weightlifting. Looking back, MSA has given us more than sporting skills — it has taught us to adapt, persevere, step outside our comfort zones and discover our strengths.

Being part of a relatively new Academy has allowed us to grow alongside MSA itself, and we look forward to carrying these experiences into the next stage of our sporting journeys.



Samuel Lee Hua Yi



Nur Arisha Adrianna

A Year of Growth and Experiences

Netball Academy Report

A Year of Growth On and Off the Court

Written by
Lim Zi Yan,
Diploma in Business Studies, Year 1

2026 has been a memorable year for us in the Netball Academy, with many valuable opportunities to train, compete and learn locally and overseas. Through the National School Games, international competitions, high-level training programmes and national age group experiences, we tested ourselves against strong opponents and grew as athletes, teammates and individuals.

From becoming North Zone Champions at the National School Games to competing in Sydney, Melbourne, Malaysia and Hong Kong, we faced new challenges and learnt something at every stage. These opportunities brought us closer as a team, strengthened our confidence and gave us a deeper understanding of what it takes to compete at a higher level.

Learning from the Best in Sydney

In May, six netballers — Angelina Tay Shi Ying, Ong Shi Han, Grania Koh, Hannah Thomas, Wong Lok Yiu Ella and I — were selected to take part in the TOP Athletes Excellence Programme in Sydney. The seven-day trip gave us the opportunity to experience high level netball training and learn from experienced coaches and players.



National School Games



TOP Athletes Excellence Programme

We participated in one-to-one coaching sessions with coaches who had international playing and coaching experience, as well as training sessions with Sydney Metro League teams. Training alongside older and more experienced players challenged us to adapt to a faster and more physical style of play.

One of the highlights for us was training with Hills Sports High School, where we joined players of a similar age under the guidance of former Australian Diamonds Natalie Avellino and Moonia Gerrard. Learning from coaches with such extensive experience gave us a different perspective on the game and helped us better understand what it takes to play at a higher level.

The trip also included the opportunity to watch Suncorp Super Netball matches, including Swifts vs Lightning and Mavericks vs Giants. Seeing the speed, skill and intensity of professional players in person inspired us and motivated us to improve our own game. The experience also allowed us to grow as players, make new friends and experience high level netball beyond Singapore.

Building Team Spirit in Malaysia

Written by
Tan Xin Ru, Secondary 2

We began the year with a day trip across the Causeway to Sekolah Sukan Tunku Mahkota Ismail (SSTMI), where 34 of us trained and played alongside its netballers.

Later from 15 to 18 June, we travelled further to Kuala Lumpur for the Netball Quad Series with netballers from Secondary 1 to Polytechnic Year 2. Our teams competed against Malaysian sports schools, including Bukit Jalil Sports School (BJSS) and SSTMI.

While the main focus was on competition, the trip also provided an opportunity for us to strengthen our teamwork and build stronger relationships with one another. Competing together helped us understand that netball is not only about individual skills, but also about how effectively a team works together.

Communication was one of the most important lessons we took away from the series. We had to speak clearly with one another before, during and after matches. We also learnt the value of discipline, as staying focused and making mindful choices helped us prepare to perform at our best.



Overseas training with Sekolah Sukan Tunku Mahkota Ismail

Most importantly, the series reinforced the importance of trust and support. Working towards a common goal helped us understand how every individual contributes to the team, both on and off the court.



BJSS Test Series



Waverley International Schools Championship

Competing Beyond Borders in Melbourne

Written by
Shifa Erwan, Secondary 4

We travelled to Melbourne to compete in the Waverley International Schools Championship in the Over-15 category. Across the nine-day competition, we faced opponents from countries including Sri Lanka, Australia and Malaysia, each with different playing styles that challenged us to adjust our game.

The competition challenged us both physically and mentally. Playing during Melbourne's winter meant facing cold, windy and rainy conditions, which made each match more demanding. We had to remain focused, adapt to the weather and keep pushing ourselves throughout the competition.

We also had the opportunity to explore Melbourne during an outing day and watch the Suncorp Super Netball Grand Final between the Thunderbirds and Vixens. Watching professional players compete at such a high level helped us appreciate their skill and teamwork, and encouraged us to think about how to bring the same discipline and intensity to our own game.

Representing Singapore and Singapore Sports School overseas was especially meaningful to us. The trip helped us grow as netballers, become more independent and create lasting memories with our teammates. It reminded us that every challenge, both on and off the court, was part of our growth.

Representing Singapore in Hong Kong

Written by
Angelina Tay Shi Ying, Secondary 4

A significant experience for me was the Age Group Training tour to Hong Kong. Travelling with the Under-17 team alongside the National Under-19 Age Group Team gave us the opportunity to train, compete and represent Singapore on the international stage.



Age Group Training Tour to Hong Kong

With limited time to train together, we had to quickly understand and adapt to one another's playing styles. The experience strengthened our communication, teamwork and connection on court, and showed me how important trust is when a team has little time to prepare.

We competed against the Hong Kong Under-21 team in three matches. Facing older and more experienced players was challenging, but it pushed us to step up and perform at a higher level. We also played against Independent Schools Foundation Academy, which allowed us to put our training into practice and gain further international experience.

A special highlight for us was watching the Asian Netball Championships and seeing the Singapore Vandas compete against the best teams in Asia. Watching the national team emerge as champions and secure their place in the Sydney World Cup 2027 was inspiring. It reminded me of what can be achieved through commitment and motivated me to keep working towards my own goals in netball.

More Than Just Netball

Written by
Dian Nabilah, Secondary 3



Values in Action

On 22 May, we conducted a Values in Action programme with students from Woodlands Primary School, introducing them to the basics of netball through fun and interactive activities.

We began the session with an obstacle course and warm-up before moving on to modified netball, passing activities and shuttle runs. Throughout the session, we guided the students, encouraged them to work together and supported them as they learnt new skills.

Also, we conducted a series of netball experience sessions for children with physical challenges through a programme known as Playbuddy. After four sessions at the National Stadium, the programme culminated in a special final session at Sports School, where our netballers welcomed the children and led them through the activities.

The experience reminded me that being a student-athlete is not only about competing. It is also about sharing our passion for sport, supporting others and inspiring the next generation.

Shoot for the Stars

Shooting Academy Report

Written by Bernice Lim and
Xuan Ilyas Mohammed Azhar, Secondary 4

The Shooting Academy's achievements have been nothing short of spectacular. Over the course of both local and overseas competitions, our shooters put in their best efforts and achieved outstanding results locally and internationally.

Taking Aim at Excellence

At the beginning of this year, national youth team shooters flew to Innsbruck, Austria, for the Ten Nine Factory Cup. With a limited amount of time to train before flying off, our shooters remained composed and brought back 6 medals despite participating in limited events. The national youth team shooters also flew to Taiwan for the 48th Southeast Asian Shooting Championship and Taipei International Grand Prix. Together with the national team shooters, our past and present student-athletes brought back 25 medals from both competitions.



Ten Nine Factory Cup



5th Thailand Open Shooting Championship and Master Games

Breaking Boundaries at International Competitions

At the start of second semester, our Secondary 2 shooters had the opportunity to travel to Bangkok in Thailand for their first overseas shooting competition together with other shooters from the Academy. Competing at an unfamiliar shooting range brought some nerves, but our shooters pushed through. With the determination and perseverance of the shooters, they managed to bring back an impressive 38 medals from the 5th Thailand Open Shooting Championship and Master Games.

A small group of shooters also took part in the East Asian Youth Airgun Competition in Nagoya, Japan, where they returned with 2 silver and 2 bronze medals.

Bridging Borders Through Shooting

Shooters also made new friends from Taiwan during the exchange programme with shooters visiting from New Taipei Municipal Lin-Kou Senior High School. Over three days, we trained with them, shared best practices and had a friendly match. The interactions from training to dinner created new friendships and unforgettable memories.

Despite the short interactions, the rare opportunity to be able to have an exchange programme with shooters from overseas made the experience all the more meaningful, allowing our shooters to gain fresh perspectives beyond the range.



Exchange programme with New Taipei Municipal Lin-Kou Senior High School



National University of Singapore Invitational Shoot

Turning Dedication into Success

On the local shooting ranges, our shooters' hard work and dedication bore fruit. At the NUS Invitational Shoot, our shooters secured 7 gold, 6 silver and 6 bronze medals. In the 10m Air Rifle Women's School Individual event, our shooters swept medals of every colour. Apart from that, our shooters secured multiple top-two finishes in the team events, as well as gold medals in individual events. The efforts of all our shooters also allowed us to retain the Overall Champion titles for both rifle and pistol.

At the NTU Invitational Shoot, our shooters pushed through exams, studies and training, and still achieved magnificent results. They eventually brought home 16 gold, 6 silver and 6 bronze medals, emerging as the overall winner in the school category. There were two podium sweeps in the Air Rifle Women's A and B categories, while the Air Rifle Men's teams won 1st place in their respective categories.

In the National School Games 'B' Division competition, our Secondary 3 and 4 shooters delivered an outstanding performance, demonstrating resilience and determination throughout. Their efforts paid off as they won 1st place in the 'B' Division boys' category and 3rd place in the girls' category. In the individual events, our shooters also fought under pressure, clinching 1st place in both men's and women's pistol events and amassing a total of 7 podium finishes. The same spirit was embodied by our 'C' Division shooters, helping the girls' team win the divisional title.



'C' Division Girls at National School Games



'B' Division Boys at National School Games

Rising to the Challenge

The Secondary 3 student-athletes planned a sports workshop for students from Sembawang Primary School and Woodgrove Primary School as part of their Values in Action (VIA) project, in partnership with North West Community Development Council. The shooters guided the students on the basics before holding a mini competition using their newly learnt skills, and everyone had an enjoyable experience. Our student-athletes learnt many things from the VIA project, from planning and organising to physically carrying out the project with the help of their mentor. It was definitely rewarding to see the smiles of the primary school students.

Our shooters also continued the tradition of gifting Chinese New Year snacks and cards to the school's support staff to show their appreciation. We are glad that our efforts have made a difference to those in our school and beyond.



Values in Action

Forged in the Water

Swimming Academy Report

Written by Ian James Kwek, Secondary 2

Records Made, History Written

2026 has been a landmark year for the Swimming Academy, with an impressive 14 school records broken. Brandon Yap rewrote the national record in 200m Butterfly, while Julia Yeo earned a national record, Under-17 national record and SNAG meet record in 200m Backstroke. Reagan Cheng broke the Men's 200m Individual Medley national record and the meet record for Men's 200m Backstroke. Also, a record nine past and present swimmers qualified for the 2026 Asian Games in Aichi-Nagoya. Several other student-athletes rewrote internal records, raising the bar and setting new standards in the Swimming Academy.

The First Chapter of a New Journey

The Swimming Academy's progress in the pool was showcased during several international and local competitions.

The competition season started with swimmers travelling to Bangkok for the AOSI Swimming Championships 2026, and it was an unforgettable experience. Despite tiring flights and long competition days, we pushed through these challenges and performed well, clinching 22 gold, 26 silver and 14 bronze medals. We managed to break nine meet records and smash 73 personal bests, a great achievement for the team. Relays were a major highlight, showcasing our teamwork and tenacity.



AOSI Swimming Championships



Mikel Low

Mikel Low's strong performance led him to overall 2nd, while Ryker Tan and Rae Anne Ng won an overall 3rd-place finish in their respective age groups. We capped off the meet with the Champions by Average Points title.

More Than the Medals at Australian Age Championships 2026



Australian Age Group Championships

At this year's Australian Age Championships in Gold Coast, Australia, our swimmers put on a dazzling performance, bringing home an impressive 11 medals — 1 gold, 5 silver and 5 bronze. Across the eight-day competition, the team showed remarkable grit and resilience, recording 27 new personal best times along the way. Reagan Cheng stood out with an impressive swim in the 200m Individual Medley, achieving the Asian Games B-cut time. Zavier Tay and Aaron Ang also delivered strong performances, contributing to the team's medals while achieving personal bests of their own. Despite the demanding competition, our swimmers remained positive and enjoyed the experience together, creating many memorable moments along the way.

Flying the Singapore Flag High

In July of 2026, five swimmers represented Singapore at the 2026 Asian Age Group Swimming Championship. Our swimmers competed against some of the region's strongest young talents. Among them, Julian Ko Qi Heng delivered a praiseworthy performance in the 15–16 Boys' 200m Breaststroke, securing a well-earned bronze medal on the international stage. His achievement was a proud moment for the school as it reflected the hard work, determination and competitive spirit of our swimmers.

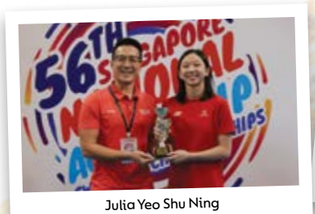
Home Waters, Higher Stakes

Back in Singapore, they continued their winning form, delivering strong performances across major national competitions. A remarkable 58 medals were brought home by our swimmers at the 56th SNAG Seniors 2026 where they secured 16 gold, 19 silver and 23 bronze medals across the competition. Leading the way was Julia Yeo, who delivered an outstanding performance in the Women's 15–17 age group. She reset her own 200m Backstroke national record and was named Most Valuable Swimmer after claiming 5 golds and a silver. Making their mark alongside her were swimmers such as Joy Neo and younger student-athletes such as Ian Kwek, Nigel Low and Macayla Xia, who displayed plenty of grit and resilience in their events.



Asian Age Group Swimming Championships: Heather Teo, Grace Kwek, Charlotte Ng (both from NTC@SSP), Casey Chua, Julian Ko

At the 21st Singapore National Swimming Championships, our swimmers excelled with 14 medals – 7 gold, 5 silver, 2 bronze. Reagan Cheng led the charge, while Brandon Yap, Ian Leong, Julia Yeo and Joy Neo delivered standout performances.



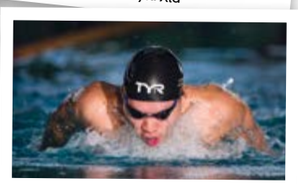
Julia Yeo Shu Ning



Macayla Xia



Ian Leong Wei Sheng



Brandon Yap Yan Xi

Brandon Yap's fine form continued at the Singapore National Swimming Short Course Invitational Men's 200m Butterfly, where he stormed to gold and broke the national record. Adding to the golden glow, Ian Leong Wei Sheng powered through the water to capture the Men's 400m Freestyle title.

Rising to the Challenge: National School Games 2026

Across the 'A', 'B' and 'C' Divisions at the National School Games, our swimmers delivered an impressive haul of 34 medals — 9 gold, 12 silver and 13 bronze medals. Julia Yeo produced a remarkable double-gold performance in the 'B' Division, winning both the 100m and 200m Backstroke, with her 200m Backstroke swim smashing the previous meet record. Joy Neo, Casey Chua and Lee Zi Xuan also contributed gold-medal performances, while the 'B' Girls' 4×50m Medley Relay team of Casey Chua, Heather Teo, Joy Neo and Julia Yeo powered to gold. Julian Ko, Kidd Ang, Mikel Low and Zavier Tay also clinched medals in the 'B' Division Boys' events. Among the 'C' Division boys, Ian James Kwek stood out with gold in the 200m Backstroke and silver in the 100m Backstroke, while Nigel Low added 2 silver medals in the 200m Butterfly and 400m Freestyle. The team also showed its depth across the divisions, finishing in 4th-place overall in the 'A' Girls' Division and securing 3rd-place finishes in the 'B' Boys', 'B' Girls', 'C' Boys' and 'C' Girls' Divisions.



National School Games

Into Uncharted Waters

In open water swimming, our student-athletes demonstrated resilience and adaptability across local and regional competitions. At the Port Dickson Open Water Swimming Classic 2026, Azlina Mastamam, Arielle Neo and Ashley Lim swept the Elite Women's podium, while Egan Chin secured bronze and Isaac Chua finished 4th. At the Singapore Aquatics Open Water Swimming Championships, Azlina Mastamam claimed silver to qualify for the Asian Championships, where she later won a bronze medal in the 14–18 Mixed Relay event. The team also excelled at the 4th Southeast Asia Open Water Swimming Championships and Festival in Boracay, Philippines, collecting 7 medals, including 5 golds. Beyond the podium finishes, these competitions provided valuable exposure and strengthened our swimmers' confidence, resilience and race awareness in the open water environment.



4th Southeast Asia Open Water Swimming Championship and Festival



Port Dickson Open Water Swimming Classic 2026

Giving Back Outside the Pool

On 8 and 15 July 2026, our Swimming Academy took part in an Intergenerational Learning Programme with Fei Yue Community Services, giving our swimmers the opportunity to connect with and give back to the community. Led by Chairman Joy Neo and Vice-Chairman Egan Chin, the programme brought together swimmers and around 70 seniors through activities designed to encourage interaction, teamwork and meaningful connections. The swimmers also organised an Amazing Race and helped create an enjoyable and engaging experience for the seniors. Beyond the activities themselves, the programme allowed our swimmers to develop leadership, empathy and a stronger sense of community. Through their time and effort, they showed that being a student-athlete is not only about achieving success in the pool, but also about making a positive difference beyond it.

Breakthroughs and Triumphs

Table Tennis Academy Report

Written by Kaeann Lee and Sarah Yip, Secondary 2

2026 was a remarkable year for the Table Tennis Academy, as our paddlers achieved career-high world rankings, landmark victories at home and overseas, and valuable international competition and exchange experience — all while demonstrating determination, resilience and fighting spirit.

Career-High Milestones

After outstanding performances this year, Izaac Quek and Ser Lin Qian achieved career-high world rankings. In the ITTF Men's Doubles World Rankings released on 9 February 2026, Izaac and alumnus Koen Pang rose to World No. 4.

Ser Lin Qian climbed 33 places, from World No. 126 to a career-high No. 93, breaking into the top 100 and strengthening her international presence. She also received the *spex*Education Undergraduate Scholarship under the New Career Track to support her university studies after competitive sport, while Chloe Lai was inducted into the *spex*Potential programme.

Izaac, Lin Qian, Chloe and Loy Ming Ying, who is on leave of absence this year, together with three alumni, represented Singapore at the Asian Games.



Izaac Quek Yong
Photo Credit: *spex*SG/Chanainut Thongratanachat



Gu Xintian
Photo Credit: Singapore Table Tennis Association

Outstanding Honours for Paddlers

Our paddlers earned top honours at the STTA Awards, with Loy Ming Ying named Youth Player of the Year, Izaac Quek crowned Star Player of the Year, and Secondary 1 paddler Gu Xintian recognised as Hopes Player of the Year.

Smashing Results Overseas

At the WTT Contender Muscat 2026 in Oman, Izaac Quek and alumnus Koen Pang reached the Men's Doubles semi-finals to claim joint bronze. They also made history by claiming bronze at the ITTF-ATTU Asian Championships.

At the Singapore Smash, Ser Lin Qian recorded the best win of her career at the time by defeating World No. 58 Zhang Mo in the Women's Singles Round of 64. Chloe Lai earned her first Singapore Smash victories in her opening two qualifiers, then partnered Loy Ming Ying in a historic run to the Women's Doubles quarter-finals — a landmark for Singaporean women's table tennis.

Izaac and Koen displayed exemplary sportsmanship by conceding a disputed penalty point to their Argentine opponents to restore parity, earning applause from the crowd.

The tournament also highlighted the strength of the Sports School pathway, with 10 of Singapore's 13 men's and women's representatives being current or former Sports School student-athletes.



Chloe Lai and Loy Ming Ying
Photo Credit: Singapore Table Tennis Association

On the international youth circuit, Loy Ming Ying secured her first individual WTT podium of 2026 by finishing 2nd in the Under-17 Girls' Singles at the WTT Youth Contender Berlin, following a 3–2 quarter-final victory and a composed 3–0 semi-final win.

At the SEA Youth Table Tennis Championships 2026 in April, Sports School paddlers won 15 of Team Singapore's 16 medals and contributed to all 4 golds. Ming Ying claimed the Under-19 Girls' Singles title, Sonia Zainudeen won Under-15 Girls' Doubles with her partner, and Sports School athletes powered Singapore to the Under-19 Boys' and Girls' Team titles.



Sonia Zainudeen



Nicholas Tan

Photo Credit: Singapore Table Tennis Association

The medal haul continued in doubles and mixed doubles: Ming Ying and Chloe Lai won Under-19 Girls' Doubles silver, while Ming Ying and Xing Yao took Under-19 Mixed Doubles silver. Ellsworth Le added Under-19 Boys' Singles silver, with Yang Ze Yi and Chloe also earning bronze in their respective events.

At the WTT Youth Contender Bangkok 2026, siblings Ming Ying and Xing Yao overcame several challenging matches to win Under-19 Mixed Doubles silver, while Chloe and alumnus Ellsworth Le took joint bronze. Chloe and Ming Ying then earned Under-19 Girls' Doubles silver at the WTT Youth Star Contender Bangkok 2026.

At the WTT Feeder Ulaanbaatar 2026 during the June holidays, Ze Yi and Ellsworth won their first senior WTT Men's Doubles title together, defeating their German opponents 3–0 in the final of their partnership debut.

Meanwhile, the junior paddlers showcased their skills at the 8th Singapore Junior & Hopes Tournament during the June holidays, claiming 2 gold, 4 silver and 7 bronze medals.

In September, Secondary 1 student-athlete Gu Xintian finished 3rd at the Euro Mini Champions in Strasbourg.



Chevelle See
Photo Credit: Singapore Table Tennis Association



STTA-Toa Payoh West-Thomson CSN Youth Table Tennis Championships



Dr Ng Eng Hen Cup – STTA Championships

Local Experience Wins

Our paddlers won 45 medals — 14 gold, 14 silver and 17 bronze — across four local competitions. Highlights were a Sports School 1–2–3 Mixed Doubles finish at the National 'B' Division Championships, all four Under-15 and Under-19 singles titles at the STTA Age Group Championships, and six singles titles across the Dr Ng Eng Hen Cup – STTA Championships and STTA-Toa Payoh West-Thomson CSN Youth Table Tennis Championships.

Exchanging Skills and Cultures

From 17 to 22 August, the Table Tennis Academy and Badminton Academy student-athletes travelled to Japan for the annual Kochi Prefectural Board of Education exchange programme. Established in 2017, the partnership enabled them to train and spar with Japanese counterparts, play friendly matches, and experience a different sporting environment. Cultural activities, sightseeing, archery and interactions with local students also fostered international friendships and new perspectives on and off the court.



Sports Exchange in Kochi, Japan

Nurturing Champions for Sports

Final-year post-secondary student-athletes Koh Junhao, Matthew Ellis and Jayden Tan have enrolled in a Level 1 coaching course to use their passion and experience to nurture the next generation of paddlers. As they prepare to graduate next year, they hope to give back to the sport as coaches.

Rallying Towards Greater Heights

From national championships to the WTT international circuit, 2026 was defined by progress, perseverance and memorable milestones, as well as learning beyond competition. With every rally, comeback and hard-fought point, our paddlers showed that success rests on talent, discipline, courage and the will to keep pushing forward.

Galloping Beyond Limits, Igniting Excellence

Track and Field Academy Report


National School Games


Jess Lim Yan Xuan


Mohammed Thamir Khairan
Mohammed Faduli

In 2026, our student-athletes embraced the courage, resilience and relentless energy of the Fire Horse, striving for personal bests while growing as champions in sport, for sports and in life.

Season Highlights

National School Games 2026

Written by
Jess Lim Yan Xuan, Secondary 1

My first National School Games was an experience I will always remember. Competing in the 100m, long jump and relays, I felt both nervous and excited, especially before the 100m final at the National Stadium. Seeing my teammates cheering from the stands gave me confidence to trust my training and give my best. Finishing on the podium taught me that perseverance, self-belief and reaching my own goals matter more than any result.

Together, Team Sports School won 26 medals, including 8 gold medals, while our Mixed 4x100m Relay Open team also raced to victory at the 86th Singapore Open Track & Field Championships 2026. It was a season of personal bests, teamwork and unforgettable moments.

National School Games Cross Country Championships 2026

Written by
Naema Kyrana Abdullah, Secondary 5

Cross-country running took us far beyond the familiar track. Uneven ground, slopes and longer distances tested our endurance, adaptability and determination. Despite the challenges, every runner kept going and completed the race. Stepping outside our comfort zones showed us that courage is not only about racing fast, but also about persevering to the finish.





Singapore Athletics Age Group Championships 2026

The Track and Field Academy delivered an outstanding performance, capturing 54 medals – 20 gold, 16 silver and 18 bronze medals. Shannon Tan and Neo En Yu completed sprint doubles, while Muhammad Reza won 2 gold medals and qualified for the 18th SEA U18 Athletics Championships 2026. Arabella Betty Belcher, Samuel Lee, Keagan Lim and Jayden Ng also struck gold in the combined events. Keagan, Jayden and alumnus Lucas Fun helped Sports School make history by winning decathlon titles across the Under-18, Under-20 and Open categories.


Jayden Ng, Lucas Fun and Keagan Lim


Thailand Sports School Games

27th Thailand Sports School Games 2026, Nakhon Sawan

Written by
Chlista Low Yi Xuan, Secondary 1

My first overseas competition pushed me beyond my comfort zone. Competing in pentathlon and pole vault on the same day was demanding, but it helped me grow in confidence and resilience.
I returned with 2 medals and 4 personal bests, along with memorable moments shared with my teammates. Together, our 35 student-athletes brought home 15 medals and 2 championship records. The Under-16 Boys placed 3rd overall and the Under-16 Girls finished 4th among 26 sports schools. I am grateful to my coaches, teammates and family for making the Thailand Sports School Games an experience I will always remember.

On the Regional Stage

Written by
Jess Lim Yan Xuan, Secondary 1

Watching my seniors take on regional competitions showed me how courage, hard work and determination can travel far beyond home. In Malaysia, Veroy Chua earned 400m hurdles bronze and a personal best at the FTAA Junior Allcomers, while Abdul Raqib Abdul Razak produced a huge personal best for 110m hurdles bronze at the FTAA Junior Athletics Championships. Raqib then joined Ashley Seah Jia En, Neo En Yu and Muhammed Aaryan Shah Azhar for another bronze in the Mixed 4x400m Relay.


FTAA U16 Athletics Championships: Neha Sundar, Aura Ramadhania, Elia Owen and Coach Siti Fatima

Our younger trackers also rose at the FTAA U16 Athletics Championships. Neha Sundar won 100m silver, Aura Ramadhania Muhammad Nizar claimed 200m silver and 100m bronze, and Elia Owen added 400m silver.

At the Selangor Junior Athletics Championships, Emir Muhammad Rashid won 200m gold and Veroy secured another 400m hurdles bronze. The momentum continued at the Philippines Athletics Championships, where Emir finally broke 11 seconds with a 10.99s personal best for 100m bronze, before adding 200m silver with a season best. Veroy earned 400m hurdles bronze there, then followed it with silver at the Indonesia U18 Open Athletics Championships in Jakarta.

Seeing my teammates go beyond their limits, break barriers, and reach the podium inspired me to dream bigger and trust the process behind every breakthrough.

Galloping Beyond Limits, Serving Beyond Self

At the Track and Field Academy, excellence is measured not only by performance on the track, but also by the positive impact our student-athletes make in the community. Through meaningful Values in Action (VIA) experiences, our student-athletes learnt to lead, serve and contribute beyond sport.

NWCDC Kids' Athletics Challenge

Written by
Mohammed Thamir Khairan
Mohammed Faduli, Secondary 4

As part of our Values in Action journey, our student-athletes hosted students from North View Primary School for a fun-filled Kids' Athletics Challenge. Through games, relays and athletic activities, we helped the younger students build confidence, teamwork and communication skills. In turn, our student-athletes discovered that leadership and small acts of service can inspire others and create lasting memories through sport.


NWCDC Kids' Athletics Challenge

"Kayak N Klean" @ Sungei Simpang

Written by
Kyra-Mae Bianca Selvam, Secondary 2



As the capstone of their Kayaking 1-Star certification, our student-athletes put their paddling skills into action at Sungei Simpang, Sembawang. Working together, they kayaked along the waterway and collected litter and debris from the water and mangroves. The experience combined adventure with environmental stewardship, reminding our student-athletes that excellence also means caring for the world around them.

SDSC Haw Par National Youth Para Athletics Championships

Written by
Arabella Betty Belcher, Secondary 1

My Track and Field teammates and I worked behind the scenes to help the championships run smoothly, from preparing and distributing refreshments to supporting activities around the track. By serving at the event, we helped give young athletes with disabilities the opportunity to compete, but we received just as much in return. Their drive, determination and grit inspired me to look beyond physical challenges and focus on what is possible. I learnt that perseverance matters most when we keep giving our best.

Buckets of Growth and Exposure

National Basketball Programme Report

Written by Elessa Angel Emily, Secondary 4 and Firdaus Nur Rasyidi Nor Anuar, Diploma in Business Studies, Year 1

In 2026, the National Basketball Programme, developed in collaboration with the Basketball Association of Singapore and the High Performance Sport Institute, was well underway. As part of the programme, Sports School manages the National Youth Development Programme (NYDP) and the National Team 3x3 programme.

As the inaugural NYDP cohort, we have had many opportunities to grow through regular on-court training, strength and conditioning, feedback and assessment, competitions and overseas exposure. Throughout the year, we tested ourselves against different levels of opposition and experienced both 5-on-5 and 3x3 basketball. From representing Singapore at regional competitions to competing against older and more experienced players overseas, each experience challenged us in different ways and helped us raise our game.

Buckets and Bonds

The FIBA U18 Asia Cup Southeast Asia Basketball Association (SEABA) Qualifiers were among the major highlights of the year for both the boys' and girls' teams, giving us the opportunity to represent Singapore and test ourselves against the region's best.

In preparation for the Qualifiers, the boys had the opportunity to travel overseas and compete against different levels of opposition. In China, we played against university teams whose players were much older and more experienced than us. Competing against stronger and more physical opponents challenged us to adapt and play with greater confidence and intensity.



SEABA U18 Women Qualifiers 2026
Photo Credit: Yangraphs

The experience in China became an important part of our preparation for SEABA. Playing against university-level opponents exposed us to a higher standard of competition and helped us identify areas that we needed to improve before the tournament.

We also made several trips to Malaysia to compete against local teams. Each game helped us understand one another's playing styles, communicate more effectively and strengthen our chemistry on and off the court. Together with the China trip, these physically demanding experiences played an important role in preparing us for SEABA and brought us closer as a team.

While the boys' team did not reach the podium, we gave our best in every game and showed that we could compete with strong teams in the region. One of our closest games came against Thailand, where we lost by just four points to a team that eventually reached the final. While the result was not what we had hoped for, the experience showed us what competing at the international level demanded and motivated us to keep improving.

The tournament was also a highlight for the girls' team. Battling against tough teams pushed us to stay focused and support one another on the court. We finished 3rd-place in the tournament, but more importantly, the experience brought us closer together and gave us memories that we will look back on for years to come.

Our first game ended in a loss against Indonesia, but we quickly regrouped and focused on our next game against hosts, the Philippines. Despite another loss, we learnt that we had to be more physical and, most importantly, play our game. Instead of adjusting to how our opponents played, we had to trust the work put in and believe in one another.

Our next two games, against Vietnam and Thailand, showed the girls' team's true strength and togetherness. The game against Vietnam was especially intense, and we secured a narrow one-point victory by trusting one another and continuing to play as a unit. After that win, we were ready for Thailand, whom we defeated by 30 points. That game showed what we were capable of when we played confidently and without hesitation.

Looking back, the journey towards and through the FIBA U18 Asia Cup SEABA Qualifiers moulded us into better teammates and better people. The tournaments were not just about the games or the results, they were also about the trust, friendships and memories built along the way.

Buckets of Experiences

The Malaysia Under-20 D-League brought a different challenge, as most of our players were 19 years old or younger. Competing against older and more experienced players pushed us beyond our comfort zones and challenged us to adapt to a faster and more physical level of basketball.

Throughout the competition, we continued to compete hard and support one another as a team. For Firdaus Nur Rasyidi Nor Anuar, one of the proudest moments was receiving the Top Rebounder award for the Under-20 tournament. Competing against older players made the achievement even more meaningful. The experience reinforced the importance of effort, positioning and determination, regardless of the age or size of the opponent.

Our experiences extended beyond 5-on-5 basketball. On the 3x3 front, Firdaus had the opportunity to compete in Japan's 3x3 EXE Premier League alongside the Singapore men's 3x3 team. Many of us also trained regularly with the senior national 3x3 teams, giving us the opportunity to test ourselves against some of the nation's best players.

Elessa Angel Emily, Samuel Yang Lecong and Fred Leow Yu Chao also represented Singapore as part of the Singapore Schools Sports team at the 3rd Asian School 3x3 Basketball Championship in China, competing against youths from Bangladesh, Brunei, China, Malaysia, Nepal and Thailand. The experience gave them the opportunity to play alongside talented athletes from other schools and test themselves against teams from across Asia.

The SEABA U17 3x3 tournament in Batam was another experience that challenged us both on and off the court. With four boys and four girls representing Singapore, we had the opportunity to compete against teams from across the region and experience a different level of competition.

At the tournament, the boys' team, which included Fred and Jaden, fought hard to finish in 3rd-place, while the girls' team, with Emily, placed 4th. Although the girls finished just short of the podium, the tournament gave us more than our final standings. Every game taught us something about communication, adapting to our opponents and staying composed under pressure. Fred and Jaden also represented Singapore at the Youth Olympic Games.

Playing 3x3 also pushed us to rely on one another and make quick decisions as a team. Most importantly, the tournament showed us areas where we could continue to grow. We returned from Batam motivated to train harder, work on our weaknesses and come back stronger in future competitions.



Jaden Ng Hong Rui



Elessa Angel Emily



Firdaus Nur Rasyidi Nor Anuar



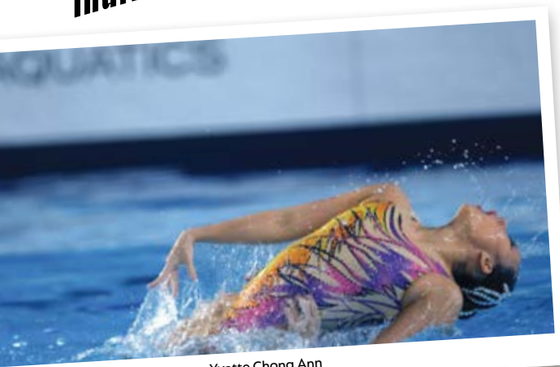
2nd SEABA U17 3x3 Championship 2026

Buckets of Hope

Looking back, 2026 was a year of new experiences, challenges and growth. Competing internationally and facing older, more experienced players pushed us to improve as basketballers. More importantly, we learnt that growth is measured not only by results, but also by how we respond to setbacks, support one another and carry each lesson into the next challenge. As the inaugural NYDP cohort, we are proud of what we achieved together and look forward to building on these experiences in the years ahead.

Rising to the Challenge

Individual Programme Report



Yvette Chong Ann

Artistic Swimming

Written by
Yvette Chong Ann,
Diploma in Business, Year 2

Looking back at 2026, it feels crazy to think about how much has happened in just one year. From travelling to Spain, China, Canada and France, to competing overseas and representing Singapore, this year has been filled with experiences that I never thought I would have.

Other than achieving new personal bests, one of the biggest highlights was getting the chance to work with overseas experts and choreographers from some of the world's best artistic swimming countries, including Spain, Greece and Japan. Being able to learn from people with so much experience pushed me out of my comfort zone and showed me that there is always something new to learn.

My coach also planned extra classes in acting, dance and trampoline to help me improve in the water. At first, they were just another part of training, but along the way, I realised how much they helped me become more confident, expressive and comfortable with myself. We were also supported by nutritionists and sports psychologists, who taught us how to take care of ourselves, manage the challenges that come with being an athlete and become better not just in sport, but in life. Of course, it wasn't all easy. There were plenty of exhausting days, frustrating moments and times when I wondered if I was doing enough. Balancing school, training, travelling and everything in between definitely tested me, but somehow, I always found a reason to keep going.

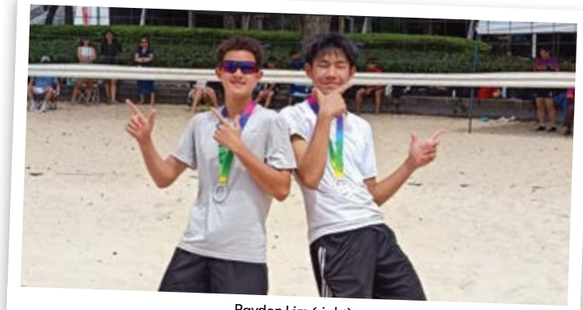
When I think about this year, I realise that the moments I'm most proud of aren't necessarily the ones people see. They're the early mornings, late nights, little improvements, mistakes I learned from and the days I showed up even when I didn't feel like it.

And even though this year has already given me so many memories, the journey is not over yet. There is still so much more I want to achieve. I will keep working hard, pushing myself and giving everything I have to represent Singapore and make the people who have supported me proud.

More than anything, 2026 has taught me that growth is not always about winning or achieving something big. Sometimes, it is simply about becoming a stronger, more confident version of yourself and being proud of how far you have come.

I am grateful for every person, place, challenge and memory that made this year what it was.

If there is one thing that I want to take with me into the next chapter, it is this: Keep dreaming. Keep pushing. And never be afraid to see just how far you can go.



Raydon Lim (right)

Beach Volleyball

Written by
Raydon Lim, Secondary 3

I represented the school in two beach volleyball competitions – the U16 Beach Volleyball Tournament and the U19 Pesta Sukan Beach Volleyball Tournament. Both events were meaningful opportunities to test myself against strong opponents and contribute to the team's performance. I was proud to help secure second-place finishes in both tournaments, and I was especially honoured to receive the Best Server award in the U16 tournament.

Canoeing

Written by
Lim Kai Jing, IBDP, Year 5

This year, I participated in the Senior Asian Canoe Championship in Hefei, China. I took part in the K4 500m, together with the senior women athletes on the national team.

It was very nerve-wracking for me, as I was given the spot in the boat at the very last minute. This was the first time I had entered such a large-scale competition. Moreover, the results for this competition would determine if we could get a spot for the Asian Games. Expectations were high, and there was pressure to do well.

Before the race, I was tense and jittery. I was not fully confident that I could execute the race well. To do well in a team event, it was vital to be in sync. Racing alongside more experienced teammates, I feared that I would not be able to keep up and would hold them back. However, after some positive self-talk, I regained my composure. We raced to the best of our abilities and managed to secure 7th place in the final. Although it was not the result we wanted, we still qualified for the Asian Games.

The Asian Games itself was an amazing experience. I had the opportunity to compete against Asia's best and learnt many lessons in the process.

Training with my teammates, both at the overseas training camp and locally, helped me deepen my understanding and hone my skills. They pushed me to close the gap between us, building my resilience and belief in myself. They showed me what it means to be professional and are true role models to me. Despite the tough and intense training, I learnt to manage my time and sort out my priorities. Juggling twice-daily training and school has been no easy feat, but with support from school staff and my coaches, I have learnt to manage my time better. I now face stress more maturely, refusing to let it overcome me.

Although I was not satisfied with my race timings, the competition taught me the importance of perseverance and staying composed in demanding environments.

Another significant challenge came when my coach unexpectedly left. I had to adapt and continue to train with greater discipline and independence. Despite the uncertainty, I continued to push myself and make progress, demonstrating the determination and discipline that define my journey as an athlete.

Through every race, training session and obstacle, 2026 reminded me that growth is not measured only by medals or timings, but also by the ability to overcome adversity and setbacks, take responsibility for my own development and keep moving forward.

Written by
Qin Yue, IBDP, Year 5

2026 was a year of challenges, growth and unforgettable experiences in my canoeing journey. One of the highlights of the year was representing Singapore at the Asian Junior Canoe Sprint Championships in Kazakhstan, where I competed in the U18 MC1 500m and 1000m events. Facing fierce international competition, dry conditions and strong winds, the experience tested my resilience and ability to adapt under pressure.



Qin Yue and Lim Kai Jing



From left: Ilyasaq Lee Rossdi, Tara Alayna Weilin Muhammad Khalid, Mikha Zuhayr Norman and Muhammad Aryan Shukry

Cycling

Written by
Tara Alayna Weilin Muhammad Khalid, IBDP, Year 5

2026 was a year of firsts, fierce competition and new milestones for us. Racing on home soil and taking on some of the region's toughest tracks gave us valuable international experience and helped us grow together as a team.

The season began in Bangkok at the Thailand BMX National Championships, where Azel Mohamed Zuraidi and Muhammad Aryan Shukry got the year off to a strong start, finishing 7th and 8th respectively against regional competition. I also took home a bronze in the Women's Junior category at the ASEAN BMX Racing Cup.

The team then ventured to Banyuwangi, Indonesia, for our first UCI C1 BMX Supercross event. Racing on one of the world's longest BMX tracks tested our endurance, adaptability and resilience. After two demanding days of competition, Ilyasaq Lee Rossdi secured 3rd in Boys' 13–14 on Day 1, while Mikha Zuhayr Norman and I both finished 4th in our respective categories. I returned stronger on Day 2, climbing to a 2nd-place finish.

Back home, the Singapore BMX National Championships held special significance as our first competition on home soil. Mikha, Ilyasaq and I rose to the occasion, securing National Champion titles in Men's Elite, Boys' 13–14 and Women's Junior respectively.

Aryan also delivered a strong performance, finishing 5th in Boys' 13–14 and taking 3rd in the Cruiser class.

The BMX season culminated at the Asian Continental Championships (ACC), held alongside the Malaysia BMX International Race in Negeri Sembilan. Against some of Asia's strongest riders, the team once again stepped up. Ilyasaq clinched 2nd-place, while Aryan finished 12th at the ACC.

Mikha battled to 11th in the Men's Under-23 event, while I capped off my season with a 4th-place finish in Women's Junior.

Beyond the BMX track, Valencia Tan was making her mark on the velodrome. She struck gold at the Korea Track Cup in both the Omnium and Madison, before continuing her winning form with another Omnium gold at the Asia Track Cup. Her consistency and performances earned her the opportunity to represent Singapore at the 2026 Commonwealth Games in Glasgow and the Asian Games in Japan.



Alisha Mia Shafana Azman

Football (Girls)

Written by
Alisha Mia Shafana Azman, Secondary 2

This year, our Secondary 2 student-athletes in the National Development Centre (NDC) travelled to Bangkok and stormed to a fantastic 10–0 win over Phranakon FC Women. Our Secondary 3 student-athletes showed great resilience at the Srikandi Merdeka Cup — despite some tough matches, they beat Indonesia 2–0.

A special mention goes to Verona Lim, who helped Team Singapore secure 2nd-place at the Lion City Cup 2026. Verona and Putri Alyssa Rianna also represented Singapore at the AFC U17 Asian Cup. We have also competed in several local tournaments such as the Singapore Youth League, JSSL Singapore National Youth League, Singapore Cricket Club's Soccer 7s 2026 and T&T Salvage Mariners' Club Tournament.



From left: Denise Ng Wan Xuan, Chloe Ng Ker Ee and Anjanette Tan Le Xuan

Golf

Written by
Anjanette Tan Le Xuan, Secondary 3

Our golfers enjoyed a strong season, recording notable results across local and international competitions.

Chen Xingtong had a memorable year as she made her Asian Games debut, where the team performed well among Asia's best. She finished 9th at the US Girls' Junior Golf Championship and tied for 7th at the Taiwan Ladies Amateur Golf Championship. She also booked her third straight spot at the HSBC Women's World Championship.

I claimed the 2nd SICC Junior Invitational Golf Championship, the Singapore Island Country Club Junior Invitational Overall Girls' title and the National School Games Girls' 'B' Division title. I also finished 3rd in the Under-15 Division of the AJGA International Pathway Series Vietnam 2026 and the Singapore National Amateur Championship, and 6th at the HSBC Women's World Championship Local Qualifier.

Chloe Ng Ker Ee won the RSGC Junior Invitational, National Ranking Games and National School Games Girls' 'A' Division title, and finished 7th at the Faldo Series Asia Grand Finals. She also came in 2nd in the 'A' Division of the HSBC Youth Golf Challenge.

Denise Ng Wan Xuan won the HSBC Youth Golf Challenge Girls' 'A' Division and helped secure the National School Games Girls' Team title.

Passion Hsu Le Ting was crowned Overall Champion in the 'A' Girls category at the FCG World Singapore Qualifier and also won the Junior Golf Series Indonesia Elite Junior International Championship. She also finished 5th at the HSBC Women's World Championship Local Qualifier.

Every competition this year has taught us something new about our game. We hope to keep improving, enjoy the journey and reach new milestones in 2027.



Alfonso Tan

Gymnastics

Written by
Evangeline Ng Hui En, Secondary 3
Mirabelle Yet Yu Chelle, IBDP, Year 5

Artistic Gymnastics

2026 has been a significant year of achievements for our Artistic Gymnastics student-athletes.

Amanda Yap Ee-Lin, Abdul Barr Abdulattif, Alfonso Tan, Asher Pua and Jovi Loh Jia Le represented Singapore at Major Games such as the Commonwealth Games and Asian Games.

Amanda Yap made history by becoming the first Singaporean gymnast to clinch 2nd-place in the balance beam event at the Commonwealth Games, adding another major achievement to her growing list of accolades. Amanda, who also received the Sportsgirl of the Year award this year, gained valuable experience competing in individual and team events at the Asian Games.

At the Commonwealth Games, Jovi qualified in 15th-place for the Men's Individual All-Around finals but had to withdraw from the finals due to injury. Meanwhile, the men's team comprising Abdul Barr, Asher, and Jovi placed top 10 in the competition.

At the Asian Artistic Gymnastics Championships held in China this year, Jovi finished 16th in the Individual All-Around, and Singapore's senior team secured a spot for the Asian Games. Alfonso had the opportunity to join the Men's Artistic Team representing Singapore at the Asian Games. The team reached the final of the competition.

Locally, Amanda, Alfonso, Asher, Izen Lim, Jovi, Mitchell Teo, Nathanael Pek, Xavier Pang, and Zara Law clinched podium finishes at the annual Singapore National Championship 2026. 'C' Division artistic gymnast Mitchell also did well to claim 1st in Floor and Vault at the National School Games.



Soumya Wong Yi Xuan

Rhythmic Gymnastics

At the 17th Singapore Gymnastics National Championships 2026, Thea Chew placed 3rd in the Individual All-Around, while Leia Yap came in 2nd in Hoop and 3rd in Ball in the senior category. In the pre-junior category, Soumya Wong clinched the title in the Individual All-Around and Leanne Chi came in 3rd in Ball.

The National School Games was also a good opportunity for 'C' Division to test their skills. Ashlynn Koh placed 3rd in Hoop and Ribbon, while Leanne Chi won the Ball event and finished 2nd in the All-Around and Clubs.

On the international stage, Thea represented Singapore at the 2026 FIG Rhythmic Gymnastics World Cups at Tashkent, Uzbekistan and Milan, Italy in the senior individual rhythmic gymnastics (RGI) category. Soumya later won the All-Around title at the L'Écrin Cup and came in 2nd in Clubs and Ribbon. Evangeline Ng and Thea also secured 5 gold medals each in a competition in Xi'an.

Cleo Chew, Tina Liew and Mirabelle Yet are part of Singapore's newly formed rhythmic gymnastics group (RGG). Through hard work and determination, the team managed to qualify and participate in the 2026 Asian Championships in Bishkek, Kyrgyzstan, competing against other Asian nations at the continental level. Their success also secured qualification for the 20th Asian Games in Aichi-Nagoya, Japan, marking another significant milestone for Singapore gymnastics.



Aidan Kai Koh Hartman

Trampoline Gymnastics

Aidan Kai Koh Hartman has had an outstanding season this year. Aidan has consistently showcased his skill and determination — culminating in a gold-medal finish in the Individual All-Around events in the National School Games, Singapore Gymnastics National Championships and Singapore Gymnastics Open Championship. Aidan has also qualified for the 32nd Trampoline Gymnastics World Age Group competition in November 2026.



Andrea Fernandez Rachmadi

Floorball

Written by
Andrea Fernandez Rachmadi,
IBDP, Year 5

Post-secondary student-athletes Nurdyana Aliah Mohammad Bakhtiar, Cheryl Rachmadi, Jazzy Tan, Ng En Ling and I were part of the Singapore squad that competed at the World U19 Qualifiers, where the team earned a commendable 3rd-place finish. We then went on to represent Singapore at the U19 World Championships, finishing 15th in the world.

There were also strong individual performances, with Cheryl placing in the top 10 at the 3v3 World Championships, while Aliah and I reached the top eight at the Czech Open, losing only to the eventual champions. Competing against strong international opponents, we were proud to contribute to the national squad's solid performances on the world stage.

Ice Skating

Written by
Loh Geok Qin, Diploma in Business Studies, Year 1

It has been a packed year for me, as I participated in competitions and training camps held across Asia. I won gold in both 1500m and 1000m categories in the South East Asia Short Track Speed Skating Trophy as well as a silver in the 500m category. From 27 July to 2 August, I took part in the International Short Track Training Camp in Bangkok, Thailand. It was an amazing experience. I trained alongside experienced skaters and world-class coaches from around the world, which helped me improve my technical skills significantly.

From 17 to 20 August, I competed in my third Asia Open Trophy, held in Dehradun, India. It was an incredible experience, racing against many fast and experienced skaters. Thereafter, I won gold in the Junior A category at the Australia National Championships.



Loh Geok Qin

Lawn Bowls

Written by
Jonathan Ho Yi En, Diploma in Business Studies, Year 2

My sporting journey this year has brought me to many places. While there were many disappointments, there were many more highlights that pushed me forward in my sporting journey.

At the national competition, I was able to clinch 1st-place in the National Pairs Championships in May 2026. On the international stage, I gained valuable experience and tasted success as well! I managed to finish 6th in the Mahsuri Cup 2026 in Langkawi, and snagged a 4th-place at Merdeka Lawn Bowls in Johor.

It may not have been my best year, but what matters most is that I can steadily see my progress. Each competition is a step closer to overcoming my past self — and I am determined to strive for greater heights.

Ju-Jitsu

Written by
Audrey Fan Rui Zi, Secondary 3

At the Asian Youth Championships in Kazakhstan, I was proud to win silver in U16 Fighting. Caleb Liao Yongde also showed great resilience, overcoming a fractured collarbone to claim bronze in Under-16 Fighting category. I also had the opportunity to compete at the Kejohanan Sukan Tempur Wanita 2026 in Kuala Lumpur, where I was delighted to win gold in the Under-48kg (15–17) Cadets category.

Sofia Anabel Rivas then made her debut at the 2026 JJIF World Championships, where she secured bronze in the Under-21 Jiu-Jitsu category before finishing 10th in the adults category. She went on to represent Singapore at the Asian Games.

Our medal-winning performances continued at the 2026 JJIF World Championships Youth. Caleb clinched silver and Aidan Tan claimed bronze in Under-16 events, while I took bronze in Under-16 No-Gi. Christine Punyanut Sae Chu also earned bronze in the Under-14 Cup. Mendel Tan and Muhammad Hyder Mohammad Noorisham also tested themselves against strong international competition.

Closer to home, we performed well at the Singapore Ju-Jitsu National Championship 2026. Mendel led the way with 3 gold medals, while Christine and I won 2 gold medals each. Muhammad Hyder added 1 gold and 1 silver to our medal haul.



Audrey Fan Rui Zi and Caleb Liao Yongde



Jonathan Ho Yi En (extreme right)

Pencak Silat

Written by
Miyah Nahilah Ahmad Fahmi, Secondary 2

Our pencak silat exponents delivered an outstanding performance at the 45th National Pencak Silat Championships 2026, bringing home 16 medals – 11 gold, 3 silver and 2 bronze. Secondary 1 student-athlete Putri Zara Herlisya Harrywanto led the medal haul with 3 gold medals and the Pre-Junior Best Athlete award.

We continued to perform well at the 6th National and International Cekak Harimau Malaysia Silat Open Championship 2026 in Pahang, Malaysia, winning 3 gold, 3 silver and 3 bronze medals. Putri Zara, Tuah Iskandar Junaidi Iskandar and I were the gold medallists. I was especially proud to remain unbeaten throughout the competition and received the Best Pre-Junior Athlete Trophy. Mohamed Zafri Naufal, Danial Hariz and Muhammad Naufal won silver, while Sofea Aqilah Adha, Nur Hanifah Qisya and Muhammad Fiqh completed our medal haul with bronze.

At the 5th Southeast Asian Pencak Silat Championship 2026, Rifqah Mursyidah Mistam won gold, while Abdul Raaif Abdul Rashid and Danial Hariz Rizal took bronze, contributing to Team Singapore's 3rd-place finish overall. At the Fifty7K International Silat Champions Cup 2026, Putri Zara Herlisya Harrywanto won all five fights to emerge champion in the Pre-Junior Class D category.



6th National and International Cekak Harimau Malaysia Silat Open Championship 2026

Rowing

Written by
Madison Rachel Defries, Secondary 4

Chasing Sub-Nine

My biggest goal at the start of 2026 was to break nine minutes for the 2,000m on the rowing ergometer. At my first Singapore Rowing Association (SRA) Ergo Assessment in January, I clocked 9:23.6. I improved to 9:06.4 in March, and on 11 April at SRA Assessment #3, I finally did it, finishing in 8:59.0. That was a 24.6-second improvement in just 11 weeks, and it keeps me on track for the Under-17 Women's benchmark of 8:30.

Consistency made the difference. I kept perfect attendance at every scheduled session through April and May, including my heavy exam week, when my coach shifted training to the ergometer and gym so I could fit my revision around my sessions. As the season progressed, my ergometer sessions grew longer and more intense to prepare me for the next targets.

On 14 June 2026, I competed at the Melaka Indoor Rowing Competition (MIRC) 2026, held at Decathlon, Melaka. As there was no Under-17 category, I raced up in the Under-19 Women's 2,000m against athletes up to two years older than me, and I won gold in 9:41.0. My time was also faster than every rower in the Under-16 Women's race.

Training with Malaysia's National Team

Straight after the competition, I spent 15 to 19 June at the National Rowing Centre in Putrajaya, training alongside the Malaysian national team under Head Coach Hafiz. The camp replaced a planned block in Thailand, and it turned out to be an amazing opportunity. With double sessions every day, we worked on accelerating the boat off the start, holding top-end speed at race pace, and improving my catch and the first part of the drive. Seeing how national-level athletes train showed me the standard I am working towards.

Rowing Through the Unexpected

Not everything went to plan this year! In August, a crocodile was reported at Pandan Reservoir, and all on-water activities were cancelled for a week, which is definitely a story I will never forget. The haze from Indonesia also caused air pollution that made training outdoors difficult at times. These moments taught me to stay flexible and keep focused on my goals, even when conditions were out of my control.

Looking Ahead

With sub-nine behind me, my next targets are a sub-8:40 finish at the Rock-the-Boat #2 and National Championships later this year, and the 8:30 Under-17 benchmark by January 2027. I am grateful to Coach Budi, my family and the school for their support, and I cannot wait to see what the rest of the season brings.



John Wong Tze Xiang
Photo Credit: Singapore National Olympic Council/Lim Weixiang

Sailing

Written by
John Wong Tze Xiang, IBDP, Year 6

This year was a rollercoaster. Juggling IBDP with windsurfing can get messy, constantly planning training while keeping up with studies sometimes felt overwhelming. However, being fresh from the SEA Games, I felt more motivated than ever.

What seemed like a setback, not getting the result I wanted, actually turned out to be the best lesson learnt in my life. This year, I faced my competitions a little more light-heartedly. I learnt the importance of just enjoying the sport and remembering why I chose this journey in the first place, instead of fixating on the results and letting them define me. With this, I managed to reach the gold fleet in all my overseas competitions and especially the World Championships. With the support of my coaches and friends, I trusted the process and let all things work out for good. In the end, I managed to qualify for the Asian Games.

Before the Asian Games, I completely threw away the "all-or-nothing mentality". To me, every step, even if it is a baby one, matters. My plan was to give my best and have a whale of a time! I was pleasantly surprised and very relieved when I won a historic bronze medal for Singapore.



Kaelen Evan Low Eu Han

Squash

Written by
Kaelen Evan Low Eu Han, Secondary 1

I enjoyed a remarkable 2026 squash season, making my mark both on the local and international stages. I claimed the Under-13 crown at the Southeast Asian Individual Junior Squash Championships, contributing to Singapore's best results yet at the competition. I continued my winning run by capturing the Dymon Asia Lion City Junior Squash Open Championships in June. I secured silver at the Western Slam 2026 in Mumbai and the Indian Junior Open in Kolkata and clinched the gold medal at the Southern Slam 2026, a Gold-level Super Series event in Chennai. Locally, I claimed the Under-13 Boys' Singles title at the ONCOCARE National Junior Championships and the Spark Education Tanglin Junior Open.

I am proud of how far I have come this year and grateful for the experiences I gained from competing against different opponents. I hope to build on these achievements, and continue improving in 2027!

Sport Climbing

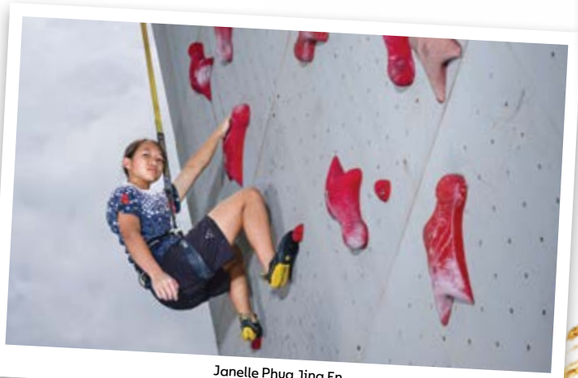
Written by
Kirana Wong, Secondary 1
Janelle Phua Jing En, Secondary 3
Natalie Goh Sihui, Diploma in Business, Year 3

Our climbers this year have reached new heights, demonstrating their passion and commitment to the sport.

Natalie Goh made the boulder semi-finals at Asia Championship in Meishan, China, which secured her a spot for the 2026 Asian Games. She also managed to secure 3rd-place in the Women's Open category at Transend. Despite joining fewer competitions this year, she has spent her time training hard for the Asian Games. "I had a lot of fun at my first Asian Games, competing with Asia's best. I'm happy to be able to focus on my own execution throughout the competition. Topping boulders and celebrating with the crowd were truly an unforgettable experiences," she shared on her debut Asian Games experience.

Janelle Phua made history by becoming the first Singaporean youth to qualify for the Under-17 Women's Speed finals in Arco, Italy. She later set a new Under-17 national record weeks later at the World Climbing Asia Youth Series in Quannan, China, finishing 4th overall and breaking the Under-17 national record twice in the same competition. She also placed in the top 5 at the Asian Youth Championships in Guiyang, China. She made history as she set a new Under-17 national record of 7.588s. She is happy with the progress she has made and will keep training hard.

Kirana Wong won 1st-place at Sendstorm 2026, organised by boulder+ and clinched bronze at Transend 2026. She feels very happy and proud about her win. From that competition, she learnt her weaknesses from the routes she could not do during the competition, and plans to train even harder to work on them.



Janelle Phua Jing En

Taekwondo

Written by
Ethan Liow Yong En, Secondary 3

It has been an eventful year of competition and exposure for our taekwondo student-athletes. I won 2 gold medals in the Junior Male Koryo and Taebaek events at the Tampines West Grand Slam, while Germaine Tan Xin Jie and I clinched gold in the Junior Mixed Pair event at the Chuncheon Korea Open. Germaine also performed strongly at the Kimunyong Cup 2026, where she secured a silver medal in her individual event. The two of us also competed in the Individual and Mixed Pair categories at the 2026 World Taekwondo Poomsae Championships in Chuncheon, Korea. In the Mixed Pair category, the two of us came in 5th in the world, narrowly missing advancing to the semi-finals by 0.08 points.

Locally, Gwen Koh En Qi and Jaeden Shaw Kai Jun won gold at the Grand Slam Youth League. At the Pesta Sukan Taekwondo Championships, Gwen and I won gold, while Jaeden and Germaine took silver. Gwen and I also brought home gold medals from the Singapore Open Taekwondo Championships 2026 (Poomsae), where our peers Germaine, Jaeden, and Kendrix Kam Jing Yang won silver medals. In total, the team earned 3 gold, 3 silver and 1 bronze medal across the Individual, Pair and Team events.

Nichelle Tan also impressed internationally. She won gold in the -57kg category at the Malaysia Pahang Open. In Australia, she reached the President's Cup quarterfinals in the -53kg category, losing only to the No. 2 seed, and also competed in the Round of 16 at the Australia Open.



From left: Germaine Tan Xin Jie, Gwen Koh En Qi, Kendrix Kam Jing Yang, Jaeden Shaw Kai Jun and Ethan Liow Yong En



Faith Perera

Tennis

Written by
Faith Perera, Secondary 1

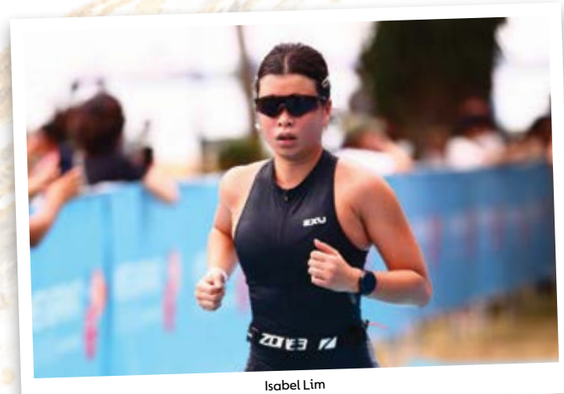
It has been about nine years since I started playing tennis and have played in many tournaments. However, 2026 has been an especially memorable year for me as I joined Sports School in July. I have also achieved some of my best results this year. These include participating in the Billie Jean King Cup, reaching the semi-finals twice for my first ITF tournament, playing in the World Junior Tennis Championships, winning POJC for the Under-14 category, and participating in the Asia/Oceania Teams Championships in Australia. I hope that joining Sports School will give me an additional boost in 2027 and help me achieve even more!

Triathlon

Written by
Lim Cheng Yu, Diploma in Business, Year 3
Isabel Lim, Triathlon, IBDP, Year 6

2026 was a memorable year for Isabel Lim and Lim Cheng Yu, filled with achievements both locally and internationally. Cheng Yu secured a bronze medal in the Aquathlon at the Tam Chuc World Triathlon Cup and was crowned Overall Champion of the MetaSprint Series 2026. Cheng Yu also placed 15th in Asian Beach Games for Singapore.

Isabel proudly represented Singapore at the Tam Chuc Asia Triathlon Cup and achieved two podium finishes in the MetaSprint Series, placing 3rd in the Girls' 16–19 Duathlon and 2nd in the Girls' 16–19 Aquathlon.



Isabel Lim



Jacob Gao Yage

Written by
Jacob Gao Yage, Secondary 3

I first tried triathlon when I was in Secondary 1 in the Multi-Sport Academy. At the beginning, I thought it would be a fun sport to try, but I soon realised that it was not easy. Having to swim, cycle and run in one race was tiring, and I struggled to keep up during training.

As I continued training, I slowly improved and became more confident. Most of my competitions were held in Singapore, but I also got the chance to compete overseas. My first major overseas competition was in Kampar, Malaysia, in 2024. It was a memorable experience because it was my first big competition outside Singapore. I later competed in the Hong Kong Triathlon, which gave me more experience racing overseas.

My most recent major competition was in Xuzhou, China. Every competition has been different, and each one has taught me something new. Some races went well while others were more challenging, but I always learnt from them.

Looking back, I am happy that I decided to try triathlon in Secondary 1. Triathlon has taught me to be more disciplined, hardworking and determined. I hope to continue improving and take part in more competitions in the future.



'C' Division Boys



'B' Division Boys

Water Polo (Boys)

Written by
Zahar Shmelev, IBDP, Year 5

2026 has been a milestone year for many of us in water polo, with new experiences and achievements that we will remember for a long time. For Matthias Goh Zoltin, Justin Saik Kin Yan, Chow Yong Jun and I, it was especially memorable as we had the opportunity to represent Singapore at the Asian Games. We were also part of the national youth squad that represented Singapore at the World Aquatics Men's U18 Championships and the World Cup Division II. Together, we also won gold at the Asian U18 Water Polo Championships and finished 4th at the Asian U19 Championships.

Together with Jon-Wy Chan, Javier Ng, Jaylen Yeo, Merrill Hwang, Ryan Chua and Russell Yuan, our 10-man all-Sports School squad helped Singapore finish 4th at the U19 12th Asian Age Group Championships. More importantly, the result secured Singapore's qualification for the 2027 World Aquatics U20 Water Polo Championships. The team also clinched the Ogaki Cup 2026 title in Japan.

At the World Aquatics Men's U16 Water Polo Championships in Croatia, Ryan Chua, Ethan Tan, Jayven Yeo, Dylan Tay and Russell Yuan proudly represented Singapore against 36 of the world's best teams.

Their efforts helped Singapore finish 18th in the world, an impressive achievement on the global stage.

At the National School Games, five of our student-athletes were part of the combined Sports School–Outram Secondary School team that clinched the 'B' Division Water Polo Championship title. Our all-Sports School 'C' Division boys also delivered a strong campaign, finishing as runners-up.

Looking back, 2026 has given us many moments to be proud of, but it has also shown us how much further we can go. The experiences we gained and the milestones we reached have motivated us to work even harder, grow stronger and push ourselves towards greater achievements in 2027.

Water Polo (Girls)

Written by
Charlene Tio Ji Suan, Diploma in Business Studies, Year 2

Kayla Yeo Ying Xuan, Ricci Ong Zi Rui and I had the honour of making our Asian Games debut with the national women's team this year. We also represented Singapore at the Women's Water Polo World Cup, helping the team finish 15th.

Our girls' team, which included four Sports School players, finished 4th at the Asian U18 Championships. On the local front, Janelle Chua and Freya Kylie Lim Li helped the women's team secure 2nd-place in the Singapore Water Polo League, while Janelle, Ricci, Freya and I were part of the team that won the 61st MILO Cup.

All five of us also contributed to Singapore's commendable 6th-place finish at the 12th Asian Age Group Championships.

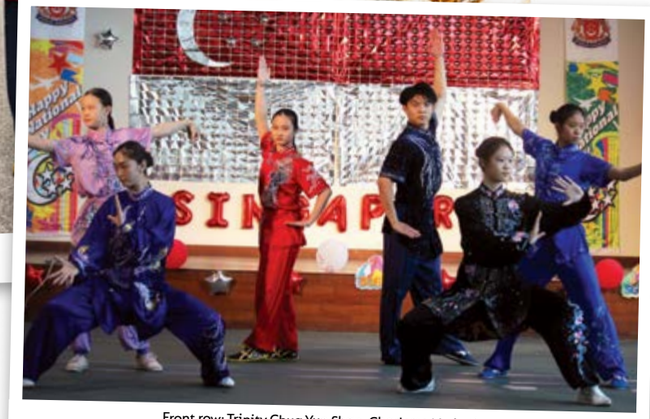
These experiences have given us many moments to be proud of. We hope to build on what we have accomplished this year and continue growing together as players.



Charlene Tio Ji Suan
Photo Credit: SpexSG/Jeremy Lee



Caleb Chan, Chong Qi En, Louis Dharshanan, Reeyern Hadassah Ng and Heba Lutfina Mohammed Jbour



Front row: Trinity Chua Yun Shan, Charlotte Ng Leting
Back row: Tan Hui En, Nessya Koh Li Yun, Chua Xin Yun, Lyvia Phua Le Xuan

Wrestling

Written by
Heba Lutfina Mohammed Jbour,
Diploma in Business, Year 1

2026 was a successful year for our wrestlers as we competed in local, regional, and international championships.

At the WFS National Open & Team Trials, Christine Punyanut Sae-Chu won gold in Under-15 Sport Sambo and silver in Under-15 Freestyle Wrestling. Chong Qi En, Caleb Chan and Ursus Lee also clinched gold, while Louis Dharshanan took silver and Reeyern Hadassah Ng won bronze.

Christine continued her winning form at the Thailand National Wrestling Championships, taking gold in the 42kg category, while Louis earned silver in the 86kg category.

At the Hong Kong International Competition, Louis claimed gold, Caleb and I won silver, while Reeyern and Chong Qi En took bronze. Our wrestlers also gained valuable international exposure at the Asian Junior Sambo Championships in Manila and the Asian U20 Wrestling Championships in Pattaya.

On home ground, the team collected 7 gold and 5 silver medals at the Pesta Sukan Wrestling Championships, with Reeyern, McClaren Ravin, Ursus, Christine and myself among the gold medallists.

Overall, 2026 showcased the team's growth, determination, and commitment to representing Singapore.

Wushu

Written by
Nessya Koh Li Yun, IBDP, Year 5

Our wushu exponents performed strongly throughout 2026, making their mark on both local and international stages.

At the National School Games, Chua Xin Yun claimed 1st-place in International Sword and International Spear, and placed 2nd in International Changquan in the 'A' Division. 'C' Division exponent Tan Hui En also impressed with 1st-place finishes in International Broadsword and International Cudgel, and 2nd in International Changquan. Returning from injury, Nessya Koh made a strong comeback, winning gold in International Broadsword and silver in International Cudgel in the 'A' Division.

On the international stage, Chua Xin Yun continued his strong form, winning gold at the Oceania Invitational Championships in Brisbane alongside alumnus Chia Kai Ming, while Zoe Tan brought home gold and silver. At the 4th World Taolu Cup in Hainan, Kassandra Ong Xue Ling clinched gold and bronze, while alumni Zeanne Law and Jowen Lim each won silver.

CHAMPIONS FOR SPORTS, CHAMPIONS IN LIFE

CHOW YONG JUN

Water Polo, Diploma in Business Studies
Recipient of Moo Soon Chong Outstanding Student-Athlete of the Year (Secondary)
Represented Singapore at the 20th Asian Games



A Celebration of Excellence

22nd Awards Night & Sports Achievers Awards Ceremony



From left: Ms Teoh Zsin Woon (Permanent Secretary, Ministry of Culture, Community and Youth and Chairman of Board of Directors), Esther Tan, Nur Irdina Hazly, Loy Ming Ying, Izaac Quek Yong, Minister David Neo (Guest-of-Honour), Chow Yong Jun, Simon Lee Renjie, Artyom Lukasevits, and Mr Ong Kim Soon (Principal, Singapore Sports School).

The Auditorium came alive on 11 February 2026 as student-athletes, staff, partners and guests gathered for the 22nd Awards Night. Dressed in formal attire, the Sports School community came together to celebrate the achievements of 2025 and honour individuals who exemplified excellence in sport, academics and character.

The event was graced by Mr David Neo, then Acting Minister for Culture, Community and Youth and Senior Minister of State for Education, as Guest-of-Honour. The evening also featured the announcement of a new partnership with Temasek Polytechnic to offer joint diploma programmes, further strengthening educational pathways for student-athletes.

A highlight of the night was the presentation of the prestigious Moo Soon Chong Outstanding Student-Athlete of the Year award. In the secondary category, the award was presented to table tennis player Loy Ming Ying and water polo player Chow Yong Jun. In the post-secondary category, the recipients were fencer Juliet Heng Jie Min and paddler Izaac Quek Yong.

The four award recipients distinguished themselves through outstanding sporting achievements, strong academic performance and exemplary character. All have represented Singapore on the international stage, including the 33rd SEA Games in Thailand in December 2025.

A total of 32 past and present student-athletes also received the Outstanding Sports Achievement Award for winning a gold medal at the 2025 SEA Games and medalling at the World Championships. Accomplished alumni such as swimmer Amanda Lim, paddler Clarence Chew, artistic swimmer Debbie Soh and sprint star Veronica Shanti Pereira returned to receive their award and celebrate alongside the Sports School community.

The Annabel Pennefather Excellence Award, presented to outstanding female graduates, was awarded to fencer Esther Tan and bowler Nur Irdina Hazly. The award honours the legacy of sports leader Annabel Pennefather and is supported by the International Women's Forum Singapore Education Grant, managed by the Community Foundation of Singapore.

The Tan Howe Liang Excellence Award, named after Singapore's first Olympic medallist, was presented to open water swimmer Artyom Lukasevits and fencer Simon Lee Renjie who graduated in 2025, in recognition of their sporting achievements.

Beyond achievements in sport, 10 student-athletes were recognised for academic excellence, while 14 received the MOE Edusave Character Award for demonstrating exemplary values and character.

Another 141 student-athletes were recognised for their sporting achievements at the Sports Achievers Awards Ceremony on 2 February 2026.

The celebrations recognised the dedication, perseverance and achievements of student-athletes who continue to raise the bar in sport, academics and character, embodying the values and aspirations of Sports School.



Veronica Shanti Pereira



Chow Yong Jun, Loy Ming Ying, and Izaac Quek Yong

Award Recipients

Moo Soon Chong Outstanding Student-Athlete of the Year (Secondary)
Loy Ming Ying, Table Tennis
Chow Yong Jun, Water Polo

Moo Soon Chong Outstanding Student-Athlete of the Year (Post-Secondary)
Juliet Heng Jie Min, Fencing
Izaac Quek Yong, Table Tennis

Annabel Pennefather Excellence Award
Nur Irdina Hazly, Bowling
Esther Tan, Fencing

Tan Howe Liang Excellence Award
Simon Lee Renjie, Fencing
Artyom Lukasevits, Open Water Swimming

Outstanding Sports Achievement Award

Charmaine Chang Yu Qian, Bowling
Daphne Tan Shi Jing, Bowling
New Hui Fen, Bowling
Juliet Heng Jie Min, Fencing
Esther Tan, Fencing
Filzah Hidayah Nor Anuar, Fencing
Azfar Luqman Ong, Fencing
Bron Sheum Han Shen, Fencing
Si To Jian Tong, Fencing
Simon Lee Renjie, Fencing
Amita Berthier, Fencing
Cheung Kemei, Fencing
Adele Tan Qian Xiu, Shooting
Martina Lindsay Amos, Shooting
Amanda Lim Xiang Qi, Swimming
Julia Yeo Shu Ning, Swimming
Clarence Chew Zhe Yu, Table Tennis
Ellsworth Le, Table Tennis
Koen Pang Yew En, Table Tennis
Izaac Quek Yong, Table Tennis
Veronica Shanti Pereira, Track and Field
Yvette Chong Ann,
Individual Programme – Artistic Swimming
Debbie Soh Li Fei,
Individual Programme – Artistic Swimming
Avvir Tham Pac Lun,
Individual Programme – Diving
Chow Yong Jun,
Individual Programme – Water Polo
Justin Saik Kin Yan,
Individual Programme – Water Polo
Matthias Goh Zoltin,
Individual Programme – Water Polo
Derek Chan Wen Kai,
Individual Programme – Water Polo
Goh Wen Zhe,
Individual Programme – Water Polo
Jowen Lim Si Wei,
Individual Programme – Wushu
Kassandra Ong Xue Ling,
Individual Programme – Wushu
Zeanne Law Zhi Ning,
Individual Programme – Wushu

Outstanding Academic Awards

GCE O-Levels
Kayla Por Ke Xin, Fencing
Michael Jinwei Minuzzo, Football
Yam Yu En, Swimming

GCE N-Levels
Loh Ying Fang, Track and Field
Nuraqyra Shazrynn Abdul Karim,
Track and Field



Michael Jinwei Minuzzo



Nuraqyra Shazrynn Abdul Karim

International Baccalaureate Diploma Programme
Stefanie Lee Feiyi, Badminton
Clarissa Lee Qian Ying, Table Tennis
Reina Lau, Track and Field
Victoria Chua Si Yu, Track and Field
Janelle Yeo Run En,
Individual Programme – Artistic Swimming


Stefanie Lee Feiyi


Javier Ng

MOE Edusave Character Awards

Stefanie Lee Feiyi, Badminton
Kayla Por Ke Xin, Fencing
Meredith Chow Ern Xi, Netball
Ayden Seah Z-We, Shooting
Rayfield Tay Yu Hong, Shooting
Clarissa Lee Qian Ying, Table Tennis
Sie Lay Yin, Table Tennis
Victoria Chua Si Yu, Track and Field
Janelle Yeo Run En,
Individual Programme – Artistic Swimming
Gwen Koh En Qi,
Individual Programme – Taekwondo
Reyes Loh Shao En,
Individual Programme – Triathlon
Clarissa Tio Ji San,
Individual Programme – Water Polo
Javier Ng,
Individual Programme – Water Polo
Nessya Koh Li Yun,
Individual Programme – Wushu

Sports Achiever Award (Secondary)

Blairdimir Herbert, Badminton
Chara Loo Kit Rei, Badminton
Ashton Auw Sen Hon, Fencing
Hannah Isabella Muhammed Hafiz, Fencing
Hannah Sofea Hairul Sahril, Fencing
Isabelle Lee Ern Swan, Fencing
Kai Seah Rajentheran, Fencing
Kaiser Chan, Fencing
Kitson Kok Zi Cheng, Fencing
Mohamad Adam Mohamad Aidil, Fencing
Naufal Noh Aqasha Mohamad Nizam,
Fencing
Sarah Koh Ya Qi, Fencing
Soliano Cameron Alexander Tan, Fencing
Sophie Dayana Tunstall, Fencing
Thaddaeus Ted Lee, Fencing
Valarie Kok Jing Xuan, Fencing
Aaryan Azraqi Hermi, Football
Erdy Thaqib Mohammad Taha, Football
Haziq Anaqi Mohamad Amirudin, Football
Muhammad Darwisy Fitri Johari, Football
Angelina Tay Shi Ying, Netball
Lim Zi Yan, Netball
Ong Shi Han, Netball
Bernice Lim Xuanyi, Shooting
Freya Kylie Lim Li, Shooting
Han Kay Xu, Shooting
Huang Jiabao, Shooting
Lim Hong Rui, Shooting
Quek Gek Ling, Shooting
Casey Chua Yu Tong, Swimming
Ian James Kwek, Swimming
Joy Neo Ning Suan, Swimming
Julia Yeo Shu Ning, Swimming
Benjamin Lau Yi Yuan, Table Tennis
Benaiah Seah Shih Luck, Table Tennis
Isaiah Raphael Loh Yi Xi, Table Tennis
Janelle Chiang Rui En, Table Tennis
Loy Ming Ying, Table Tennis
Tristen Yee Rui Bing, Table Tennis
Zane Ong Hong Yuan, Table Tennis
Shannon Tan Ying Tong, Track and Field
Veroy Chua Jia Hao, Track and Field
Ilyasaq Lee Rossdi,
Individual Programme – Cycling
Andrea Fernandez Rachmadi,
Individual Programme – Floorball
Lamasan Chantale Rose Koh,
Individual Programme – Football
Seri Nurinsyirah Indra Saharen,
Individual Programme – Girls' Football
Anjanette Tan Le Xuan,
Individual Programme – Golf
Aiken Tang Bing Heng,
Individual Programme – Gymnastics
Ashlynn Koh Xin Ying,
Individual Programme – Gymnastics
Evangeline Ng Hui En,
Individual Programme – Gymnastics
Jonah Loh Jia Jie,
Individual Programme – Gymnastics
Liew Xin Yu,
Individual Programme – Gymnastics
Mirabelle Yet Yu Chelle,
Individual Programme – Gymnastics
Nathanael Pek Sek Kai,
Individual Programme – Gymnastics
Thea Chew,
Individual Programme – Gymnastics
Xavier Pang Sheng Wei,
Individual Programme – Gymnastics
Caleb Liao Yongde,
Individual Programme – Ju Jitsu
Danial Hariz Rizal,
Individual Programme – Pencak Silat
Ilhan Dani Muhammad Zaki,
Individual Programme – Pencak Silat
Muhammad Aniq Farish Roslan,
Individual Programme – Pencak Silat
Muhammad Feeqry Muhammad Faizal,
Individual Programme – Pencak Silat
Muhammad Fiqh Firdaus,
Individual Programme – Pencak Silat
Muhammad Yuri Armani Mohd Sufian,
Individual Programme – Pencak Silat
Nur Hanifah Qisya Mohammad Hanis,
Individual Programme – Pencak Silat
Sofea Aqilah Adha Mohamad Afith,
Individual Programme – Pencak Silat
Loh Geok Qin,
Individual Programme – Skating
Janelle Phua Jing En,
Individual Programme – Sport Climbing
Ethan Liow Yong En,
Individual Programme – Taekwondo
Gwen Koh En Qi,
Individual Programme – Taekwondo
Chow Yong Jun,
Individual Programme – Water Polo
Clarissa Tio Ji San,
Individual Programme – Water Polo
Dylan Tay Jun Ming,
Individual Programme – Water Polo
Ethan Tan Zi Jun,
Individual Programme – Water Polo
Javier Ng,
Individual Programme – Water Polo
Nathan Yeu Ren Jie,
Individual Programme – Water Polo
Rhys Vaswani,
Individual Programme – Water Polo
Ryan Chua,
Individual Programme – Water Polo
Heba Lutfina Mohammed Jbour,
Individual Programme – Wrestling

Sports Achiever Award (Post-Secondary)

Andrea Jacqui Tay, Badminton
Megan Lee Xinyi, Badminton
Colleen Pee, Bowling
Hazel Tan Wei Ning, Bowling
Lim Shi En, Bowling
Nur Irdina Hazly, Bowling
Azfar Luqman Ong, Fencing
Esther Tan, Fencing
Jae Lim Jia En, Fencing
Jaida Quah Hao Xun, Fencing
Josiah Wei Kai Liang, Fencing
Juliet Heng Jie Min, Fencing
Natallie Chan Yin Xin, Fencing
Si To Jian Tong, Fencing
Simon Lee Renjie, Fencing
Sunny Tia Yang Guang, Football
Angelina Haney McKevin Lawrence,
Netball
Faithmaria Ifeoma McKevin Lawrence,
Netball
Grania Koh Yan Zhen, Netball
Hannah Thomas, Netball
Wong Lok Yiu, Netball
Lee Zhe Kai, Shooting
Artyom Lukasevits, Swimming
Chloe Lai Neng Huen, Table Tennis
Izaac Quek Yong, Table Tennis
Loy Xing Yao, Table Tennis
Nicholas Tan, Table Tennis
Ser Lin Qian, Table Tennis
Laavinia Jaiganth, Track and Field
Caitlyn Anne Tan,
Individual Programme – Artistic Swimming
Rae-Anne Ong,
Individual Programme – Artistic Swimming
Yvette Chong Ann,
Individual Programme – Artistic Swimming
Ang Hui Ying,
Individual Programme – Beach Volleyball
Mikha Zuhayr Norman,
Individual Programme – Cycling
Tara Alayna Weilin Muhammad Khalid,
Individual Programme – Cycling
Valencia Tan,
Individual Programme – Cycling
Max Lee Shen Oon,
Individual Programme – Diving
Cheryl Fernandez Rachmadi,
Individual Programme – Floorball
Chen Xingtong,
Individual Programme – Golf
Abdul Barr Abdulattif,
Individual Programme – Gymnastics
Asher Pua,
Individual Programme – Gymnastics
Jovi Loh Jia Le,
Individual Programme – Gymnastics
Aniq 'Asri Yazid,
Individual Programme – Pencak Silat
Nadhrah Sahrin,
Individual Programme – Pencak Silat
Elkan Reshawn Oh,
Individual Programme – Sailing
John Wong Tze Xiang,
Individual Programme – Sailing
Natalie Goh Sihui,
Individual Programme – Sport Climbing
Nichelle Tan Ying Xuan,
Individual Programme – Taekwondo
Lim Cheng Yu,
Individual Programme – Triathlon
Reyes Loh Shao En,
Individual Programme – Triathlon
Charlene Tio Ji Suan,
Individual Programme – Water Polo
Chan Jon-Wy,
Individual Programme – Water Polo
Justin Saik Kin Yan,
Individual Programme – Water Polo
Loh Yu Xuan,
Individual Programme – Water Polo
Matthias Goh Zoltin,
Individual Programme – Water Polo
Aryan Azman,
Individual Programme – Wrestling
Marren McClaren Ravin,
Individual Programme – Wrestling
Ursus Lee Yan Ze,
Individual Programme – Wrestling
Charlotte Ng Leting,
Individual Programme – Wushu
Chua Xin Yun,
Individual Programme – Wushu
Kassandra Ong Xue Ling,
Individual Programme – Wushu
Lyvia Phua Le Xuan,
Individual Programme – Wushu
Trinity Chua Yun Shan,
Individual Programme – Wushu



Sports Achiever Awards Ceremony

100% Passes, 200% Dedication

Major Examinations





International Baccalaureate Diploma Programme

On 18 December 2025, the 28 IBDP graduates from the Class of 2025 achieved a 100% pass rate, with more than half scoring at least 38 points out of 45 points. Their results reflected their ability to balance academic rigour with high-level sport, as 19 graduates had represented Singapore in National Youth Squads or National Teams during their time at Sports School. Among them, sailor Elkan Reshawn Oh, fencer Esther Tan, bowler Nur Irdina Hazly, and aquathlete Reyes Loh sat for the examinations in November before representing Singapore at the SEA Games in December. For Elkan and Esther, the extended three-year pathway gave them the time and support to manage their sporting pursuits while continuing to excel academically, with both scoring above 40 points.

GCE N-Levels

Also on 18 December 2025, 12 student-athletes received their 2025 GCE N-Level results, achieving a 100% pass rate across both the Normal (Academic) and Normal (Technical) subjects. Among them were national youth pencak silat exponents Maisarah Sahrin and Ilhan Dani Muhammad Zaki. Maisarah, a gold medallist at the 2025 Pesta Sukan and silver medallist at the 2025 National Pencak Silat Championship, attributed her academic success to strong support she received, as well as the discipline and time management skills developed through sport.

GCE O-Levels

On 14 January 2026, eight student-athletes received their 2025 GCE O-Level results, achieving a 100% pass rate. Fencer Kayla Por credited sport for instilling the discipline that supported her academic success, while water polo player Clarissa Tio highlighted the importance of time management needed to balance school, training and competitions.





120 Student-Athletes Earn Their Graduation Wings

Graduation Ceremony 2026







120 student-athletes marked another milestone in their education journey as they graduated from the Secondary and International Baccalaureate Diploma Programme (IBDP) pathways. Joined by family members and loved ones, the graduates celebrated their years of dedication alongside Guest-of-Honour Ms Sophie Gollifer, a radio presenter and Sports School alumna.

Valedictorians Cari-Anne Ong and Reeyern Hadassah Ng represented the IBDP and Secondary cohorts respectively and reminisced their journey and achievements during their time in the school. Outstanding student-athletes also received Character and Academic Awards in recognition of their contributions and achievements beyond sport.

Some secondary graduates will continue their journey through Sports School's through-train pathway, while others will pursue new interests and opportunities. The occasion celebrated their growth and the support of those who helped them reach this milestone.





"My journey at Sports School has shown me that I'm capable of more than I once believed. Through Council, I gained the confidence to speak publicly, lead others and put myself out there. Just as importantly, my fencing teammates and IBDP classmates gave me a community that understood and supported me through difficult matches, demanding training and examinations. Their encouragement helped me keep going. I'll leave knowing that growth comes from setting small milestones, embracing opportunities and surrounding yourself with people who believe in you."

Cari-Anne Ong, Valedictorian (IBDP)



"I came to Sports School hoping to do well in my studies, improve as an athlete and make new friends, but my journey became about so much more. Changing sports taught me to adapt, while leadership opportunities helped me become more confident and willing to step forward. My parents, teachers and friends supported me when things felt overwhelming and believed in me when I doubted myself. I'm leaving with the courage to try unfamiliar things, knowing that even if I fail, I can pick myself up and try again."

Reeyern Hadassah Ng, Valedictorian (Secondary)









Game On, Dream On!

Polytechnic Graduation 2026

In May 2026, 38 student-athletes graduated with business diplomas from Ngee Ann Polytechnic and Republic Polytechnic, proving that academic goals and sporting excellence can go hand in hand.

For more than three years, these student-athletes balanced high performance training schedules and competitions with rigorous studies. Standout achievers include bowler Jayan Kuay, who earned a Diploma with Merit along with multiple top academic prizes, and cyclist Valencia Tan, a *spex*Potential and *spex*Education Undergraduate Scholarship recipient who clinched a silver medal at her maiden SEA Games in 2025. In addition, Laavinia Jaiganth broke a 50-year-old Under-20 national record, while Aniq 'Asri was crowned a World Champion in Pencak Silat. Aryan Azman and Zoe Tan also won medals at the SEA Games during their time at Sports School, while several others represented Singapore at Major Games and international competitions. Despite their sporting commitments, nearly 70 per cent achieved a Grade Point Average of 3.0 or higher.

Their achievements were made possible by the athlete-friendly pathways backed by a strong support system. Through flexible schedules and steadfast belief, student-athletes were able to compete at the highest level while balancing studies. The journey equipped our graduates with the structure, flexibility, and resilience needed to excel in both their sports and future careers.

Diploma in Business Studies (SSP-NP)

Diploma with Merit
Jayan Kuay
Lee Wee Nam Silver Medal & Prize (For second most outstanding performance)
Trans Eurokars (Mazda) Prize (For most outstanding academic performance in the Entrepreneurship Management Option)
Janissa Tan Wei Ting

Diploma in Business Studies
Andrea Jacqui Tay
Edsel Poh
Elyza Melinda Mak
Felicia Leong Yong Mei
Huang Weijun
Laavinia Jaiganth
Lucas Tan Wei Feng
Nadine Fateha Zuraimy
Wong Xuan Yi
Zoe Tan Ziyi

Diploma in Business (SSP-RP)
Adrian Osman
Aniq 'Asri Mohammad Yazid
Aryan Azman
Chia Kai Ming
David Mok Pingwei
Elijah Tan
Eugene Kek Jia Jian
Faithe Odelia De Souza
Hadirul Harraz Abdul Rahim
Ilham Iskandar Iskandar
Irvyn Tan Sheng Kang
Josh Goh
Kegan Phang Jun
Leroy Lock
Lim Jia Min
Loh Yu Xuan
Jernise Moh Jing Wen
Joshua Gaza Soo Chak Kuen
Muhammad Fakhrurazi Noh
Muhammad Iman Zainudin
Nadhrah Sahrin
Pagiel Sng Yie Ken
Sage Tan
Sheik Fayz Sheik Alau'Ddin
Sophia Ho Jin Wen
Valencia Tan

"I chose to embark on the post-secondary programme with Singapore Sports School and Ngee Ann Polytechnic because I wanted to continue pursuing high performance sport while receiving a strong academic foundation. Hearing from seniors about the robust support system gave me confidence that I would be able to balance both commitments effectively."

Jayan Kuay
Bowling, Diploma in Business Studies with Merit (SSP-NP)
Lee Wee Nam Silver Medal & Prize, Trans Eurokars (Mazda) Prize

"I would not be where I am today without the support I received from the Singapore Sports School. Looking back, joining Sports School was truly one of the best decisions I have made. The support, funding, and belief they placed in me have shaped me into a completely different person and athlete from who I was three years ago. These past three years have been incredibly significant in my sporting journey, and the lessons and experiences I gained will stay with me wherever I go."

Valencia Tan
Individual Programme – Cycling, Diploma in Business (SSP-RP)
Recipient of *spex*Education Undergraduate Scholarship
2025 SEA Games Silver Medallist

"The support from the school is something I would never find outside Sports School, and it played an important role in helping me to balance my studies and further pursue my sports. Having encouraging coaches, understanding lecturers and mentors, supportive friends and family gave me the strength to keep going and to give my best in everything I do. My lecturers are always willing to give us time to catch up with schoolwork and specially make time out of their busy schedules to help us stay on track despite being away from school. This support helped me to focus on competing overseas without worrying about falling behind in school. Knowing that the school has my back made me feel at ease."

Janissa Tan
Netball, Diploma in Business Studies with Merit (SSP-NP)

School Events and Activities









Secondary 1 Orientation Programme
4 to 9 January 2026

Over five action-packed days, our incoming Secondary 1 student-athletes immersed themselves in the Sports School experience. Guided by the theme 'Rise as One', they forged new friendships, embraced challenges and created lasting memories through a series of activities organised by the Student Council. The experience culminated in a symbolic initiation run and oath-taking ceremony, marking the beginning of their Sports School journey.









Start Right Programme
5 to 9 January 2026

The school year began with the Start Right Programme, helping student-athletes transition smoothly into school life through bonding activities, learning journeys and inspiring talks. The programme fostered meaningful relationships, positive routines and essential life skills, setting the foundation for a purposeful and successful year ahead.

Kiss92FM's Assembly Sessions
7 January and 9 February 2026

Kiss92FM DJs visited Sports School twice to engage student-athletes through lively assembly sessions. Using interactive sharing and activities, they reinforced the importance of being creative and fair, and saying no to drugs.





Anti-Bullying Week
26 to 30 January 2026

Anti-Bullying Week encouraged student-athletes to be upstanders and speak up against bullying. Through assemblies, mismatched socks and carabiner displays, the school community promoted diversity, inclusion, cyber kindness and support.







Total Defence Day
15 February 2026

As part of the school's Total Defence exercise, student-athletes and staff experienced a simulated power disruption, adapting lessons without electricity or digital devices. The exercise highlighted the importance of resilience, adaptability and teamwork, reinforcing that when challenges arise, we must stay steady and continue learning together.















Chinese New Year Celebrations
16 February 2026

Anchored on 'Galloping into Peace', our Chinese New Year celebrations brought student-athletes together to explore Chinese traditions, history and values. Student-athletes put up an energetic lion dance performance and an engaging skit, while a Kahoot quiz and a special appearance by the God of Fortune added to the festive cheer.

Poly Games
13 March 2026

Our student-athletes from the Polytechnic Programmes came together at Poly Games 2026, building friendships and team spirit through frisbee, basketball and e-gaming. The day was filled with energy, laughter and camaraderie, setting the tone for their journey ahead.







Open House
28 March 2026

More than 2,400 visitors attended our Open House to discover what it takes to pursue sporting and academic aspirations. Families experienced sharing sessions, hands-on sports activities and a glimpse into the School's unique environment.



























Mother Tongue Fortnight
30 March to 8 April 2026

During Mother Tongue Fortnight, student-athletes immersed themselves in their cultural heritage through hands-on experiences in art, language, music and storytelling. From ink painting and Jawi calligraphy to Parai drumming and glass painting, the activities fostered curiosity, creativity and a deeper appreciation of their roots.

Hari Raya Celebrations
6 April 2026

Hari Raya Aidilfitri was celebrated through a heartfelt student-led assembly, with a skit reflecting on the experiences of Ramadan and balancing faith, school and training. The programme ended with an Angklung performance by student-athletes.







Public Service Career Talk
17 April 2026

At the Public Service Career Talk, post-secondary student-athletes gained insights into careers in sport through sharing by Mr Low Jia Ren and Ms Pearline Chan. The session highlighted how sport can extend beyond competition, offering meaningful opportunities to serve others and contribute to Singapore's sporting future.

Earth Day
20 April 2026

Earth Day highlighted how everyday choices can support sustainability. Student-athletes championed the importance of reducing, reusing and recycling during assembly. Lower secondary student-athletes also explored hydroponic and soil-based farming through the Eco-Farming Applied Learning Programme, gaining hands-on experience in sustainable practices.







Kindness Week
4 to 8 May 2026

Kindness Week 2026 promoted inclusivity and cyber kindness through a student-led assembly, CCE activities, a school-wide Kindness Bingo challenge and care packs for boarders preparing for assessments.

Dialogue with Minister David Neo
18 May 2026

At a dialogue with Mr David Neo, Minister for Culture, Community and Youth and Senior Minister of State for Education, post-secondary student-athletes explored future aspirations, careers and national issues. Through candid discussions, he encouraged student-athletes to embrace artificial intelligence, stay adaptable and entrepreneurial, and continue striving for excellence both in sport and in life.





Pre-University Seminar
2 to 5 June 2026

Ten post-secondary student-athletes participated in the Pre-University Seminar 2026 at NUS, joining 550 students from 30 institutions. Under the theme 'WE: With Everyone', they explored Singapore's future, developed solutions to key issues and gained a deeper appreciation of their role in nation-building.





World Cup Screening
20 July 2026

Close to 300 student-athletes, parents and staff gathered at 3am for a special screening of the 2026 FIFA World Cup Final. The Student Council led the initiative and organised half-time games, while the Sporting Parents Network provided food and refreshments. Special arrangements were made for school to start later at 10am that day.

Youth Day
9 July 2026

Youth Day was celebrated under the theme 'Unleash Your Spark', with each level bringing a different star to life. Secondary 1 student-athletes dressed as Internet Stars, Secondary 2 as Anime Stars, Secondary 3 as Pop Stars, Secondary 4 and 5 as Movie Stars, and IBDP as Disney Stars. Staff celebrated Everyday Stars, with student performances and best-dressed prizes adding to the fun.







Racial Harmony Day
20 July 2026

Racial Harmony Day was commemorated through a lively musical skit presented by the Singapore Kindness Movement. The celebration brought student-athletes and staff together to reflect on Singapore's multicultural identity and the importance of respect, empathy and social cohesion.



National Day
7 August 2026

National Day was celebrated with Woodlands Gardens School (WGS) for the fourth time. After a morning of games and interaction with WGS students, student-athletes and WGS students enjoyed performances, a sing-along and a special appearance by Clement Chow, better known as the Singapore Boy, who performed *Count on Me, Singapore*.







National Day Parade
9 August 2026

Twenty-eight student-athletes had an unforgettable experience at the National Day Parade, joining fellow Team Singapore athletes on stage as Singapore marked its 61st birthday.







Education and Career Guidance Webinars
13 August 2026

Upper secondary and post-secondary student-athletes explored education and career pathways through webinars covering business, medicine, technology, sports science, engineering, wealth management and law. The sessions provided valuable industry insights to support informed decisions about future education and career aspirations.











Level Resilience Camps
31 August to 25 September 2026

Student-athletes from Secondary 1, 2 and 3 attended local Resilience Camps at Outward Bound Singapore, while 30 Secondary 3 student-athletes ventured further for an Overseas Student Leaders Camp in Bintan. Through these outdoor experiences, they stepped out of their comfort zones, built resilience and strengthened teamwork.

Staff Day
3 September 2026

Staff Day was celebrated in true kampung spirit, with student-athletes showing their appreciation through heartfelt skits and videos dedicated to coaches, teachers, boarding mentors and corporate staff. Tokens were also presented to our unsung heroes, while quizzes and basketball friendlies brought staff and student-athletes together for a fun-filled celebration.











Games Experience Programme
29 September to 2 October 2026

Six student-athletes took part in the Games Experience Programme, travelling to Aichi-Nagoya during the 20th Asian Games and gaining a behind-the-scenes look at what it takes to deliver a major international sporting event. Through workshops, venue visits and interactions with sports industry leaders, they learnt about event management, marketing and sponsorship, sustainability and the legacy of Major Games. The experience also opened their eyes to the many career opportunities in sport beyond competing as athletes.



Well-Being Week
5 October 2026

Well-Being Week encouraged student-athletes and staff to pause, recharge and care for their mental, emotional and physical well-being. The programme reinforced the importance of balance, peer support and healthy routines as part of the Sports School journey.











Past vs Present Games
30 October 2026

The annual Past vs Present Games brings alumni and current student-athletes together for a day of friendly competition. This year, participants went head-to-head in sports such as badminton, bowling, football, netball, shooting and table tennis, creating opportunities for alumni and current student-athletes to interact and share their love of sport.









Deepavali Celebrations
5 November 2026

The Festival of Lights was celebrated with student-athletes and staff learning about the significance and traditions of the festival. The celebration featured the symbolic lighting of a lamp and cultural dance performances. Participants then joined in and learnt some simple dance moves.







Post-Exam Activities
2 to 12 November 2026

After the year-end examinations, student-athletes wound down with a series of arts, cultural and outdoor activities. They learnt to play the cajón and ukulele and tried their hand at tote bag screen printing. Secondary 1 student-athletes learnt about upcycling packaging waste, while Secondary 2 student-athletes learnt to play tongue drums. The Secondary 3 and 4 student-athletes headed out to the Singapore River and Gardens by the Bay respectively.



Cajón Drumming



Learning the Ukulele



Tote Bag Screen Printing



Playing the Tongue Drum



Learning the Kalimba

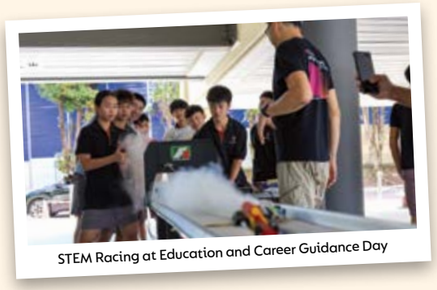


Paper Sculpting



Hike It @ Singapore River

Student-athletes also had the opportunity to try a variety of sports through the Multi-Sport Experience programme and enjoyed some friendly competition during the Inter-Class Games and Resilience Games. They explored different career pathways during Education and Career Guidance Day before wrapping up the year with "an awards ceremony" recognising top-performing student-athletes.



STEM Racing at Education and Career Guidance Day

Inter-Class Games





Multi-Sport Experience

















Secondary 1 Buddy Programme

The Secondary 1 Buddy Programme helps new student-athletes transition smoothly into Sports School life. Through four sessions held across the year, Secondary 1 student-athletes connect with their buddies, build friendships, gain support and develop a stronger sense of belonging within the community.







Charting Pathways

University and Scholarship Fair

Written by Neo Kai Qi, Netball, IBDP, Year 5









Held on 10 July 2026, the University and Scholarship Fair engaged post-secondary student-athletes from Singapore Sports School, carded student-athletes from other institutions, and parents, providing them with invaluable information to help student-athletes take the next step in their educational journey.

The fair featured booths from six local autonomous universities (AUs), nine overseas universities from the UK and Australia, and representatives from the Ministry of Education, Ministry of Defence, Ministry of Home Affairs, Singapore-Industry Scholarship and French Embassy. The interactive booths helped answer student-athletes' specific questions, allowing them to explore various options and make informed decisions about their future.

There was also a panel discussion with the six local AUs, allowing student-athletes and parents to gain deep insights into each AU's initiatives to support high performance student-athletes in balancing their educational and sporting commitments.

Personally, the fair gave me greater clarity about the different educational pathways available. Learning about the scholarships offered and the support systems provided by universities for high performance student-athletes reassured me that it is possible to pursue both my academic and sporting goals.

Forward with Fortitude

Student Leaders' Investiture Ceremony

Written by Meredith Chow Ern Xi
Netball, IBDP, Year 5



From left: Cari-Anne Ong (President of 22nd Student Council), Mr Matthew Goh (Guest-of-Honour) and Meredith Chow Ern Xi (President of 23rd Student Council)









The Student Leaders Investiture on 25 May 2026 was a meaningful milestone for the 133 student-athletes inducted as student leaders. Our Guest-of-Honour was alumnus Mr Matthew Goh, the third President of the Student Council, who had once stood where we were, reminding us of the responsibility and impact that come with leadership. With the theme *'Forward with Fortitude'*, the ceremony highlighted that leadership is not just about holding a position, but about having the courage and resilience to step forward and serve others.

As we welcomed the 23rd Student Council, we also took a moment to recognise the dedication of our outgoing 22nd Student Council and graduating student leaders. Seeing their journey come to a close made me reflect on the responsibility we now have to carry their legacy forward. The passing of the flame and our student leaders' pledge symbolised this transition, reminding us that leadership is a journey that continues beyond any single cohort. Leading all the student leaders through the pledge really reiterated that leadership is a journey we take together, and that the challenges ahead are opportunities for us to give our all.

To me, the investiture was not just a ceremony, but a reminder of why we choose to lead. To those who hope to become student leaders in the future, I encourage you to take that first step. Leadership comes with challenges, but it is also an opportunity to grow, serve, and make a meaningful difference to the people around you.

"To my fellow student leaders, this investiture is not just a milestone, it is a starting point. Let us lead with courage, serve with heart, and continue to move forward—together, with fortitude."

Meredith Chow Ern Xi
President of the 23rd Student Council

23rd Student Council Executive Committee

President
Meredith Chow Ern Xi, Netball, IBDP, Year 5

Vice-President
Ethan Tan Zi Jun, Individual Programme – Water Polo, Secondary 4
Ong Shi Han, Netball, IBDP, Year 5

Head, Boarding Captain
Ng Yu Xuan, Netball, Secondary 4

Deputy Head, Boarding Captain
Keagan Lim Hao Wen, Track and Field, Secondary 3
Mohamed Darien Rizqin Mohamed Firdaus @ Tianracha, Football, Secondary 3

Head, Sports Captain
Sophie Tan Ying Er, Netball, IBDP, Year 5

Deputy Head, Sports Captain
Isabelle Lee Ern Swan, Fencing, IBDP, Year 5
Megan Chng Shu Ting, Track and Field, Secondary 4

EXCO, Student Councillor
Caleb Chan, Individual Programme – Wrestling, Secondary 3
Chara Loo Kit Rei, Badminton, Secondary 3
Chong Qi En, Individual Programme – Wrestling, Secondary 3
Javier Ng, Water Polo, IBDP, Year 5
Joseph Kwok Wen Xin, Track and Field, Secondary 4
Nessya Koh Li Yun, Individual Programme – Wushu, IBDP, Year 5
Reeyern Ng, Individual Programme – Wrestling, Secondary 4
Valarie Kok Jing Xuan, Fencing, Secondary 4

Making a Difference Through Textile Upcycling









Applied Learning Programme – Secondary 1

Written by Laura Chan, Fencing, Secondary 1

The Applied Learning Programme (ALP) at Singapore Sports School gives Secondary 1 student-athletes opportunities to learn through authentic, hands-on experiences. It seeks to develop skills and values such as creativity, teamwork, communication, resilience, empathy and student agency, while encouraging us to apply our learning to real-world issues.

One of the most meaningful parts of my Secondary 1 ALP in 2026 was learning how textile upcycling could be used to make a difference in the community.

Our journey began with donated clothes collected through a school donation drive. Instead of throwing them away, we processed the clothes into yarn. This helped me understand the problem of textile waste and showed me that unwanted materials can be given a new purpose.

During the Design Thinking Workshop, staff from Woodlands Gardens School (WGS) helped us understand their students' interests and needs. We then worked in groups to design and create suitable gifts for the WGS students. Through yarn workshops, we learnt practical techniques that helped us turn our ideas into actual products.

Working with my group was not always easy. We had to communicate with classmates whom we did not know well and learn to listen to one another's ideas. I remember one session when most of my group members, including our leader, were absent. Only one teammate and I were present. Instead of giving up, we discussed what we could complete and worked on the smaller parts first. This experience taught me resilience, teamwork and the importance of taking initiative.

The most rewarding moment was knowing that our gifts would be given to WGS students during the National Day celebrations. It made me realise that something created from old clothing could bring happiness to another person.

This experience also inspired my friends and me to start a Values in Action project. We made flowers using textile upcycling techniques to raise funds for WGS. Through ALP, I learnt that young people can use creativity, teamwork and determination to care for the environment while contributing meaningfully to the community.

Ideas That Matter







Applied Learning Programme – Secondary 2

Written by Nur Arisha Adrianna, Multi-Sport, Secondary 2

When I first started the Secondary 2 ALP, I expected it to be mainly about learning how to use technology and completing projects. I soon discovered that it was about much more.

Throughout the year, we explored various modules such as programming with Micro:Bit, 3D Printing and Design, Artificial Intelligence (AI) through the AI Hackathon, Repair@School and Makey-Makey. Although each experience involved different uses of technology, they taught us something in common: how to approach problems creatively yet purposefully.

Learning Through Design

One important part of our ALP experience was learning to use the Design Thinking process. The process involves five phases: empathising, defining, ideating, prototyping and testing.

I especially enjoyed ideating and prototyping because we could come up with many different possibilities before choosing an idea to bring to life.

Testing was equally important. Sometimes, an idea looked great on paper but did not work the way we expected when we actually built it. That taught me something important: your first solution does not have to be your final solution.

Turning Ideas Into Solutions

During 3D Printing and Design, we learnt about designing with inclusivity in mind. I designed a sensory keychain for my friends at WGS. I had to think beyond what a typical keychain looked like. I started considering what my intended users could touch and feel, and how these senses could influence my design. This made me realise that good design is not simply about creating something that looks attractive. We have to understand the needs of the people we are designing for and create something meaningful for them.

During the AI Hackathon, my group prototyped an AI solution that could help student-athletes organise their schedules and manage their time more effectively. Through this experience, I learnt that AI can make suggestions and help us plan, but it cannot completely understand how a student-athlete is feeling, such as how tired we might be on a particular day. We still need to make the final decision ourselves.

With Makey-Makey, my partner and I explored a different problem related to athletes' hand-eye coordination. We experimented with possible solutions and eventually prototyped a cardboard piano that could connect to Makey-Makey. It was fascinating to discover that simple materials such as cardboard, wires and aluminium foil could become part of an interactive digital artefact.

Repair@School was probably the most memorable for me because I got to do so much hands-on work with my friends. We learnt how to diagnose and repair a fan instead of immediately throwing it away. I discovered that something that appears to be broken may actually have a small problem that can be fixed. It made me think differently about repairing and reusing things instead of simply discarding them.

Those moments of trying, troubleshooting and eventually finding a solution also created some unforgettable memories with my friends.

Valuable Lessons Learnt

The ALP taught me much more than how to use different technologies. It taught me to think creatively, work with others, understand a problem before jumping to a solution, and keep trying when something does not work.

To me, making ideas that matter means not only bringing our ideas to life, but also turning them into something useful that can solve problems, create meaning and make an impact on others.

Boarding Activities





Boarding Start Right Programme (BSRP) 2026

5 to 8 January 2026

The Boarding Start Right Programme was successfully conducted during the first week of boarding for all Secondary 1 and mid-streamer student-athletes. Spanning four engaging evenings, the programme equipped new boarders with the essential knowledge and life skills needed to thrive in the boarding community.

Through interactive and informative sessions, student-athletes learnt about boarding safety, rules and expectations, self-management, healthy daily routines, personal hygiene, peer relationships, self-care, available support systems, and the importance of nutrition and responsible dining. BSRP 2026 provided a strong foundation for new student-athletes to embrace boarding life with confidence, responsibility and a positive boarding culture.



Boarding Fire Drill & Evacuation Exercise 2026

12 January 2026

Boarding conducted its annual Fire Drill and Evacuation Exercise to familiarise both new and returning boarders with emergency and evacuation procedures. The exercise ensured that all boarders, including guests and residents, were aware of the evacuation routes, assembly area, and expectations during an emergency.

By practising the evacuation process, staff refreshed their understanding of their roles and responsibilities, reinforcing the importance of staying calm, prepared, and working together to ensure everyone's safety in an actual emergency.





Kindness Week

6 May 2026

In support of the school's Kindness Week, Boarding organised initiatives to promote kindness, inclusivity, and care within the boarding community. Led by our Boarding Captains, and guided by Boarding Mentors, student leaders distributed care packs, such as snacks and keychains, to fellow boarders.

This year, boarders were encouraged to bring their own reusable bags to collect their care packs, reinforcing the importance of environmental sustainability by reducing the use of single-use paper bags. To further spread kindness, boarders also took part in the 12 Acts of Kindness Challenge, with tokens of appreciation presented in recognition of their efforts. The initiative served as a meaningful reminder that small acts of kindness can make a lasting impact on both people and the boarding community.











UNPLUGGED @ Boarding (Semester 1, 2026)

18 to 25 May 2026

Following a demanding semester of balancing academics and sports, Boarding introduced UNPLUGGED, a refreshed name for the former Post Exams/Weighted Assessments Activities. Designed to reflect a fun and relaxed atmosphere, UNPLUGGED gave boarders the opportunity to unwind, reconnect with friends, and celebrate the end of a busy half-year.

A variety of activities, including calzone-making, free play on the field, board games, karaoke, and mini group celebrations, brought the boarding community together in an enjoyable and meaningful way. Boarders also took part in a spring-cleaning session to prepare their rooms for check-out before the June holidays, reinforcing the values of responsibility and good housekeeping before the break.



Parents' Lunch

21 May 2026

On 21 May 2026, we welcomed parents to the Parents' Lunch, a collaborative initiative by the Sporting Parents Network Executive Committee, Boarding Food Committee, High Performance Sport Institute (HPSI), and Compass Group.

The event was organised to provide parents with a first-hand experience of the meals served to student-athletes at The Arena, while offering insights into the School's nutrition programme and the careful planning behind every meal. Parents had the opportunity to sample the food, learn about the nutritional considerations that support training and recovery, and engage in meaningful discussions with the Boarding, HPSI and Compass teams.





Well-Being Week – Sleep Awareness Care Pack

5 October 2026

The Boarding team distributed care packs to promote sleep awareness among boarders as they prepared for their year-end examinations. Each care pack was thoughtfully assembled and included a selection of useful items, along with a motivational note to encourage healthy sleep habits and overall well-being during the examination period.

Monthly Nutrition Programme

In 2026, Compass Group Singapore placed nutrition at the heart of its monthly engagement series with Singapore Sports School, bringing the theme 'Confidence, Strong, Happy and Calm' to life through meaningful and engaging nutrition experiences.

Rather than simply talking about nutrients, each session connected nutrition to how student-athletes want to feel, perform and show up every day. The journey featured topics such as 'Glow with Confidence: The Power of Vitamin E,' 'Bright Mood, Bold Mind: Boosting Vitamin C,' 'See Your Best Self: The Role of Vitamin A,' 'Stay Strong Inside Out: The Power of Antioxidants', and so on.

Together, these sessions helped student-athletes discover how everyday food choices can support their energy, strength, recovery, confidence and overall well-being. Through interactive nutrition booths, hands-on activities and conversations with our nutritionist and chefs, student-athletes were encouraged to ask questions, explore new ideas and see healthy eating from a fresh perspective.

More than just sharing nutrition knowledge, the programme aims to inspire student-athletes to eat with purpose, fuel with confidence and build habits that help them feel strong, happy and balanced, both in sport and in everyday life.









ROARing with Character

ROAR Awards

The ROAR Awards celebrate student-athletes who bring the school values to life through their actions, choices and character. In 2026, these recipients showed what it means to be Learned Champions with Character.

Nine Secondary 1 trackers demonstrated responsibility, excellence and resilience as they learnt the Chinese New Year lion dance, embracing a new skill and stepping up across school events.



Chalene Tan Bao Ling showed quiet leadership by patiently helping a Secondary 1 junior with Mathematics every Monday during Supervised Study Time.





Reeyern Hadassah Ng demonstrated strong leadership, resilience, and professionalism in spearheading the school dance.

On 5 January 2026, swimmer Julia Yeo Shu Ning received the ROAR Award of the Month for her sporting achievements, adaptability and composure at the 33rd SEA Games 2025.





Footballers Evaan Shafiee Hirman Rudy, Mohamed Darien Rizqin and Muhammad Qushairy Hamsan stepped up during Sustainability Week by delivering an assembly presentation.

Jack White and Aizaqry Putra Amani Zahary were recognised for their care and quick thinking when they noticed a teammate feeling unwell after training. Acting promptly to ensure their teammate received help, Jack and Aizaqry demonstrated empathy, awareness and responsibility.



Naema Kyrana Abdullah showed compassion and initiative in helping to rescue and safely release a trapped bird.

At Open House 2026, Chua Xin Yun, John Wong Tze Xiang and Jayden Ng represented the school with confidence and pride at the academics booth. Jayden was also recognised alongside golfer Chloe Ng Ker Ee for their Creativity, Activity, Service project, which showed appreciation for the School's renovation workers. Through fundraising and the distribution of snack packs, they expressed gratitude to workers whose contributions often go unnoticed.



Ilyasaq Lee Rossdi, Ilmal Yaqin Mohamed Fadzuhasny, Jake Lim Zhen Yi, Mervyn Ng Yee Feng and Mohamad Nur Irwan Mohamad Ridzwan helped an injured schoolmate after a cycling accident, ensuring that he returned safely to school and received medical attention.





Matthias Goh Zoltin led Singapore's U18 Boys' Water Polo team to a historic Asian title, showing composure and dependability.

Casey Chua uplifted a struggling teammate through heartfelt handwritten cards, showing care, empathy and encouragement when it mattered.



Koh Nur Humaira baked over 70 boxes of cookies to honour our school's unsung heroes.





Tan Jing Quan rallied student-athletes to serve the community through Values in Action initiatives, while Jonathan Ho Yi En balanced academic and sporting excellence with contributions to school initiatives.



Egan Chin Jia Yu and Joy Neo Ning Suan turned leadership into impact through a Values in Action project that raised funds and uplifted 70 seniors.

ROARing with Character

ROAR (Resilience) Awards

With Resilience as the key theme for 2026, a new ROAR (Resilience) Award category was introduced to recognise student-athletes who have persevered through setbacks and challenges. Through their stories, the award aims to inspire fellow student-athletes to stay resilient, keep pressing on, and strive towards success.

Swimmer Mikel Low Gin Qi showed resilience to deliver a strong performance at the Asian Open Schools Invitational Aquatics Championships.





Samuel Lee Hua Yi rebounded from a disappointing 2025 National School Games campaign affected by illness and a false start. Returning stronger in 2026, he won gold in the 100m and 200m with personal bests and helped his relay team secure silver.

Netballers Neo Kai Qi and Nur Emelda Aw demonstrated remarkable strength in overcoming injury setbacks while continuing to contribute meaningfully to their teams and the school community.





Tracker Joseph Kwok Wen Xin showed grit at the National School Games 800m final, getting back up after a fall and injuries to complete the race with perseverance and sportsmanship.





Danial Hariz Rizal overcame injuries to earn medals at high-pressure local and international competitions.

Evelyn Seu Hoy Xuan has demonstrated exceptional resilience and discipline while serving as a ROAR mascot, ROAR, for three consecutive years during National Day. Despite the gruelling heat and the physical demands of the costume, she consistently performs with enthusiasm and professionalism.



For tracker Muhammad Reza Zool Ihsan, resilience was built over years of overcoming injuries and physical challenges following a growth spurt. Despite setbacks, he remained committed to training and was rewarded with multiple medals at this year's National School Games.





Mohammed Thamir Khairan Mohammed Faduli showed resilience and determination in his track and field journey, overcoming a health condition and injury setbacks to return stronger. His perseverance led him to multiple podium finishes at the National School Games.



Lim Kai Jing was recognised for pushing past her limits at the 2026 ACC Asian Canoe Sprint Championships, helping her team secure Asian Games qualification.

John Wong exemplified resilience, balancing international training and academic excellence while earning qualification for the 2026 Asian Games through discipline and determination.



Gymnast Soumya Wong Yi Xuan and footballer Syed Umair Ahmad were named 'Best Campers' at the Secondary 1 Level Resilience Camp. Chalene Tan Bao Ling and Joel Thng Kai Ming received the 'Best Campers' honour at the Secondary 2 Level Resilience Camp, while Maeva Masrezwan and Jack White received the same recognition at the Secondary 3 Level Resilience Camp. Megan Chng Shu Ting, Elia Owen and Keagan Lim Hao Wen earned the distinction at the Overseas Leadership Training Camp.















Leading the Way in Cyber Wellness

Cyber Wellness Champions
Written by Andre Nicholas Chong Chua, Swimming, Secondary 2









Front row: Natasha Muhammad Zulkifli, Nyla Qistina Dhzulkarnain, Chara Loo Kit Rei, Andre Nicholas Chong Chua
Back row: Neo Kai Qi, Evie Koh Qi En, Keyarra Yu-Xin Raphael, Arielle Neo Hui En, Tara Alayna Weilin Muhammad Khalid

The Cyber Wellness Champions had an extremely fruitful year in 2026, running exciting and thoughtful programmes that encouraged student-athletes to think much more deeply about how and why we need to stay safe online.

We kicked things off in January with an Academic Integrity quiz hosted by Nur Emelda Aw and Muhammad Reza Zool Ihsan. Around the same time, Wilmer Ong and Hady Hazri led the Secondary 1 student-athletes in their personal learning device (PLD) pledge. This delivered an impactful message to the new student-athletes to use their school-issued Chromebooks responsibly. In February, we headed for Safer Internet Day. Tara Alayna Weilin and Andre hosted a Jeopardy-style game show to see how much our student-athletes really knew about how to stay safe online. Our contestants did a great job, with almost everything correct.

In March, we invited YouthTechSG to give a thrilling message on how to keep ourselves safe online. Coupled with the enthusiasm and excitement of a rather difficult game show afterwards, this had to be one of the most exciting experiences we had all year. The presenter engaged the audience, masterfully weaving his way into reminding us that we need to be careful when setting passwords, reposting news, and guarding our personal information. The Cyber Wellness Champions also planned a thoughtful reflection for the Morning Inspiration Programme on the dangers of spreading fake news, based on the presentation by YouthTechSG. We shared about how the advent of generative AI was a serious risk to telling the difference between truth and lies.

In April, Emelda and Aidhi Sya'ari Muhammad Affani conducted a sharing session about the importance of managing screen time through an interactive quiz and video sharing. This helped us realise that, as a generation, we have become too reliant on our phones being always there for us, and we need to learn to cut down on that reliance. It was an impactful message, one that resonated well with the audience in that we all saw ourselves in a video that was played during this presentation about the struggles of people trying out a digital detox.

In July, we welcomed a new team of Cyber Wellness Champions, from Secondary 2 student-athletes to IBDP Year 5s! This diverse team will help us continue delivering stronger messages on protecting ourselves online. In that same month, the Cybersecurity Agency of Singapore presented an interactive quiz show titled 'Suss It Out — Trust or Doubt?' which encouraged our student-athletes to be more discerning online. Through this assembly programme, we deepened our awareness of the shifting nature of global cyber-threats and the specific impact they have on our local context.

Lastly, in August, there was an amazing workshop by YouthTechSG to train the new Cyber Wellness Champions. Over the two-day workshop, educational content was interspersed with interactive quizzes, interesting stories, and discussions. In these workshops, we had discussions about PDPA, passwords, doxxing and many more. But the one that stuck with me personally was their coverage of digital footprint.

The amount of information we could find about someone online was truly amazing, and it encouraged us to work on managing our own digital footprint online. We conducted a presentation at assembly about managing digital footprint online - to a high level of interest from the audience. We concluded by telling our audience that, while it might be difficult to control our digital footprint, we still need to try our best to protect ourselves.

All in all, as Cyber Wellness Champions, we get to have opportunities to be leaders and make a positive impact on others, making it both a great way to hone our leadership skills and grow, while having a positive impact on the community at Singapore Sports School.

Cyber Wellness Champions 2025/2026 and 2026/2027

2025/2026	2026/2027
Head: Nur Emelda Aw Netball, Secondary 4	Head: Chara Loo Kit Rei Badminton, Secondary 4
Deputy Head: Muhammad Reza Zool Ihsan Track and Field, Secondary 4	Deputy Head: Andre Nicholas Chong Chua Swimming, Secondary 2
Deputy Head: Tara Alayna Weilin Muhammad Khalid Individual Programme – Cycling, IBDP, Year 6	Andrea Fernandez Rachmadi Individual Programme – Floorball, IBDP, Year 5
Aidhi Sya'ari Muhammad Affani Track and Field, Secondary 4	Arielle Neo Hui En Swimming, Secondary 3
Andre Nicholas Chong Chua Swimming, Secondary 2	Evie Koh Qi En Track and Field, Secondary 2
Hady Hazry Football, Secondary 3	Keyarra Yu-Xin Raphael Netball, Secondary 2
Wilmer Ong Xuan Rong Swimming, Secondary 3	Natasha Muhammad Zulkifli Netball, Secondary 2
	Neo Kai Qi Netball, IBDP, Year 5
	Nyla Qistina Dhzulkarnain Netball, Secondary 2

Lessons that Last

Lessons from the Champions



Warren Sheldon Humphries

As part of the school's 2026 theme of resilience, Singapore Silent Heroes Award recipient Warren Sheldon Humphries shared his journey of overcoming physical and personal challenges. He reminded student-athletes that setbacks do not define them, encouraging them to never give up, take accountability and approach life with humility. His message: falling is not failure — what matters is having the courage to pick yourself up.





Joseph Schooling

Olympic champion Joseph Schooling visited Sports School for the first time to share his journey with our student-athletes. Reflecting on his historic 2016 Olympic gold, he emphasised that success is built on years of hard work, discipline and sacrifice. He encouraged student-athletes to set clear goals and stay committed to them.



Calvin Kang

Alumnus and one of Singapore Sports School's first two Olympians, Calvin Kang, returned to celebrate our 22nd anniversary. Reflecting on his Olympic journey, he spoke about perseverance and self-belief, encouraging student-athletes to dream boldly, face their fears and make the most of the opportunities given to them.



Sean Lee

Alumnus and former national badminton player Sean Lee spoke to Secondary 4 and 5 student-athletes about financial literacy. Drawing on his transition from competitive sport to a successful career in real estate, he shared how resilience, discipline and the courage to embrace failure can help student-athletes navigate life and build success beyond sport.



Farhanna Farid

Team Singapore powerlifter and world record holder Farhanna Farid shared her champion's mindset through her "I Am, I Can, I Have" framework. She encouraged student-athletes to believe in themselves, embrace challenges and learn from failure. She also highlighted the importance of adaptability and the support of those around us.



Sean Yap

Alumnus Sean Yap, an Attaché at the Singapore High Commission in Wellington, returned to Sports School in conjunction with International Friendship Day. Sharing his experiences in diplomacy and living overseas, he highlighted the importance of building friendly ties between nations, broadening one's perspectives and remaining grounded in one's Singaporean identity.

Football Men's National Team Head Coach Gavin Lee, Joel Chew and Syazwan Buhari

Current national footballers and alumni Joel Chew and Syazwan Buhari returned with Singapore National Football Team Head Coach Gavin Lee for an engaging assembly session. They shared the pride of representing Singapore, the challenges of overcoming injuries and setbacks, and the dedication needed to compete at the highest level, inspiring student-athletes to pursue their sporting dreams with determination, resilience and passion. Student-athletes also explored an interactive exhibition showcasing the history, achievements and memorable milestones of Singapore football.







Making a Difference, One Act at a Time

Values in Action

From bringing sports to life for primary school students through our Sports Education and Experience Programme @ North West held in collaboration with North West Community Development Council (NWCDC), to supporting para-sport events, connecting with seniors and championing student-led Values in Action (VIA) initiatives, our student-athletes stepped up to serve the community. Through these experiences, they shared their skills, spread joy and discovered how small acts of service can make a meaningful difference.

Badminton

On 26 May and 28 July 2026, our badminton student-athletes introduced students from Fuchun and Marsiling Primary Schools to the sport. Through hands-on coaching and rallies, they taught basic strokes and shared their passion for badminton in fun-filled Sports Experiences held in partnership with NWCDC.





Bowling

Our bowlers welcomed students from Ahmad Ibrahim and Greenwood Primary Schools on 24 April and 21 August 2026 respectively. They taught bowling fundamentals, from stance to grip and aiming, before putting the students' skills to the test with a quiz and an exciting round of "Lights Out" bowling.

Fencing

Our fencers brought the thrill of the piste to students from North View, Woodlands, Kranji and Huamin Primary Schools through introductory workshops in May 2026. Students suited up in fencing gear and tried basic techniques, discovering a sport rarely offered as a primary school co-curricular activity. Our fencers also supported the Primary 6 Fencing Clinic in June.





Football

Our footballers stepped up for the community at two events. At Strike for Care on 19 July 2026, they ran activity stations, led traditional games and served refreshments at a futsal fundraiser for seniors and caregivers. On 1 August, 14 student-athletes volunteered at the Special Olympics football competition, helping to manage matches and learning how sport can champion inclusion. They will also volunteer at the Ambassador Cup on 14 November.



Netball

On 22 May 2026, our netballers introduced students from Woodlands Primary School to the game through fun, hands-on activities. They also ran five Playbuddy sessions from 22 August to 26 September, planning adapted netball skills for children with physical disabilities and helped them discover new sports, build confidence and enjoy inclusive play. On the final day, the Playbuddy children and their parents were invited for a series of fun games and a tour at Sports School.

Multi-Sport

Thirteen Multi-Sport Academy student-athletes volunteered at the National Youth Para Table Tennis Championships on 19 September 2026, supporting the Singapore Disability Sports Council with event set-up and officiating duties.



Through interacting with individuals with diverse needs, they learnt to respond with patience and understanding while gaining a deeper appreciation of inclusion in sport.

Shooting

On 13 and 20 May 2026, our shooters welcomed students from Sembawang and Woodgrove Primary Schools to the school's Shooting Range. They introduced air-rifle handling and aiming, giving the students a hands-on taste of the sport while highlighting the importance of focus, discipline and safety.



Swimming

Our swimmers supported SwimFaster as ushers and helpers on 1 March and 2 May 2026. From February to May, they also fundraised to provide dinner for seniors in the Intergenerational Learning Programme (ILP), followed by bonding sessions with them on 8 and 15 July. Through these efforts, they turned community service into meaningful connections across generations.





Track and Field

The Track and Field Academy ran a Kids' Athletics Challenge on 20 May 2026 for students from North View Primary School, introducing the participants to games, teamwork and athletic activities. Student-athletes also volunteered as event helpers at the Haw Par National Youth Para Athletics Championships on 26 September, supporting smooth competition and seeing young para-athletes demonstrate perseverance. The Academy also carried out a "Kayak N Klean" initiative to clean up Sungei Simpang, Sembawang.

Individual Programme

On 24 August 2026, Secondary 4 student-athletes, supported by Secondary 1, Secondary 2 and polytechnic student-athletes, brought games and laughter to seniors at Woodlands Care Corner Active Ageing Centre. From memory games and bingo to bowling and balloon volleyball, the activities sparked connections across generations and put compassion and community spirit into action.



VIA Poster Competition

Our lower-secondary student-athletes championed inclusion through a VIA poster competition. Secondary 1 student-athletes explored "Awareness & Empathy: Understanding Inclusion", while Secondary 2 student-athletes focused on "Discovering Para Sports". Through their creative designs, student-athletes promoted greater understanding of diverse abilities and highlighted how sport can bring everyone together.















Student-Led Projects

Project Uplift

Student-athletes from the Shooting Academy initiated Project Uplift, a volunteering initiative to support the Singapore Disability Sports Council. As part of Project Uplift, student-athletes have volunteered at National Para Athletics & Inter-School Para Athletics Championships, Pesta Sukan Boccia, Play Inclusive, Swim Together and the National Para Swimming Championship. Through their involvement, they have helped these events run smoothly while championing inclusion for persons with disabilities through sport.

Project ECO

After spotting recyclables in general waste, three Secondary 2 Multi-Sport Academy student-athletes launched Project ECO to make recycling easier at school. They introduced Jambo bags and collection bins at key locations, alongside posters explaining proper recycling practices. Their initiative encouraged peers and staff to recycle responsibly and build more sustainable habits.

Project Pom Poms

A group of Secondary 1 student-athletes came together to transform old clothes into handmade flowers to promote sustainability and raise funds for Woodlands Gardens School. The experience allowed them to put their creativity into action while developing teamwork, responsibility, initiative, leadership, resilience, problem-solving and empathy.

BEHIND EVERY CHAMPION

SER LIN QIAN

Table Tennis, Diploma in Business Studies
Recipient of spexEducation Undergraduate Scholarship
Represented Singapore at the 20th Asian Games



First STEM Pathway, Five New Possibilities

Memorandum of Understanding with Temasek Polytechnic



From left: Ms Teoh Zsin Woon (Permanent Secretary, Ministry of Culture, Community and Youth and Chairman, Board of Directors), Mr Patrice Choong (Principal, Temasek Polytechnic), Mr David Neo (then Acting Minister for Culture, Community and Youth and Senior Minister of State, Education), Ms Jeanne Liew (Principal, Republic Polytechnic), Mr Mah Wee Beng (Deputy Principal, Ngee Ann Polytechnic) and Mr Ong Kim Soon (Principal, Singapore Sports School)

A Memorandum of Understanding (MOU) was signed with Temasek Polytechnic (TP), marking a significant milestone in expanding post-secondary education pathways for student-athletes.

From 2027, Sports School student-athletes will be able to enrol in five diploma programmes from TP's School of Applied Science. The new joint diploma programmes will be offered in Chemical Engineering, Food, Nutrition & Culinary Science, Medical Biotechnology, Pharmaceutical Science and Veterinary Technology.

For the first time, Sports School will offer a suite of off-campus academic programmes, broadening dual-career pathways for student-athletes while introducing the School's first STEM-based diploma offerings. These new opportunities will support those with aspirations in science, technology and applied research, allowing them to explore diverse fields beyond their sporting pursuits.

The MOU was formally signed by Mr Ong Kim Soon, Principal of Singapore Sports School, and Mr Patrice Choong, Principal of Temasek Polytechnic. The signing was witnessed by Mr David Neo, then Acting Minister for Culture, Community and Youth and Senior Minister of State for Education, at Sports School's 22nd Awards Night.



Mr Ong Kim Soon and Mr Patrice Choong with Minister David Neo who witnessed the signing of the Memorandum of Understanding.

The partnership complements Sports School's existing diploma pathways with Republic Polytechnic and Ngee Ann Polytechnic, further strengthening our comprehensive post-secondary education offerings. Together, these pathways provide student-athletes with greater choice and flexibility as they pursue excellence in both sport and education.

Honouring Excellence

Awards and Accolades

Awards and accolades recognise the achievements of student-athletes and the dedication behind them. They celebrate individual milestones while inspiring student-athletes to pursue their own goals. Each honour adds to a culture of excellence, where hard work is valued, achievements are celebrated and every student-athlete is encouraged to keep striving, improving and growing.

Moo Soon Chong Outstanding Student-Athlete of the Year

Four student-athletes received the Moo Soon Chong Outstanding Student-Athlete of the Year award for their achievements in sport, commitment to their education and exemplary character. Loy Ming Ying from table tennis and Chow Yong Jun from water polo received the Secondary award, while Juliet Heng Jie Min from fencing and Izaac Quek Yong from table tennis were the Post-Secondary recipients.

Ming Ying had an outstanding 2025, earning medals at both senior and youth competitions. She contributed to Singapore's bronze at the Asian Championships and silver at the SEA Games Women's Team events, while also securing two gold medals at the WTT Youth Contender Cappadocia. In 2026, she is on Leave of Absence to focus on her table tennis career.

Yong Jun was part of Singapore's gold medal-winning men's water polo team at the 2025 SEA Games and represented the nation at several major international championships.

Juliet made history with a silver medal in the Women's Sabre individual event at the 2025 Asian Fencing Championships, before winning individual gold and team silver at the SEA Games.

Paris 2024 Olympian Izaac retained all three of his SEA Games titles in 2025, winning the Men's Singles, Men's Doubles and Men's Team events. He also became part of the first Singaporean pair to reach a WTT Grand Smash semi-final and the first local-born player invited to compete in the China Table Tennis Super League.



From left: Chow Yong Jun, Loy Ming Ying, Izaac Quek Yong



Esther Tan and Nur Irdina Hazly

Annabel Pennefather Excellence Award

Esther Tan and Nur Irdina Hazly received the Annabel Pennefather Excellence Award, recognising outstanding sporting achievements, leadership, integrity and community spirit. The award is funded by the International Women's Forum (IWF) Singapore Education Grant, which is managed by the Community Foundation of Singapore. Fencer Esther made history as the first current Sports School student-athlete to win a Junior World Cup medal, securing the Under-20 Women's Épée bronze in Bahrain. She later competed at the World Fencing Championships and made her SEA Games debut, contributing to team gold while balancing her IBDP examinations. Bowler Nur Irdina won gold in the Women's Doubles and Team events at the Asian Youth Bowling Championship before earning SEA Games bronze.

Tan Howe Liang Excellence Award

Open water swimmer Artyom Lukasevits and fencer Simon Lee Renjie received the Tan Howe Liang Excellence Award, funded by Singapore Olympic Foundation to recognise sporting excellence, leadership, perseverance and strong values. Artyom represented Singapore at the World Aquatics Championships, Asian Games and SEA Games, earning silver in the 2025 SEA Games Mixed Relay and bronze in the Men's 10km event. Simon has competed at four SEA Games, medalling at each edition. In 2025, he won gold in the Men's Épée Team event and bronze individually.



Simon Lee Renjie and Artyom Lukasevits

Singapore Sports Awards

Amanda Yap Ee-Lin was named Sportsgirl of the Year at the 2026 Singapore Sports Awards, following her historic achievement as the first Singaporean gymnast to reach a World Championships final. She finished 6th in the balance beam final while sitting for her GCE O-Level examinations.

Bowler and Sports School alumna New Hui Fen was named Sportswoman of the Year for the second time, after becoming the first Singaporean to be crowned Professional Women's Bowling Association Tour Player of the Year. She also received a Team of the Year (Event) award with fellow alumnae Daphne Tan Shi Jing and Bernice Lim Hui Ying for their performance at the HKGZ IBF World Championships.

Several other Sports School student-athletes and alumni were finalists across the main categories, while others received Meritorious Awards.



Amanda Yap Ee-Lin
Photo Credit: Singapore National Olympic Council

2026 *spex* Programme Award Recipients

Four student-athletes joined the ranks of *spex*Scholars — current student-athletes Yvette Chong Ann (Artistic Swimming), Amanda Yap Ee-Lin (Gymnastics), Kassandra Ong Xue Ling (Wushu), and alumnus Chan Jun Kai (Wushu). Their induction brings the total number of past and present Sports School student-athletes awarded the *spex*Scholarship to 35.

Another 28 student-athletes will receive enhanced support through the *spex*Potential programme, bringing the total supported to 51 to date. Ser Lin Qian (Table Tennis) and Valencia Tan (Cycling) were also awarded *spex*Education Undergraduate Scholarships under the New Career and Dual Career Tracks respectively, supporting their education and future pathways.



spexEducation Undergraduate Scholarship Recipient
Valencia Tan



spexScholarship recipient
Kassandra Ong Xue Ling



spexPotential recipient
Asher Pua

New *spex*Scholarship Recipients

Artistic Swimming: Yvette Chong Ann
Gymnastics: Amanda Yap Ee-Lin
Wushu: Kassandra Ong Xue Ling, Chan Jun Kai

New *spex*Potential Recipients

Athletics: Andrew George Medina, Reuben Rainer Lee Siong En, Tia Louise Rozario
Badminton: Donovan Willard Wee
Fencing: Azfar Luqman Ong, Bron Sheum Han Shen, Esther Tan, Jae Lim Jia En
Golf: Chen Xingtong
Gymnastics: Asher Pua, Thea Chew
Ice Skating: Loh Geok Qin
Pencak Silat: Abdul Raaziq Abdul Rashid, Aniq 'Asri Mohammad Yazid, Nur Aniqah Qistina Roslan
Table Tennis: Chloe Lai Neng Huen, Clarence Chew Zhe Yu, Ellsworth Le
Shooting: Adele Tan Qian Xiu, Irna Qistina Noorazlin
Sport Climbing: Natalie Goh Sihui
Squash: Au Yeong Wai Iynn
Swimming: Julia Yeo Shu Ning, Reagan Cheng Kuo Shiong, Zackery Tay Quan Long
Triathlon: Bryce Chong, Lim Wan Ting
Wushu: Siti Khadijah Mohamad Shahrem

New *spex*Education Undergraduate Scholarship Recipients

Cycling: Valencia Tan (Dual Career)
Table Tennis: Ser Lin Qian (New Career)

Singapore Olympic Foundation – Peter Lim Scholarship

More than 50 student-athletes were among 414 young sporting talents recognised through the Singapore Olympic Foundation-Peter Lim Scholarship 2026, with 18 receiving the High Performance Under-18 award. The scholarship recognises promising athletes and provides financial support for training, competitions, equipment and other sporting needs.



High Performance Under-18 Scholarship Recipients

Bowling: Hazel Tan Wei Ning
Shooting: Lee Zhe Kai
Table Tennis: Janelle Chiang Rui En
Track and Field: Shannon Tan Ying Tong
Floorball: Andrea Fernandez Rachmadi, Cheryl Fernandez Rachmadi
Gymnastics: Xavier Pang Sheng Wei
Ju-Jitsu: Muhammad Hyder Mohammad Noorisham
Sailing: John Wong Tze Xiang
Triathlon: Lim Cheng Yu
Water Polo: Chow Yong Jun, Charlene Tio Ji Suan, Javier Ng, Justin Saik Kin Yan, Kayla Yeo Ying Xuan, Matthias Goh Zoltin, Rhys Vaswani
Wushu: Chua Xin Yun



From left: Gwen Koh En Qi, Quek Gek Ling, Mirabelle Yet Yu Chelle, Chloe Ng Ker Ee, Mr Ong Kim Soon (Principal, Singapore Sports School), Benjamin Lau Yi Yuan, Ashton Auw Sen Hon and Andrea Fernandez Rachmadi

Singapore Schools Sports Council Colours Award

A total of 15 student-athletes were awarded the Singapore Schools Sports Council Colours (SSSC) Award for being the top athlete in the sport.

SSSC Best Sportsboy and Sportsgirl Award Recipients

Bowling: Lucas Goh Seow Rui
Canoeing: Lim Kai Jing
Fencing: Ashton Auw Sen Hon
Floorball: Andrea Fernandez Rachmadi
Football (Girls): Seri Nurinsyirah Indra Saharen
Golf: Chloe Ng Ker Ee
Gymnastics (Artistic): Amanda Yap Ee-Lin
Gymnastics (Rhythmic): Mirabelle Yet Yu Chelle
Shooting: Quek Gek Ling
Swimming: Julia Yeo Shu Ning
Table Tennis: Benjamin Lau Yi Yuan, Loy Ming Ying
Taekwondo: Gwen Koh En Qi
Water Polo: Matthias Goh Zoltin, Ricci Ong Zi Rui



Adyan Rayees Haffis

Lee Kuan Yew Award for All-Round Excellence

Secondary 1 footballer Adyan Rayees Haffis received the Lee Kuan Yew Award for All-Round Excellence (Primary) 2026, which recognises students for their achievements in both academic and non-academic pursuits, as well as exemplary values and qualities. Adyan, formerly from Bendemeer Primary School, was recognised for his strong all-round achievements.

The Power of Parent Support

Sporting Parents Network

















The Sporting Parents Network (SPN) plays an invaluable role in enriching the Singapore Sports School experience, serving as cheerleaders, partners and ambassadors for the School community.

Working closely with the School, SPN members provide valuable feedback, share perspectives on key initiatives and support efforts to enhance the student-athlete journey. Their partnership strengthens the connection between parents and the School, helping to create a supportive environment in which every student-athlete can thrive.

Beyond cheering from the sidelines, SPN members play an active role in school life. They regularly attend school events, represent the School at roadshows by sharing their experiences with prospective families, and volunteer their time to support various initiatives throughout the year.

They also create memorable moments for student-athletes. One such occasion was the sponsorship of food and refreshments for the FIFA World Cup Watch Party, where their generosity helped to liven up the atmosphere and make it an event to remember.

Through their dedication, generosity and unwavering support, the Sporting Parents Network continues to strengthen the Sports School community and make a meaningful difference to the student-athlete experience.

Photo Credit: Mr Kelvin Kwek, Chairman, Sporting Parents Network

Smarter Classrooms Supporting Self-Directed Learners







Smart Classroom in Fully Distance Learning for IBDP

High performance student-athletes often train overseas with leading clubs and national teams to improve their performance and spur themselves on to greater heights. However, this often comes with trade-offs as student-athletes would need to travel overseas regularly or take leave of absence from studies.

To ensure a quality learning experience for student-athletes who train overseas, the IBDP teachers, including Mr Eugene Lai, Mr Marcus Kuek, Ms Amanda Loh, Mr Suren Gopalan and Ms Lee Ying Ying are at the forefront of change by piloting the fully distance learning IBDP programme that includes a fully synchronous learning modality.

To support this initiative, Sports School has developed a Smart Classroom. This builds upon our prior experience by teachers in the secondary school programmes supporting student-athletes who train for extended periods overseas, including water polo player Chow Yong Jun who trained in Serbia. Through this mode, overseas student-athletes can collaborate with their peers in real time during lessons to understand multiple perspectives and make evidence-based conclusions in a community of learners. For example, during Mother Tongue lessons, swimmers Reagan Cheng and Zackery Tay, who are based in Sydney, actively engage in collaborative activities in real time with their classmates. In a lesson on recycling, Reagan shared his personal experience of recycling practices in Australia, providing a different perspective for his classmates in Singapore. During Theory of Knowledge, Chemistry and English Language & Literature and Math lessons, the overseas student-athletes are invited to present their answers during class discussions and participate in inquiry-based learning. In addition, their Weighted Assessments were conducted online with sufficient safeguards to fully support their training overseas.

Nurturing Self-Directed, Collaborative and Reflective Learners

To support all Sports School student-athletes in becoming self-directed, collaborative and reflective learners, professional development (PD) committee members including Mr Gary Tan, Ms Tan Hwee Noi, Ms Chan Kah Mun, Mr Suren Gopalan, Ms Grace Wang and Mr Lim Teik Meng have been



supporting colleagues in deepening their pedagogical practices in feedback at the task, process and self-regulation levels over the past two years. In the process, student-athletes have become more self-directed in monitoring their own understanding and learning progress based on clear success criteria, and are more intentional when they ask questions. The questioning routines support student-athletes in considering multiple perspectives with their peers in and out of the classroom.

Through deliberate use of the feedback cycle by teachers, our student-athletes become more reflective, ask questions and are more open-minded about new perspectives. To deepen process level feedback for student-athletes, the PD committee also explored inquiry-based pedagogies this year, slated for school-wide implementation in 2027. For example, this includes enlivening literature classrooms with hot-seating activities for Lower Secondary learners to engage actively and critically with poetry. For our IBDP cohort, inquiry-based pedagogies have been embedded within the patchwork unit design for Chemistry, where student-athletes engage in deductive inquiry by pursuing self-directed learning.

Strengths-Based Conversations and Executive Functioning Tools to Build Resilience

To support resilience-building in sports, Ms Lim Hwee Hua, Head of Student Development, collaborates closely with Heads of Year and mentors to develop protocols and routines for engaging student-athletes in strengths-based conversations using the MOE Resilience Aid and school-based well-being framework for both secondary and post-secondary student-athletes. Grounded in the MOE Resilience Aid and our school-based well-being framework, the Glocalisation Plus Committee and IBDP mentors helped student-athletes discover their innate talents and distinguish between their "balcony" (strengths in their most productive state) and their "basement" (potential blind spots). By understanding these dynamics, our IBDP student-athletes are better equipped to build their "resilience muscle", leveraging their unique profiles to navigate the intense challenges of both high performances sports and rigorous academics. Beyond individual growth, student-athletes also learn to harness their diverse talents as a group to execute IBDP Creativity, Activity, Service or Values in Action projects that contribute to the greater good of the community. Through these strengths-based conversations with mentors, our student-athletes hone a clearer sense of self and purpose as they thrive in their dual-career aspirations.

In addition, the Education Support Committee (ESC), comprising Ms Celeste Loh, Ms Loh See Ping, Ms Wendy Chia, Ms Lilian Leong, Ms Tan Hwee Yen and Ms Susan Yeow, developed a suite of functional resources and strategies to support student-athletes. Through various sharing and training sessions conducted throughout the year, staff were equipped with practical strategies to better understand and support all student-athletes, particularly those with learning needs.

These sessions also introduced staff to tools and strategies that can be used to help student-athletes develop their Executive Functioning skills, including planning, monitoring and evaluating their learning, alongside other self-regulatory competencies aligned with the Collaborative for Academic, Social, and Emotional Learning framework.

Through the support of the ESC, we aim to build staff confidence and competency, thereby strengthening their capacity to support student-athletes in developing the skills and capabilities that are essential both within and beyond the classroom.







OUR STAFF

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Clement Lim How Chuen
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ACADEMICS GROUP



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ENGLISH DEPARTMENT



Quek Jian Zhi
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Bethany Ang Ee Wei
Subject Head, English Language and Literature

Philip Kumaran Sinkaram
Head of Department, Student Management

Amanda Loh Phieh Hsin
Teacher

Chong Soon Fei
Teacher

Grace Wang Yahui
Teacher



Lilian Leong Wai Keat
Teacher



Nonis Gerard Jude
Teacher



Premkumar Thanapalan
Teacher



Susan Yeow Mei Mei
Teacher



Wendy Chia Tsu Lin
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Loh See Ping
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Trixie Lim Ming Ming
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Angie Lim Lee Then
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Dinesh Nair
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Durairajoo Thirucuithambalam
Teacher



Koh Yihan
Teacher



Moganeswary Sakathevan
Teacher



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Teacher



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Christine Te Yen Fern
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Khor Teik Meng
Teacher



Lee Yong Hor
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Vera Ho Wenhui
Teacher



Yue Jiaxuan
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OUR STAFF

MOTHER TONGUE DEPARTMENT



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Head of Department, Mother Tongue



Chan Kah Mun
Teacher



Lee Ying Ying
Teacher



Poh Shi Hui
Teacher



Tan Bee Leng
Teacher



Tan Hwee Noi
Teacher



Tan Hwee Yen
Teacher



Xu Liang
Teacher



Cheah Chin Chuan
Teacher



Hazliana Mohamed Lahir
Teacher



Marlina Ahmad
Teacher



Nahri Hizal Haji Ismail
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R. Nani Menon
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Yap Shinn
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Felicia New Lay Hua
Teacher



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Philip Kumaran Sinkaram
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Student Management



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Goh Boon Loon
Head of Year
(Secondary 2)



Yap Shinn
Head of Year
(Secondary 3)



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Student Well-Being



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Senior Boarding Mentor



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Raihana Muhammad Salehuddin
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Nur Fitri Idayu Ngajeri
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Tan Zhi Wei
Senior Executive, Estate



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FINANCE & ADMINISTRATION



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Accountant, Finance & Administration



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Heng Xue Li
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Leo Siew Ting
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Li Yanyan
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Teo Siew Bee
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FINANCE & ADMINISTRATION



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Executive, Finance & Administration



Nor Iffiyana Riswan
Front Desk Officer, Finance & Administration

HUMAN RESOURCE



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Michelle Liew Hwee Ghee
Senior Manager, Human Resource



See Li Zhen
Senior Manager, Human Resource



Wong Mei Yi
Senior Manager, Human Resource



Karis Choo Ping Lee
Manager, Human Resource (Left in Oct 26)



Quah Mui Sim
Manager, Human Resource



Yeo Hui Ting
Manager, Human Resource



Hannah Ow Rui En
Senior Executive, Human Resource



Tan Ju Li
Senior Executive, Human Resource



Lim Jian Liang
Executive, Human Resource

OUR STAFF

INFORMATION TECHNOLOGY



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Information Technology



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IT Project Team Lead



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Senior Lead
Application Specialist



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IT Solution Architect



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Senior System Analyst,
Information Technology



Grace Lim Soo Peng
ERP Project Manager



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Database and
System Administrator



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Network and
End-User Support



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Information Technology



Thinagaran Selvarajoo
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Information Technology



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Ravinder Supparamaiam (NCS)
Desktop Engineer

PROCUREMENT



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Procurement



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Senior Manager,
Procurement



Tay Hui Min
Senior Manager,
Procurement



Gisela Ho Gin Wai
Manager,
Procurement



Karen Ong Su Eng
Manager,
Procurement



Teo Soh Yan
Senior Executive,
Procurement



Alicia Gee Yeh Cheh
Executive, Procurement
(Left in Oct 26)



Rasyidah Abdul Raheem
Executive, Procurement



Siti Rashidah Abdul Halim
Executive, Procurement

SPORTS



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Mike Goh Meng Keng
Deputy Director, Sports



Ong Kaifen
Deputy Director, Sports

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Performance Programme



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Badminton Junior
Performance Programme



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Badminton Junior
Performance Programme



Frances Liu Fan
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Badminton Junior
Performance Programme



Kevin Lim Chee Soon
Senior Coach,
Badminton Junior
Performance Programme



Huang Chao
Coach,
Badminton Junior
Performance Programme



Yang Nianhong
Coach,
Badminton Junior
Performance Programme



Fu Mingtian
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Badminton Junior
Performance Programme



Jason Wong Guang Liang
Coach (SBA),
Badminton Junior
Performance Programme

BOWLING ACADEMY



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Bowling Academy



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Bowling Academy



Eunice Tan Mei Leng
General Manager,
Bowling Academy



Catherine Kang Kim Hong
Coach,
Bowling Academy



Sim Puay Kiat
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Bowling Academy
(Part-Time)

OUR STAFF

FENCING ACADEMY



Shim Jaesung
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Fencing Academy



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Senior Coach,
Fencing Academy



Brando Eric II Cruz
Coach,
Fencing Academy



Kim Mijung
Coach,
Fencing Academy



Nam Kihyun
Coach, Fencing Academy



Park Sangsun
Coach, Fencing Academy

FOOTBALL ACADEMY



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Football Academy



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Football Academy



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Football Academy



Shahrin Shari
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Football Academy



Fazrul Nawaz Shahul Hameed
Coach,
Football Academy



Miur Rafik Taha
Coach,
Football Academy



Mohamed Firdaus Mohamed Salleh
Coach,
Football Academy



Mohamed Yazid Mohamed Yasin
Goalkeeping Coach,
Football Academy



Muhammad Shahfiq Ghani
Coach,
Football Academy

MULTI-SPORT ACADEMY



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General Manager,
Multi-Sport Academy



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Senior Coach,
Multi-Sport Academy



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Coach, Multi-Sport
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Eunice Tan Li Ting
Coach,
Multi-Sport Academy
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Luan Chin How
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(Part-Time)



Khng En Ning
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NATIONAL BASKETBALL PROGRAMME



Rasic Lazar
Head Coach,
National Basketball
Programme (3x3)



Neo Beng Siang
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High Performance
and Pathway Support



Vivian Wang Hsiao-Jui
General Manager,
National Basketball
Programme (3x3)



Scott James Driscoll
General Manager,
National Basketball
Programme (NYDP)



Chua Boon Heng
Senior Coach,
National Basketball
Programme (3x3)



Stefanovic Mario
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National Basketball
Programme (3x3)



Wu Qingde
Coach,
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Programme (NYDP)



Lim Jia Min
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National Basketball
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Leslie Chen Kai Lin
Sport Scientist (HPSI)



Valentia Wong Shuting
Executive, High
Performance and Pathway

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Senior General Manager,
Netball Academy



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(Part-Time)



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Coach, Netball Academy
(Part-Time)

SHOOTING ACADEMY



Lim Chea Rong
Head Coach,
Shooting Academy



Oh Meiqin
General Manager,
Shooting Academy



Foo Peilin
Coach,
Shooting Academy



Adele Tan Qian Xiu
Coach,
Shooting Academy
(Part-Time)



Ho Hung Yi
Coach,
Shooting Academy
(Part-Time)



Shirlene Hew Yun Ting
Coach,
Shooting Academy
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Vanessa Yong Yu Zhen
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SWIMMING ACADEMY



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Swimming Academy



Chin Khen Theen
Senior General Manager,
Swimming Academy



Shaun Choo Jun-Henn
General Manager,
Swimming Academy
& National Youth
Training Centre



See Puay Kheng
Senior Coach,
Swimming Academy



Jerome Teo Sze Chen
Coach,
Swimming Academy



Marellyn Lammert Liew Yien Yee
Coach,
Swimming Academy



Charles Billy Ang Peng Cheng
Coach, Swimming Academy
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TABLE TENNIS ACADEMY



Lai Chin Pang
General Manager,
Table Tennis Academy



Guan Bei
Senior Coach,
Table Tennis Academy



Zhai Yu
Coach,
Table Tennis Academy



Goi Rui Xuan
Coach (STTA),
Table Tennis Academy



Sun Beibei
Lead Coach (Girls' Team) (STTA),
Table Tennis Academy

OUR STAFF

TRACK AND FIELD ACADEMY



Simon Lau Chin Meng
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Track and Field Academy

Joseph Soh Chian Choon
General Manager,
Track and Field Academy

Muhammad Shah Feroz Moheden
Coach,
Track and Field Academy

Rafiuddin Sawal
Coach,
Track and Field Academy

Ryan Kalmani Sukir
Coach,
Track and Field Academy

Siti Fatima Mohamad
Coach,
Track and Field Academy

INDIVIDUAL PROGRAMME



Ng Kok Wei
Senior General Manager,
Individual Programme

Sharon Ang Li Ping
General Manager,
Individual Programme

SCHOOL NURSE



Nur Fidiyanah Muhammad Khairuddin
School Nurse

ORGANISATION DEVELOPMENT

ACADEMIC ADMINISTRATION



Cui Mengmeng
Assistant Director,
Academics Administration

Leong Mei Sheong
Manager,
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Sherlene Kho Geok Bee
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Academics Administration

Miresha Atnin
Executive Assistant,
Academics Administration

SPORTS ADMINISTRATION



Sangareeswari Silvam
Senior Executive,
Sports Administration

Michelle Lee Jing Min
Executive,
Sports Administration

Nur Amirah Zaini
Executive,
Sports Administration

Nur Nafisah Zakariah
Executive,
Sports Administration

Shanmugapriya Ramalingam
Executive,
Sports Administration

Maczin Tan Lee Choo
Personal Assistant

STRATEGIC COMMUNICATIONS



Shalini Veijayaratnam
Assistant Director,
Strategic Communications

Li Peixin
Manager,
Strategic Communications

Muhammad Juffry Joihani
Manager,
Strategic Communications

LEARNED

CHAMPIONS

WITH CHARACTER

MEREDITH CHOW ERN XI

Netball, International Baccalaureate Diploma Programme

President of the 23rd Student Council 2026/2027



SERVING UP DREAMS

SMALL STEPS. BIG AMBITIONS.

ALANNA TAN

MUSA HAFIZ FOO

JASMINE TOH

ONG JUN YANG

The Rally:

SEASON 2

The game has just begun.

Anders Lim

Liang Zi Xuan

Sara Nadya Foo

Kacy Teo

Tan Xi En

Yeoh Kai Jie

NEXT IN LINE 3

GLORY IS WAITING. SO IS THE COMPETITION.

STARRING

CHARA LOO **JULIA** TEO

SEAN JOHN SALIM **RAEANNE** ANG TAN **WAN QI** **BRIEN** NG

RITHIKA SOMASUNDARAM **VIVAN** LOH **BONITA** BAI

TRAIN . SMASH . BELIEVE . REPRESENT

MATCH POINT

ALDRICH GOH | **ABHYARTHNA** CHHAJER | **CARYN** CHUA | **JULIAN CLEMENT** TAN | FOO **EE ZEN**

TEE **YIN JIE** | **MAY** YOON SAN | ONG **JUN HAO** | **JESSIE** BATCHELOR | **DARYL** LEONG | CHEW **JIE YANG**


KARIM GROUP
RACKET SCIENCE
THE FORMULA FOR SMASHING SUCCESS.
AALIYAH ZAKARIA . KATIE TEO ENG KER
HENG XIAO EN . CHIA XIN YING . JEANNA LOW RUI XUAN


15 : 11
KARIM GROUP
THE USUAL SHUTTLEPECS
REPEATED NET VIOLATIONS, PREMEDITATED SMASH, DECEPTION WITH A DROP SHOT,
EXCESSIVE CELEBRATIONS, AND ATTEMPTED COURT DOMINATION
AXEL LI . EDMUND TAN . GERALD KOH . NG MING ZHE . JAYDEN FAN
ZACK NG . TAEAN TAN . TAI JONG WAA . JUSTIN TAY
MARCO BOON . NGE JOO JIN . NICHOLAS KAT . TAN JIA HUI

NEW PINS ON THE BLOCK

TEN PINS, TEN ROOKIES, ROLLING GOOD TIMES







ALSTON TAN
SHANTELLE ANG
CHEONG KAH YAN
CHIN JUN MING
COHEN ASHER LIM
JAVIER CHUA
WILSHERE NG
NG LEI EN
ZACCHAEUS NG
RAELENE POH



KYAN NG
ENG YI ZHEN
CELESTE KWEK
GWENDOLYN LEE

SPARE ME!

TEN PINS. MANY QUESTIONABLE DECISIONS.

THE GREAT PIN CHASE 3

THE SPARE HUNTERS

NATALIE POH
KARISSA ZHOU
JENSSON LIM
NUR ILLYA JAZALYNN
NG XUAN RU

ROLL CALL

THE PINS ARE THAT WAY. PROBABLY.

KOH NUR HUMAIRA x KYRSTON LEE
TERRANCE CHHOA x ZACHARY LIM
ENG YI JUN x NG TZE YUEN x FELISE CHNG



THE STEPLADDERS

EVERY FRAME BROUGHT THEM HERE FOR ONE MORE STRIKE

KANG HEE HIANG . RAINIE KWEK . NUR IFFAH AMBERLYNN . DARIUS SEE . LUCAS GOH

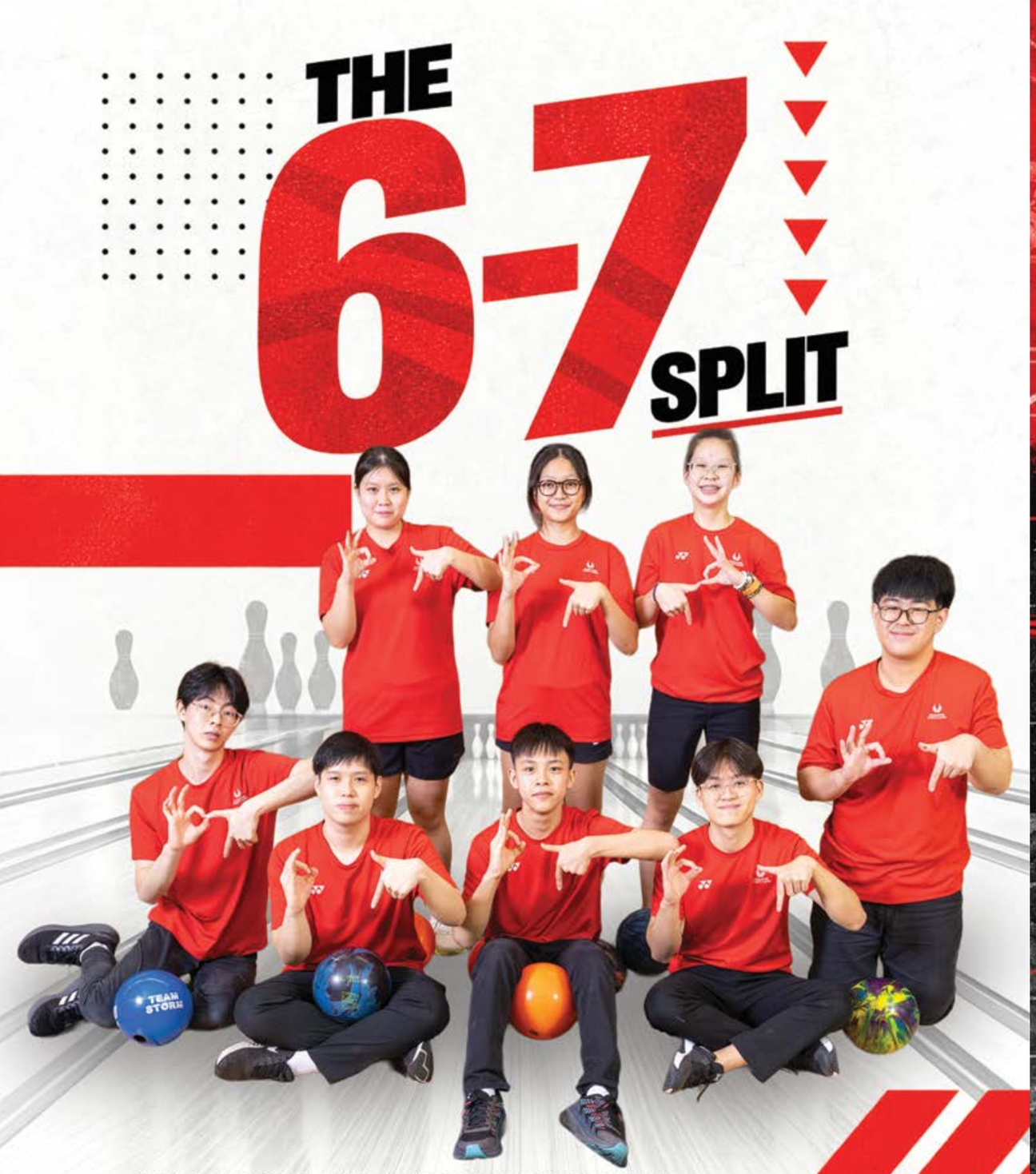
THE DOUBLE MAJOR

STUDY HARD. BOWL HARDER.



LUKE TAN . MATTHEW QUEK

THE 6-7 SPLIT

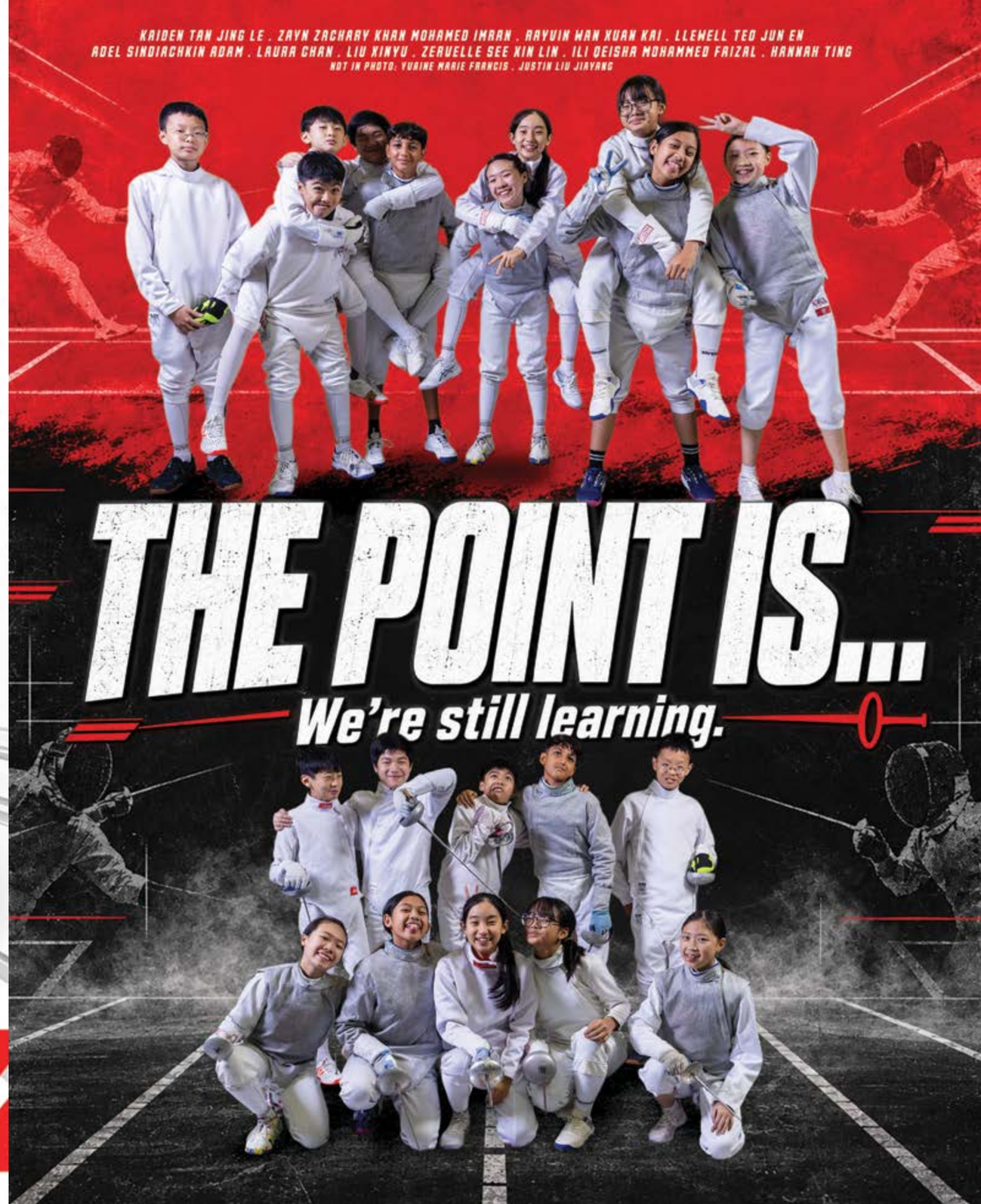


HAZEL TAN RUO EN . NURA SALSABILA ZULKIFLI . LIM SHI EN
ANDRE CHEW . BRIAN NGOI . XANDRE TEO . MARK LEONG . TAN JUN KIAT
ALYSSA HIA . COLLEEN PEE . HAZEL TAN WEI NING

KAIDEN TAN JING LE . ZAYN ZACHARY KHAN MOHAMED IMRAN . RAYVIN HAN XUAN KAI . LLEWELL TEO JUN EN
ADEL SINDIACHKIN ADAM . LAURA CHAN . LIU XINYU . ZERVELLE SEE XIN LIN . ILI QEISHA MOHAMMED FAIZAL . HANNAH TING
NOT IN PHOTO: YURINE MARIE FRANCIS . JUSTIN LIU JIAYANG

THE POINT IS...

We're still learning.



THE SHARPENING

Still learning. Definitely improving.

NAUFAL NOH AQASHA MOHAMAD NIZAM . GOH DING HAN . LINUS TAN WEI HONG
HANNAH SOFEA HAIRUL SAHRIL . HANNAH ISABELLA MUHAMMED HAFIZ . CLAIRE YANG KAI TING
NOT IN PHOTO: EMILY LEE ZOU XUAN . KAISER CHAN . KAI SEAN RAJENTHERAN
KITSON KOK ZI CHENG . KIRSTEN LEE XIN YING

LUCAS LAM ZHEN HANG x LIOW YEN LY x NATALIE TAY
ELEAZAR QUAH YU ZE x ELIJAH TAN EN*JIE
EMBER JERMAINE ESWARAN x AIDEN SNG RUI YAN

POINT OF INTENT

PRECISION BEGINS WITH PURPOSE.

FORM AND FOCUS

Control every step. Own every point.



Valerie Kok Jing Xuan
Sophie Dayana Tunstall
Darlyn Ashley Yeow En Qi
Thaddaeus Ted Lee
Mohamad Adam Mohamad Aidil
Cameron Alexander Tan Soliano
Sarah Sophia Tan
Ethan Tham Yu Kip
Not in photo: Alvin Khoo and Nicklaus Leow Yen Ping

SHARP ENOUGH



BRAINS. BLADES. BALANCE.

TAN LE KAI

GEVIN SUN QI

MARIEM MAYA LOUNIS

ANNABELLE ONG NHAT ANH THU

AZFAR LUQMAN ONG

BENJAMIN LEE SHIJIE

REPRESENT

For school.
For club.
For country.

NOT IN PHOTO

AAN ROHAN LEO
NATALLIE CHAN YIN XIN
ISAAC ONG SHAO EN
JAE LIM JIA EN
JAIDA QUAH HAO XUN
JULIET HENG JIE MIN
KAYDEN KOK ZI MING
GIANNA KOH SHAO YUAN
MAARAVIS SITA NAIDU
MARCUS MAXIMILIAN TAN
NATHAN YIP TZENG LOEN
SARAH KOH YA QI

DREAMS IN RED

THE BADGE IS WAITING. THE WORK STARTS NOW.

ADYAN RAYEES . ANIQ NAUFAL . ASHRAFYL NAZRYL . DANI SHAHIN . DARIAN HARITH . DAVID BENJAMIN PURCELL
FARRELL MATIN I IZZ FITRAS . KRITHIK SASIDHARAN . MARLEY MOK . MOHAMAD AZIZZHAN . MUHAMAD ADEL
MUHAMMAD AAQIL QUSHAYYI . MUHAMMAD DARWISH AIMAN . MUHAMMAD RAQIB . RYU LIM . SYED UMAIR AHMAD
RAYNER TAN . TAN TANG POH . TEE QI HAO . BROOKLYN THIO . ZAYYAN ZIKRI


THE NEXT
ELEVEN
SEASON 2
New season. Higher stakes. Same dream.
Ahmad Daanish Areef . Danish Ilhan . Dylan Lau . Emir Aneeq . Ihsan Bazil . Ilmal Yaqin
Imran Amiruddin . Jaevis Chiang . Jake Ong . Jake Lim . Joel Thng . Mervyn Ng . Mohamad Nur Irwan
Mohammad Dani Eshan . Muhammad Fahyim Iman . Muhammad Hans Aqeil . Muhammad Hyder Zayan
Rizq Shariq . Suhaan Mogan . Timothy Michiel Kok


RED ALERT
THE PITCH IS OURS. THE GAME IS ON.
ADAM JOHANN POH . AIZAQRY PUTRA AMANI ZAHARY . ARTHUR LO . DANIYAL SHAKIL KAMARUZAMAN . DHEVESH SHANKAR
EDWARD CHAN YE XIANG . EVAAN SHAFIEE HIRMAN RUDY . HADY HAZRY . JACK WHITE
MOHAMED DARIEL RIZQIN MOHAMED FIRDAUS @ CHAIRACHA . MOHAMED DARIEN RIZQIN MOHAMED FIRDAUS @ TIANRACHA
MUHAMMAD QUSHAIRY HAMSAN . RAUL ANDHIKA MUHAMMAD ISMAIL . MICHAEL TOH CHUN YEN

BEYOND THE ACADEMY

NEW CLUBS. NEW EXPECTATIONS. SAME DREAM.

ON JUN KAI . ELDREY . ANDERS LUM . MUHAMMAD DAFI FITRI . AMIRUL QAIS . ADRYAN ASHDANNI IRHAM . MUHAMMAD IZZAN AKID . ANSEL CHIN . BENAIAH JOEL WANGKE . MUHAMAD ESHAN DARWISH

AARYAN AZRAQI . BRAYAN LEO . ERDY THAQIB . GYAN CHUA . MUHAMMAD DARWISY FITRI

LEAVING IT ALL ON THE FIELD

CLUB TESTED. NATIONAL TEAM DRIVEN.

RAYN IZZAM

AYDEN NAIM FAKHRY

DEL ROSARIO JUAN MATTEO KATIGBAK

MUHAMMAD DANIAL AKIF

MUHAMMAD DENIZ ASHER

THE DEVELOPMENT XI

BUILT FOR THE NEXT STAGE.

THE CALL-UP

WHEN OPPORTUNITY KNOCKS, BE MATCH READY.

AQIL ZAFRI JUNAIDI . AZIRUL AZIQ ARIFFIN . HAZIQ ANAQI MOHAMAD AMIRUDIN . IRFAN ISKANDAR ISKANDAR
ISAAC JONATHAN LEE HEAN-OON . MOHAMAD NYQIL IYYAN MOHAMAD ISMAIL . MUHAMMAD AARYAN ISHMAEL ERFANDY
MUHAMMAD AMIRUL IMAN MOHAMED FARHAN . MUHAMMAD DANISH HAQIMI MOHAMAD SYARUDDIN . MUHAMMAD HAZIQ MOHAMMAD YAZID
MUHAMMAD HAZIQ MUHAMMAD RIDUAN . MUHAMMAD RIFQI MATIN MUHAMMAD ANDRE . RAUF ANAQI KHAN
ESTROY SOO YIN RUI . SUNNY TIA YANG GUANG . YAZID RIZAL RAIS

FROM THE SIDELINES TO THE STARTING LINE-UP

CONFIDENCE, COURAGE, AND A GAME OF HER OWN.

ALISHA MIA SHAFANA . BELLALUNA ALISSYA . DAANIA ALODIA SUKOOR . DANEEN NUR INSHIRA . NUFAH ASYURA
NUR HANNAH SHAFAAH . PUTRI ALYSSA RIANNA . Q'SYAIRA EMELDA . SVEA NADIA HERTZMAN . VERONA LIM RUO YA

MADE TO MOVE

SPORTS THROUGH MOVEMENT

SOO ZUQIN | MICKEY BARKER LIAN | JORDEUS CHEONG JUN QI
LUIS INIGO SEAZAR DELA CRUZ | KENDRIX KAM JING YANG
TIRZAH ESTHER MENON | NUR STELLA MADARINA NORSURIYAN

IN THEIR ELEMENT

FINDING THE SPORT THAT FITS.

ABIGAIL NG WEN HUI

ZHOU YUHAN

KAYDEN TAN ZHI YU

ANGELIN LEONG YEE RONG

ELSA SIO MEI XUAN

MATTHEW TAN WEI BIN

NUR ARISHA ADRIANNA AZHAR

AMAR RUSYDAN MOHAMAD ROSLAN

MARC LEE YIN KAI

NG EN YI

SAMUEL LEE HUA YI

NOT IN PHOTO:
ZACCHEUS KER JUN KAI

NEW TEAM SAME PASSION

SMALL SQUAD BIG PLANS

TEAM WORK LEVELS UP

NETFLEX AND SKILL

Fresh faces. Fast hands. Big dreams.

FONG SEE YONG
TREASIA NG EE HAN
SAFIA-HAIQA TAN NORMAN
SARA DINI SANI
SARA SOFIA MUHAMMAD SUFHIAN
WONG LEIA


SAME SQUAD, SHARPER GAME.
LEVEL UP
CHAPTER 2
NET GAINS 2.0
Stronger passes. Smarter plays.
KEYARRA YU-XIN RAPHAEL
JOLEEN YAP WEN QI
SAFIA IMANI TAN NORMAN
TAN XIN RU
NYLA QISTINA DHZULKARNAIN
HANNAH SOFFIAH MOHAMED HANAFIAH
NATASHA MUHAMMAD ZULKIFLI


SAME COURT SAME CHAOS MORE MEMORIES
TEAM ENERGY
GAME ON
COURT IN THE ACT
Caught passing. Never caught slacking.
Ng Jing Yi
Dian Nabilah Muhammad Taufik
Nur Indah Maisarah Mohd Yazit

FOUR QUARTERS LATER

Still passing. Still laughing. Still together.

CHLOE CHEONG SINYEE . DELLA ZULIYAH ZULKIFLI . NG YU XUAN . SHIFA ERWAN
NUR EMELDA AW . ANGELINA TAY SHI YING . CHYLER LIM FENG TING

THE IB LEAGUE

Academic pressure. Athletic pleasure.

MEREDITH CHOW ERN XI . SOPHIE TAN YING ER . NEO KAI QI
ONG SHI HAN . NINA JOSEPH

TARYN KUM-THOMAS . PUTRI ALYA FATIN MUHAMMAD FAIZAL . JANISSA TAN WEI TING
LIM ZI YAN . WONG LOK YIU . JERNISE MOH JING WEN . GRANIA KOH YAN ZHEN . HANNAH THOMAS

DIPLOMA IN NETBALL

SPORT SCIENCE
LEADERSHIP
TEAMWORK
DISCIPLINE
BRIGHTER TOMORROW

Majoring in passes. Minoring in chaos.



EMMA GRACE TAY . RAPHAEL SU . ANNA FOO . RAYSON AW
CAYLA TAN . TENG WEN HUI . NG ZI QI . LIONEL LIM

FIRST SHOT

Small targets. Big ambitions.

HO SUN **YU HONG** | **BELINDA** LIM | **KAYLA** NEO | **LOVELYN** ZHENG
SEAN LEOW | **JADON** WONG | **NATHAN** LAI | GOAY **TING TING**

TARGET: LEVEL TWO

Sharper aim. Higher game.

RIGHT ON TARGET

TAKING AIM. MAKING THEIR MARK.

LUCAS TAN . HAN KAY XU . DAANISH TEO . FREYA KYLIE LIM . TAN JING QUAN
VERA WONG . HUANG JIABAO . MARSYA RAUDHAH SHAH
JESLYN WOO . HEIDI FAITH GARCIA

BERNICE LIM . QUEK GEK LING . NICHOLAS TAN . TOH JUN WEI . XUAN ILYAS . SIU HOI FUNG
CORWYN KOH . ISAIAH TANG . CHRISTIAN NG
LIM YET KEE . LIM HONG RUI . JAYDEN HONG

LOCKED IN

EXPERIENCE SHARPENS EVERYTHING.

EXCELLENCE ON PAPER AND ON TARGET.

HIGHER MARKS

WICHELLE TAN
JAYMEE POH
CHLOE TAN
JOEY OH

SENIOR SHOOTERS

ZEROED IN

AYDEN SEAH Z-WE + LEE ZHE KAI + XAVIER TAY ZHI WEN + AU YONG YI YONG
BRYANT CHUA YUN XUAN + GABRIEL ISAAC HO BIN + SAMANTHA CHENG XIN TONG + JILLIAN SU EN-YIN
ESTON SOO YIN TENG + FAITH ODELIA DE SOUZA + EUGENE KEK JIA JIAN + AMELIA NOOR HISHAM
NOT IN PHOTO: CLARICE LEE SHAN RONG

SWIMMING ACADEMY
SECONDARY 1

THE FIRST WAVE

Every champion starts somewhere.

TRAVIS NEO ZHEN XUAN . NG RAE ANNE . AVIER KHOO PIN RUI . JOEL JUNE YONG LOU

SWIMMING ACADEMY

SECONDARY 2

RAISING THE BAR

New heights. Faster times.

ELIZABETH MACAYLA XIA WEIYI
LEE ZI XUAN
IAN JAMES KWEK
NIGEL LOW SHIN-IAN
ASHLEY LIM RU EN
CHUA ANDRE NICHOLAS CHONG

SWIMMING ACADEMY

SECONDARY 3

THE FAST LANE 3

JULIAN KO QI HENG
CASEY CHUA YU TONG
WILMER ONG XUAN RONG
RYKER HECTOR TAN SONG YAO
ARIELLE NEO HUI EN
NOT IN PHOTO: JAYVEN TEO ZHI PENG, ZAVIER TAY QIAN ZHENG

No slowing down now

FOR THE RECORD

WE DID IT

LANE	NAME
1	Julia Yeo
2	Joy Neo
3	Heather Teo
4	Egan Chin
5	Kidd Ang
6	Mikel Low

NOT IN PHOTO: CALEB CHONG JIA YAO AND SAMANTHA NICOLE RAJENTHRAN

IB

SWIMMING ACADEMY

JUST KEEP SWIMMING

LEE XUAN YING
ANG SHIN SIONG
AMANDA LAW ZEYI
MAGDALENE LEE
HAR MINT

One lap at a time. One deadline at a time.

NOT IN PHOTO:
REAGAN CHENG KUO SHIONG
ZACKERY TAY QUAN LONG

KAYLEY GOH SHI EN | **ZACHARY** CHEW JING HSUAN | **AARON JONATHAN** ANG | **BRANDON** YAP YAN XI
ISAAC CHUA WEI EN | **AZLINA** MASTAMAM | **IAN** LEONG WEI SHENG | **VIVIENNE** CHEW EN
NOT IN PHOTO: **MANDA** LOW ZI QI

FLOW STATE

LOCKED IN, ALL IN.

THE PADDLEVERSE

DAMIEN LI, SARAH YIP, JONAS CHIA
ZANE ONG, JANICE ZHUANG, GU XINTIAN, ZHOU ZIHAN
CHEVELLE SEE, GISELE KOH, KAEANN LEE, ISAIAH RAPHAEL LOH, ARISSA CHENG


SPIN CITY
JERIUS CHUA, SONIA ABBAS ZAINUDEEN, BENJAMIN LAU, CHARLYNE LIM, TRISTEN YEE
ZHOU ZIYAN, JANELLE CHIANG, RIO LAI, JESSIE SONG, ANGELINE LIM, BENAIAH SEAH


PADDLE ROYALE
High stakes. Fast hands. Questionable mercy.
Izaac Quek . Koh Junhao
Jaryl Wong . Rhiannon Tey . Joeunn Seow . Sie Lay Yin . Nicholas Tan . Loy Xing Yao
Ser Lin Qian . Chloe Lai . Matthew Ellis . Jayden Tan . Yang Ze Yi
Not in Photo: Oliver Toh and Caleb Lee

ACCELERATE
DRIVE
STRIDE
CADENCE
SPRINT
SPIKE CLUB
HURDLES
RELAY
RUNNING TOWARDS GREATNESS.
JUMP
THROW
AGILITY
POWER
ENDURANCE
PACE
FINISH STRONG
TECHNIQUE
EXPLOSIVE START
REACTION
QUICK FEET
STAY IN YOUR LANE

ARABELLA BETTY BELCHER . ELICE QUEK AN YU
JESS LIM YAN XUAN . JUDE ASHER CHUA YI XUN . JOSH LEE ZHI YANG
CHLISTA LOW YI XUAN . NASSN YUSUF KHATIWADA
NUR RABBIATUL A'ADAWIYAH MUHAMMAD FIRDAUS . JEYES TAY

TRACK RECORD

Season 2

CHALENE TAN BAO LING
EVIE KOH QI EN
KIENAN TEE KALIYAPAN
CHANTEL TAN BAO HUI
AAQIL SHAWQI MOHAMED RASRUL NIZAM
KYRA-MAE BIANCA SELVAM
ARINI SRIMAYA THAMIHZARASAN

SPEED SOCIETY

BORN TO RACE

TRISTON LIM . **AURA** RAMADHANIA . **NEHA** SUNDAR . **ELIA** OWEN . **MAEVA** MASREZWAN
EMMA LI . **ALEXA** DEFRIES . **LAVELLE** TAN . **KEAGAN** LIM . **NETHANEL** LIEW

FOUR YEARS. ONE GOAL. NO REGRETS.
THIS IS OUR MOMENT.

PERSEVERE
BELIEVE
ACHIEVE

PERSEVERE
BELIEVE
ACHIEVE

BEYOND THE FINISH LINE

THE FINAL STRETCH

ADEN SEAH JIA KAI . AIDHI SYA'ARI MUHAMMAD AFFAN . CORNELIUS TANG EN JIE . ELLIOT ONG . ESHAN SHAYAAN AHMED RIDZWAN . ETHAN ROMAN
JESSIE TAN QIAN CHI . JOSEPH KWOK WEN XIN . MEGAN CHNG SHU TING . MEREDYTH HAN MIN YU . MOHAMMED THAMIR KHAIRAN MOHAMMED FADULI
MUHAMMAD REZA ZOOL IHSAN . NICHOLE LIM YI HAN . EVELYN SEU HOY XUAN . TIMOTHY NG LE EN . WILSON TAN SHEN KAI

INEZ TAN | MUHAMMAD **AZIM** ALI | **NAEMA** KYRANA ABDULLAH | **VARSHANA** PREMANANDHAM

THE NEXT HURDLE

Every obstacle is another chance to rise.

JAYDEN *NG* | ***EMRE*** *RIZQ MIKA HARRIS MULYADI* | ***LUISA*** *MARIE VAZ* | *NEO* ***EN YU*** | ***EMIR*** *MUHAMMAD RASHID ABDUL* ***RAQIB*** *ABDUL RAZAK* | ***ASHLEY*** *SEAH JIA EN* | *ELESSA* ***MARC*** *DAVID* | *IFEANYICHUKWU* ***ASYARAFF*** *IBRAHIM MOLOKWU* ***KYAN*** *JEE KAI EN* | ***KIMMY*** *TAY YU TONG* | *MUHAMMAD* ***AARYAN*** *SHAH AZHAR* | ***SHANNON*** *TAN YING TONG* ***VEROY*** *CHUA JIA HAO* | ***XAVIER*** *ALOYSIUS TANG* | ***ZARA*** *ALMIRA ABDUL AZIZ*

TRACKING THE UNBEATEN PATH

SUCCESS NEVER FOLLOWS A STRAIGHT PATH

THE SELECT

Handpicked. Hardwired to Compete.



FIRDAUS NUR RASYIDI NOR ANUAR | ELESSA ANGEL **EMILY**
SAMUEL YANG LECONG | **FRED** LEOW YU CHAO | **JAYANN** ONG XIN YU
JADEN NG HONG RUI

JOHN WONG TZE XIANG | LIM **KAI JING** | **MADISON** RACHEL DEFRIES
CAITLYN ANNE TAN | | **MAX** LEE SHEN OON | **YVETTE** CHONG ANN
NOT IN PHOTO: QIN YUE

WAVE MAKERS

MAKING WAVES. BREAKING LIMITS.



NO BRAKES. NO FEAR. NO LIMITS.

FULL SEND

WE DON'T FOLLOW THE TRACK. WE LEAVE OUR MARK.

MIKHA ZUHAYR NORMAN
MUHAMAD ARYAN SHUKRY
TARA ALAYNA WEILIN
AZEL MOHAMED ZURAIDI
ILYASAQ LEE ROSSDI

THE POWER PLAY

FIVE PLAYERS. ONE UNSTOPPABLE FORCE.

CHERYL FERNANDEZ RACHMADI x ANDREA FERNANDEZ RACHMADI x NURDYANA ALIAH MOHAMMAD BAKHTIAR
NG EN LING x JAZZY TAN

ABOVE PAR

Ordinary Was Never the Goal.

PASSION HSU LE TING
CHEN XINGTONG
ANJANETTE TAN LE XUAN
CHLOE NG KER EE
DENISE NG WAN XUAN
AARON WEE ZHENG KAI
NOT IN PHOTO: LIM SEE XUAN

THE GRAVITY GAMES

RULES ARE MADE. GRAVITY IS BROKEN.

AIDAN KAI KOH HARTMAN . AIKEN TANG BING HENG . MITCHELL TEO EN YI . JONAH LOH JIA JIE
IZEN LIM HEE WUN . AMANDA YAP EE-LIN . ZARA LAW XUAN YI

Grace
UNDER PRESSURE

Poise is earned. Perfection is pursued.

LEIA YAP | ASHLYNN KOH XIN YING | LIEW XIN YU
HANNAH CHOI | TRISH NG TZE SHYEN | EVANGELINE NG HUI EN
SOUMYA WONG YI XUAN | LEANNE CHI REI SHUEN

GYMNOLOGY

The art of strength, balance and flexibility.

THEA CHEW x MIRABELLE YET YU CHELLE x KARYNA MALYSHEVA TAN x FAITH HONG HAYE
ABOUL BARR ABDULATTIF x NATHANAEL PEK SEK KAI x JOVI LOH JIA LE x XAVIER PANG SHENG WEI x ALFONSO TAN YOU AN
NOT IN PHOTO: AMELYN SNG HUI-EN x CLEO CHEW x ASHER PUA



Caleb Liao Yongde | Audrey Fan Rui Zi | Mendel Tan | Sofia Anabel Rivas | Punyanut Sae Chu
Not in Photo: Muhammad Hyder Mohammad Noorisham and Aidan Tan Ying Yi

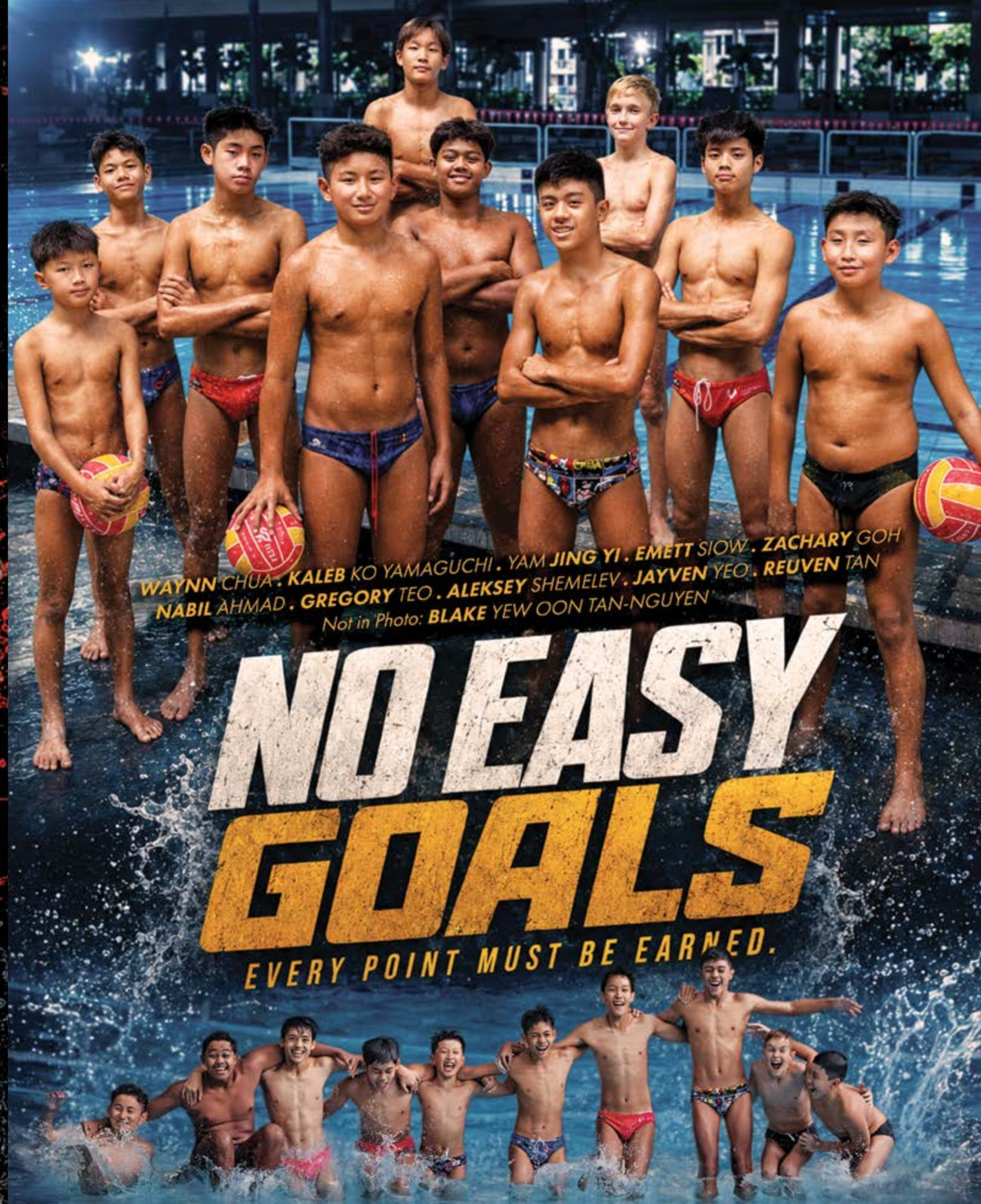


ABDUL RAAIF ABDUL RASHID . MUHAMMAD NAUFAL ABDULLAH . RIFQAH MURSYIDAH MISTAM
MUHAMMAD YURI ARMANI MOHD SUFIAN . MUHAMMAD ANIQ FARISH ROSLAN . TUAH ISKANDAR JUNAIDI ISKANDAR
DANIAL HARIZ RIZAL . ILHAN DANI MUHAMMAD ZAKI . MUHAMMAD FIQH FIRDAUS . MOHAMED ZAFRI NOUFAL MOHAMED ZULFAKAR
NUR HANIFAH QISYA MOHAMMAD HANIS . MIYAH NAHILAH AHMAD FAHMI . PUTRI ZARA HERLISYA HARRYWANTO . ADRABELLA NURIESHTIARA RAHMAT
NOT IN PHOTO: SOFEA AQILAH ADHA MOHAMAD AFITH


GET A
GRIP!
Hold tight. Panic later.
NATALIE GOH SIHUI
JANELLE PHUA JING EN
KIRANA WONG KIT YUAN


GWEN KOH
JAEDEN SHAW
ETHAN LIAO
GERMAINE TAN
NICHELLE TAN
DISCIPLES
OF THE
BLACK BELT


SEAH
SGP
GAO
LIM
SGP
TRIATHLON
TRIPLE SHIFT
FROM FIRST SPLASH TO FINAL STRIDE.
MAVIS SEAH // JACOB GAO // LIM CHENG YU // ISABEL LIM


WAYNN CHUA . KALEB KO YAMAGUCHI . YAM JING YI . EMETT SIOW . ZACHARY GOH
NABIL AHMAD . GREGORY TEO . ALEKSEY SHEMELEV . JAYVEN YEO . REUVEN TAN
Not in Photo: BLAKE YEW OON TAN-NGUYEN
NO EASY GOALS
EVERY POINT MUST BE EARNED.

SPLASH FORCE 4

DYLAN TAY | RYAN CHUA | ETHAN TAN | NATHAN YEU

Justin Saik | Chow Yong Jun | Javier Ng | Rhys Vaswani
Janson Ng | Chan Jon-Wy | Jaylen Yeo | Merrill Hwang
Not In Photo: Tan Wu Yee, Zahar Shmelev, Matthias Goh Zoltin

Until the

FINAL WHISTLE

BROTHERHOOD RUNS DEEPER THAN WATER


NO FEAR.
NO DOUBT.
ALL IN.
07:00
30
TYR
anti
6
4
TIDAL
QUEENS
CHARLENE TIO . JANELLE CHUA . RICCI ONG . KAYLA YEO . LOH YU XUAN
COMING SOON


SINGAPORE
CALEB CHAN
REEVERN HADASSAH NG
CHONG QI EN
GROUNDWORK
THE CRAFT STARTS HERE.

MARREN MCCLAREN RAVIN

HEBA LUTFINA MOHAMMED JBOUR

ARYAN AZMAN

LOUIS DHARSHANAN ALEAXE

PUNYANUT SAE CHU

URSUS LEE YAN ZE

TAKEDOWN DIVISION

CROUCHING LIONS RISING STARS

YOUNG WARRIORS. LEGENDARY AMBITIONS.

TAN HUI'EN . CHUA XIN YUN . NESSYA KOH LI YUN . LYVIA PHUA LE XUAN
TRINITY CHUA YUN SHAN . KASSANDRA ONG XUE LING . CHARLOTTE NG LETING



Class of 2026



SINGAPORE SPORTS SCHOOL

4A

BACK ROW (L TO R) TOH JUN WEI, ELLIOT ONG, ALVIN KHOO, KIDD ANG SHAO KAI, NG TZE YUEN, MADISON RACHEL DEFRIES, ABHYARTHNA CHHAJER, ZHOU ZIYAN, CAMERON ALEXANDER TAN SOLIANO, MIKEL LOW GIN QI, JOSEPH KWOK WEN XIN, SAMUEL YANG LECONG

FRONT ROW (L TO R) ADEN SEAH JIA KAI, CORWYN KOH ZHENG XIANG, LIM SEE XUAN, DYLAN TAY JUN MING, REEYERN HADASSAH NG, JESSIE BATCHELOR, CARYN CHUA XIN LIN, PASSION HSU LE TING

ABSENT BERNICE LIM XUANYI, CHRISTIAN NG WEIQIAN, DARYL LEONG JUN RUI, EGAN CHIN JIA YU, JOY NEO NING SUAN, LIM HONG RUI, XUAN ILYAS MOHAMMED AZHAR

Class of 2026



SINGAPORE PORTS SCHOOL

4B & 5A1

BACK ROW (L TO R) NICHOLAS TAN ZI LOONG, ZACHARY LIM YEE, TRISTEN YEE RUI BING, SAMANTHA NICOLE RAJENTHRAN (5A1), NAEMA KYRANA ABDULLAH (5A1), KYRSTON LEE JIA RONG, CALEB CHONG JIA YAO, TERRANCE CHOA JING WEI

FRONT ROW (L TO R) MAY YOON SAN, JESSIE TAN QIAN CHI, KOH NOR HUMAIRA, DARLYN ASHLEY YEOW EN QI, CHLOE CHEONG SINYEE, SARAH SOPHIA TAN, CHYLER LIM FENG TING, TAI WAN YUU

ABSENT NICKLAUS LEOW YEN PING



SINGAPORE PORTS SCHOOL

4C

BACK ROW (L TO R) JULIAN CLEMENT TAN YI KAI, ANDERS LUM RUI ZHE, BENJAMIN LAU YI XUAN, AIKEN TANG BING HENG, ESHAN SHAYAAN AHMED RIDZWAI CHEW JIE YANG, FOO EE ZEN, ELESSA ANGEL EMILY, SHIFA ERWAN, AIDHI SYA'ARI MUHAMMAD AFFAN, BENAIAH JOEL WANGKE, MUHAMMAD REZA ZOOL IHSAN, ANSEL CHIN KAI JIE, BENAIAH SEAH SHIH LUCK, MOHAMMED THAMIR KHAIRAN MOHAMMED FADULI

FRONT ROW (L TO R) RIO LAI YU JIT, MOHAMAD ADAM MOHAMAD AIDIL, LIEW XIN YU, QUEK GEK LING, JANELLE CHIANG RUI EN, TRISH NG TZE SHYEN, LIM YET KEE, LEIA YAP, TEE YIN JIE, RYAN CHUA

ABSENT JULIA YEO SHU NING, ONG JUN HAO, JAYDEN HONG QUAN LE

Class of 2026



SINGAPORE PORTS SCHOOL

4D

BACK ROW (L TO R)	IRHAM ARDHIANSHAH, ISAIAH TANG RUI, SOPHIE DAYANA TUNSTALL, TIMOTHY NG LE EN, CORNELIUS TANG EN JIE
FRONT ROW (L TO R)	SIU HOI FUNG, FELISE CHNG XUAN YA, MEREDYTH HAN MIN YU, MUHAMMAD FIQH FIRDAUS, DELLA ZULIYAH ZULKIFLI, ENG YI JUN
ABSENT	SVEA NADIA HERTZMAN



SINGAPORE PORTS SCHOOL

4E

FRONT ROW (L TO R)	MUHAMAD ESHAN DARWISH HERWAN AND ALDRICH GOH GUAN SONG
ABSENT	MUHAMMAD ANIQ FARISH ROSLAN

Class of 2026



SINGAPORE PORTS SCHOOL

5A2

BACK ROW (L TO R) GYAN CHUA ZHI HENG, ETHAN THAM YU KIP, LUCAS GOH SEOW RUI, AARYAN AZRAQI HERMI, THADDEUS TED LEE, DANIAL HARIZ RIZAL, ILHAN DANI MUHAMMAD ZAKI, BRAYAN LEO JIN WEI, FRED LEOW YU CHAO

FRONT ROW (L TO R) MUHAMMAD AZIM ALI, DARIUS SEE ZHI YUN, KANG HEE HIANG, HEATHER TEO JING WEN, NUR IFFAH AMBERLYNN MUHAMMAD ZULHAIDI VARSHANA PREMANANDHAM, RAINIE KWEK XIN HWEE, INEZ TAN ZHI XUAN, ERDY THAQIB MOHAMMAD TAHA, MUHAMMAD DARWISY FITRI JOHARI



SINGAPORE PORTS SCHOOL

IBDP

BACK ROW (L TO R) JOSIAH WEI KAI LIANG, NINA JOSEPH, HAR MINT, MAGDALENE LEE, AARON WEE ZHENG KAI, ANG SHIN SIONG

FRONT ROW (L TO R) LEE XUAN YING, FAITH HONG HAYE, AMANDA LAW ZEYI, CHIA XIN YING, DENISE NG WAN XUAN, ISABEL LIM YING XIN, CARI-ANNE ONG, JAYMEE POH

2026/2027 Student Leaders

23rd Student Council Executive Committee

President

Meredith Chow Ern Xi, Netball, IBDP, Year 5

Vice-Presidents

Ong Shi Han, Netball, IBDP, Year 5

Ethan Tan Zi Jun,
Individual Programme – Water Polo, Secondary 4

Head, Sports Captain

Sophie Tan Ying Er, Netball, IBDP, Year 5

Deputy Heads, Sports Captain

Isabelle Lee Ern Swan, Fencing, IBDP, Year 5

Megan Chng Shu Ting,
Track and Field, Secondary 4

Head, Boarding Captain

Ng Yu Xuan, Netball, Secondary 4

Deputy Heads, Boarding Captain

Mohamed Darien Rizqin Mohamed Firdaus @ Tianracha,
Football, Secondary 3

Keagan Lim Hao Wen,
Track and Field, Secondary 3

EXCO Members

Chara Loo Kit Rei, Badminton, Secondary 3

Valarie Kok Jing Xuan,
Fencing, Secondary 4

Joseph Kwok Wen Xin,
Track and Field, Secondary 4

Javier Ng,
Individual Programme – Water Polo, IBDP, Year 5

Caleb Chan, Individual Programme – Wrestling, Secondary 3

Chong Qi En, Individual Programme – Wrestling, Secondary 3

Reeyern Hadassah Ng,
Individual Programme – Wrestling, Secondary 4

Nessya Koh Li Yun,
Individual Programme – Wushu, IBDP, Year 5

Student Councillors

Secondary 1

Wilshere Ng Jinn Khai, Bowling

Laura Chan, Fencing

Ili Qeisha Mohammed Faizal, Fencing

Liu Xinyu, Fencing

Zervelle See Xin Lin, Fencing

Krithik Sasidharan, Football

Kendrix Kam Jing Yang, Multi-Sport

Anna Foo Rui Qi, Shooting

Emma Grace Tay Enying, Shooting

Joel June Yong Lou, Swimming

Janice Zhuang Qi Xuan, Table Tennis

Chlista Low Yi Xuan, Track and Field

Elice Quek An Yu, Track and Field

Jess Lim Yan Xuan, Track and Field

Azel Mohamed Zuraidi,
Individual Programme – Cycling

Hannah Choi,
Individual Programme – Gymnastics

Soumya Wong Yi Xuan,
Individual Programme – Gymnastics

Tan Hui En,
Individual Programme – Wushu

Secondary 2

Kai Seah Rajentheran, Fencing

Rayn Izzam Muhd Idlan Goh, Football

Ammar Rusydan Mohamad Roslan,
Multi-Sport

Nur Arisha Adrianna Azhar, Multi-Sport

Hannah Soffiah Mohamed Hanafiah,
Netball

Joleen Yap Wen Qi, Netball

Keyarra Yu-Xin Raphael, Netball

Natasha Muhammad Zulkifli, Netball

Nyla Qistina Dhzulkarnain, Netball

Safia Imani Tan Norman, Netball

Lovelyn Zheng, Shooting

Andre Nicholas Chong Chua, Swimming

Lee Zi Xuan, Swimming

Chevelle See, Table Tennis

Gisele Koh Rui Xuan, Table Tennis

Arini Srimaya Thamihzarasan,
Track and Field

Chalene Tan Bao Ling, Track and Field

Evie Koh Qi En, Track and Field

Kienan Tee Kaliyapan, Track and Field

Alisha Mia Shafana Azman,
Individual Programme – Football

Secondary 3

Chara Loo Kit Rei, Badminton

Ng Jing Yi, Netball

Lucas Tan Song Jie, Shooting

Arielle Neo Hui En, Swimming

Jayven Teo Zhi Peng, Swimming

Wilmer Ong Xuan Rong, Swimming

Elia Owen, Track and Field

Neha Sundar, Track and Field

Triston Lim Telmuun, Track and Field

Audrey Fan Rui Zi,
Individual Programme – Ju-Jitsu

Janelle Phua Jing En,
Individual Programme – Sport Climbing

Freya Kylie Lim Li,
Individual Programme – Water Polo

Caleb Chan,
Individual Programme – Wrestling

Chong Qi En,
Individual Programme – Wrestling

Secondary 4

Abhyarthna Chhajer, Badminton

Valarie Kok Jing Xuan, Fencing

Toh Jun Wei, Shooting

Xuan Ilyas Mohammed Azhar, Shooting

Kidd Ang Shao Kai, Swimming

Zhou Ziyan, Table Tennis

Joseph Kwok Wen Xin, Track and Field

Megan Chng Shu Ting, Track and Field

Ethan Tan Zi Jun,
Individual Programme – Water Polo

Reeyern Hadassah Ng,
Individual Programme – Wrestling

IBDP, Year 5

Luke Tan, Bowling

Meredith Chow Ern Xi, Netball

Neo Kai Qi, Netball

Ong Shi Han, Netball

Sophie Tan Ying Er, Netball

Andrea Fernandez Rachmadi,
Individual Programme – Floorball

Javier Ng,
Individual Programme – Water Polo

Nessya Koh Li Yun,
Individual Programme – Wushu

IBDP, Year 6

Wichelle Tan Wee Xuan, Shooting

Tara Alayna Weilin Muhammad Khalid,
Individual Programme – Cycling

Sports Captains

Secondary 1

Ong Jun Yang, Badminton

Alston Tan Guan Yu, Bowling

Ili Qeisha Mohammed Faizal, Fencing

Liu Xinyu, Fencing

Muhammad Darwish Aiman Azari,
Football

Nur Stella Madarina Nqrsuriyan,
Multi-Sport

Sara Dini Sani, Netball

Teng Wen Hui, Shooting

Rae Anne Ng, Swimming

Chlista Low Yi Xuan, Track and Field

Jess Lim Yan Xuan, Track and Field

Azel Mohamed Zuraidi,
Individual Programme – Cycling

Putri Zara Herlisya Harrywanto,
Individual Programme – Pencak Silat

Secondary 2

Julia Teo Zhe Lin, Badminton

Sara Nadya Foo Muhammad Zulkifli,
Badminton

Tan Xi En, Badminton

Gwendolyn Lee Xin Le, Bowling

Ilmal Yaqin Mohamed Fadzuhasny,
Football

Jake Ong Shang En, Football

Ammar Rusydan Mohamad Roslan,
Multi-Sport

Ng En Yi, Multi-Sport

Joleen Yap Wen Qi, Netball

Safia Imani Tan Norman, Netball

Belinda Lim Yu En, Shooting

Nigel Low Shin-Ian, Swimming

Isaiah Raphael Loh Yi Xi, Table Tennis

Chantel Tan Bao Hui, Track and Field

Evie Koh Qi En, Track and Field

Caleb Liao Yongde,
Individual Programme – Ju-Jitsu

Nabil Ahmad Al-haddad Ismail,
Individual Programme – Water Polo

Secondary 3

Rithika Somasundaram, Badminton

Natalie Poh Jing Wen, Bowling

Evaan Shafiee Hirman Rudy, Football

Jack White, Football

Michael Toh Chun Yen, Football

Zhou Yuhan, Multi-Sport

Ng Jing Yi, Netball

Han Kay Xu, Shooting

Julian Ko Qi Heng, Swimming

Charlyne Lim, Table Tennis

Alexa Valera Defries, Track and Field

Aura Ramadhania Muhammad Nizar,
Track and Field

Anjanette Tan Le Xuan,
Individual Programme – Golf

Evangeline Ng Hui En,
Individual Programme – Gymnastics

Audrey Fan Rui Zi,
Individual Programme – Ju-Jitsu

Freya Kylie Lim Li, Individual Programme – Water Polo

Secondary 4

Jessie Batchelor, Badminton

Alvin Khoo, Fencing

Mohamad Adam Mohamad Aidil, Fencing

Valarie Kok Jing Xuan, Fencing

Angelina Tay Shi Ying, Netball

Lim Yet Kee, Shooting

Mikel Low Gin Qi, Swimming

Joseph Kwok Wen Xin, Track and Field

Megan Chng Shu Ting, Track and Field

Nichole Lim Yi Han, Track and Field

Tuah Iskandar Junaidi Iskandar, Individual Programme – Pencak Silat

Secondary 5

Darius See Zhi Yun, Bowling

Danial Hariz Rizal, Individual Programme – Pencak Silat

IBDP, Year 5

Isabelle Lee Ern Swan, Fencing

Neo Kai Qi, Netball

Sophie Tan Ying Er, Netball

Lim Kai Jing, Individual Programme – Canoeing

Mirabelle Yet Yu Chelle, Individual Programme – Gymnastics

Zahar Shmelev, Individual Programme – Water Polo

IBDP, Year 6

Cheryl Fernandez Rachmadi, Individual Programme – Floorball

Polytechnic Programmes

Alyssa Hia Jing Xuan, Bowling

Ayden Seah Z-we, Shooting

Aaron Jonathan Ang, Swimming

Manda Low Zi Qi, Swimming

Marren McClaren Ravin, Individual Programme – Wrestling

Boarding Captains

Secondary 1

Jasmine Toh Qi Hui, Badminton

Ong Jun Yang, Badminton

Farrell Matin Muhammad Fazli, Football

Arabella Betty Belcher, Track and Field

Secondary 2

Julia Teo Zhe Lin, Badminton

Eng Yi Zhen, Bowling

Kyan Ng En-Yu, Bowling

Hannah Sofea Hairul Sahril, Fencing

Linus Tan Wei Hong, Fencing

Naufal Noh Aqasha Mohamad Nizam, Fencing

Danish Ilhan Muhammad Sulaiman, Football

Jake Lim Zhen Yi, Football

Ng En Yi, Multi-Sport

Secondary 3

Tan Wan Qi, Badminton

Raydon Lim, Beach Volleyball

Edward Chan Ye Xiang, Football

Jack White, Football

Mohamed Darien Rizqin Mohamed Firdaus @ Tianracha, Football

Abigail Ng Wen Hui, Multi-Sport

Heidi Faith Garcia, Shooting

Marsya Raudhah Shah Raihan Shah, Shooting

Casey Chua Yu Tong, Swimming

Jessie Song Jia, Table Tennis

Keagan Lim Hao Wen, Track and Field

Nur Hanifah Qisya Mohammad Hanis, Individual Programme – Pencak Silat

Secondary 4

Ng Yu Xuan, Netball

Shifa Erwan, Netball

Bernice Lim Xuanyi, Shooting

Corwyn Koh Zheng Xiang, Shooting

Lim Hong Rui, Shooting

Nichole Lim Yi Han, Track and Field

Dylan Tay Jun Ming, Individual Programme – Water Polo

Polytechnic Programmes

Taryn Kum-Thomas, Netball

Gabriel Isaac Ho, Shooting

Class Representatives

Secondary 1

Musa Hafiz Foo Muhammad Zulkifli, Badminton

Laura Chan, Fencing

Zayn Zachary Khan Mohamed Imran, Fencing

Izz Fitras Zulhilmi, Football

Krithik Sasidharan, Football

Jordeus Cheong Jun Qi, Multi-Sport

Leia Wong, Netball

Lorraine Choo Yan Xi, Shooting

Raphael Su Wei Ming, Shooting

Joel June Yong Lou, Swimming

Jonas Chia Yu Heng, Table Tennis

Azel Mohamed Zuraidi, Individual Programme – Cycling

Kaleb Ko Yamaguchi Lee Chun Keat, Individual Programme – Water Polo

IBDP, Year 5

Matthew Quek Chien Ho, Bowling

Alyssa Tan Si En, Fencing

IBDP, Year 6

Lee Xuan Ying, Swimming

Jayden Ng, Track and Field

Our Appreciation

We thank our Academy Media Representatives for coordinating their academies' yearbook pages.
We also thank our student writers for sharing their experiences and perspectives.

Student Writers

Abhyarthna Chhajer, Badminton, Secondary 4

Celeste Kwek, Bowling, Secondary 2

Gwendolyn Lee, Bowling, Secondary 2

Koh Nur Humaira, Bowling, Secondary 4

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Sarah Koh Ya Qi, Fencing, Diploma in Business Studies, Year 1

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Elsa Sio, Multi-Sport, Secondary 2

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Nur Stella Madarina Nqrsuriyan, Multi-Sport, Secondary 1

Angelina Tay Shi Ying, Netball, Secondary 4

Dian Nabilah, Netball, Secondary 3

Lim Zi Yan, Netball, Diploma in Business Studies, Year 1

Meredith Chow Ern Xi, Netball, IBDP, Year 5

Neo Kai Qi, Netball, IBDP, Year 5

Shifa Erwan, Netball, Secondary 4

Tan Xin Ru, Netball, Secondary 2

Bernice Lim, Shooting, Secondary 4

Xuan Ilyas Mohammed Azhar, Shooting, Secondary 4

Andre Nicholas Chong Chua, Swimming, Secondary 2

Ian James Kwek, Swimming, Secondary 2

Kaeann Lee, Table Tennis, Secondary 2

Sarah Yip, Table Tennis, Secondary 2

Arabella Betty Belcher, Track and Field, Secondary 1

Chlista Low Yi Xuan, Track and Field, Secondary 1

Jess Lim Yan Xuan, Track and Field, Secondary 1

Kyra-Mae Bianca Selvam, Track and Field, Secondary 2

Mohammed Thamir Khairan Mohammed Faduli, Track and Field, Secondary 4

Naema Kyrana Abdullah, Track and Field, Secondary 5

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Firdaus Nur Rasyidi Nor Anuar, National Basketball Programme, Diploma in Business Studies, Year 1

Yvette Chong Ann, Individual Programme – Artistic Swimming, Diploma in Business, Year 2

Raydon Lim, Individual Programme – Beach Volleyball, Secondary 3

Lim Kai Jing, Individual Programme – Canoeing, IBDP, Year 5

Qin Yue, Individual Programme – Canoeing, IBDP, Year 5

Tara Alayna Weilin Muhammad Khalid, Individual Programme – Cycling, IBDP, Year 5

Andrea Fernandez Rachmadi, Individual Programme – Floorball, IBDP, Year 5

Alisha Mia Shafana Azman, Individual Programme – Football (Girls), Secondary 2

Anjanette Tan Le Xuan, Individual Programme – Golf, Secondary 3

Evangeline Ng Hui En, Individual Programme – Gymnastics, Secondary 3

Mirabelle Yet Yu Chelle, Individual Programme – Gymnastics, IBDP, Year 5

Loh Geok Qin, Individual Programme – Ice Skating, Diploma in Business Studies, Year 1

Audrey Fan Rui Zi, Individual Programme – Ju-Jitsu, Secondary 3

Jonathan Ho Yi En, Individual Programme – Lawn Bowls, Diploma in Business Studies, Year 2

Miyah Nahilah Ahmad Fahmi, Individual Programme – Pencak Silat, Secondary 2

Madison Rachel Defries, Individual Programme – Rowing, Secondary 4

John Wong Tze Xiang, Individual Programme – Sailing, IBDP, Year 6

Janelle Phua Jing En, Individual Programme – Sport Climbing, Secondary 3

Our Appreciation

Kirana Wong,
Individual Programme – Sport Climbing, Secondary 1

Natalie Goh Sihui,
Individual Programme – Sport Climbing, Diploma in Business, Year 3

Kaelen Evan Low Eu Han,
Individual Programme – Squash, Secondary 1

Ethan Liow Yong En,
Individual Programme – Taekwondo, Secondary 3

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Individual Programme – Tennis, Secondary 1

Isabel Lim,
Individual Programme – Triathlon, IBDP, Year 6

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Individual Programme – Triathlon, Secondary 3

Lim Cheng Yu,
Individual Programme – Triathlon, Diploma in Business, Year 3

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Individual Programme – Water Polo (Boys), IBDP, Year 5

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Individual Programme – Water Polo, Diploma in Business Studies, Year 2

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Individual Programme – Wrestling, Diploma in Business, Year 1

Nessya Koh Li Yun, Individual Programme – Wushu, IBDP, Year 5

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